Starting in 2022 the Healthy Boiler Program will include an updated wellness incentive program – to encourage more comprehensive wellness efforts – and a new portal is also being introduced. Employees will receive a registration email from the new portal vendor on Jan. 4 – and a reminder email on Jan. 11. The new portal is easier to use and offers many features:

- It has a mobile app, which allows users to log their activity. You can also sync your fitness devices and apps.
- Fun, customizable wellness challenges, so individuals can pick a wellness journey that’s meaningful to them. There are also health-related courses available.
- A Comprehensive Health Risk Assessment that measures well-being across the six key dimensions – emotional, occupational, social, financial, physical and purpose.
- The Comprehensive Health Risk Assessment is an optional step to complete for earning incentives. (Click here to navigate to the incentive directions.)

Please keep in mind:

- It’s important to know that if both you and your spouse are signing up, the employee must set up a Healthy Boiler account first—before the spouse registers. You both need individual accounts to earn the full Healthy Boiler Wellness incentive.
- Employees can also access an app for their mobile device; follow this quick reference to learn more.

To register for an account:
1. Go to https://purdue.wellright.com/act/auth/login Click the blue Registration link
2. Click I am the Employee or I am related to the Employee

Registration will require:
- Your PUID
- First and last name as it appears on your pay statement
- Spouses will use their legal name along with the Purdue employee’s email address

I am the Employee – complete Registration information:
- First Name
- Last Name
- Email
- Password Creation
- Date of Birth
- PUID
- Privacy Policy and End User License Agreement

I am related to the Employee – complete Registration information:
- First Name
- Last Name
- Email
- Relationship with Employee
- Employee’s Purdue Email
- Password Creation
- Date of Birth
- Privacy Policy and End User License Agreement
Complete additional information, optional

- Height
- Weight
- Mobile Phone (for text alerts)

(Personal information is not shared with Purdue)

Click **Continue**

**Healthy Boiler Portal** contains:

- Announcements with the latest Healthy Boiler news, challenges and special events
- Information on the five Healthy Boiler pillars
- A link to the Health Risk Assessment
- Create your own Personal Mission Statement
- Incentive upload and tracking
Completing Incentives

Incentives are organized in three parts (each with their own incentive dollar value):

1. Annual Physical (Required step)
2. Additional Incentives (Additional steps to complete, each earning incentive dollars)
3. Preventive Care (completing one of the activities earns an additional 75 dollars)

Please note:

- The Biometric Values are entered on your behalf into the Healthy Boiler Portal by One to One Health if they are included on the physical form. No manual submission is needed.
- The completed Health Risk Assessment is viewable to you under Health Profile. (This information is not shared with Purdue)

The Annual Physical is a required step.

- You can choose to complete additional incentives, but they will not be paid out until the physical requirement is completed.

When ready to upload completed physical documentation:

1. Click Annual Physical
2. Click Submit
3. Click Choose File
4. Locate and click your saved file
5. Click Submit

Note: please allow 24-48 hours for your physical form to be approved and reflected within the portal. Once approved, you will receive a confirmation email.
To complete additional incentives:
1. Click the applicable incentive box
2. Click Submit
3. Complete the required submission or answer
4. Click Submit

**Example**

**FLU SHOT**
Earn additional incentive dollars by receiving a flu shot.
$77 of $450 available
0 / 1 completed submissions

**Synching Devices or Apps**

For **Supported Devices**:
1. Click Devices
2. Click Supported Devices
3. Click + next to the device you are syncing
Log into your device account and follow the directions

For **Supported Apps**:
1. Click Devices
2. Click Supported Apps
3. Click + next to the device you are syncing
4. Log into your app account and follow the directions

Note: once synced, you will find all tracked activity under the “Calendar”.

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**Example**

Flu Shot Entry
Enter Submission

Yes, I received a flu shot

Log in
Continue with Google

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**Example**

Syncing Devices or Apps

Supported Devices

Supported Apps
### Access the University to learn more about specific subjects

Select **University** from the Menu

Use the **Search** or **scroll** to view available courses
- Click **Take Course** (once you find a course you are interested in)

<table>
<thead>
<tr>
<th>University</th>
<th>University</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Search Bar" /></td>
<td><img src="image" alt="Search Bar" /></td>
</tr>
<tr>
<td><strong>Search</strong> Enter a keyword...</td>
<td><strong>Search</strong> Enter a keyword...</td>
</tr>
<tr>
<td>Alcohol</td>
<td>Alcohol</td>
</tr>
<tr>
<td>Lifestyle Impacts of Alcohol</td>
<td>Physical Impacts of Alcohol</td>
</tr>
<tr>
<td>Learn how alcohol consumption affects your mood, work performance, and financial well-being</td>
<td>Learn how alcohol consumption affects your body</td>
</tr>
<tr>
<td><img src="image" alt="Take Course" /></td>
<td><img src="image" alt="Take Course" /></td>
</tr>
<tr>
<td>Anxiety</td>
<td>Anxiety</td>
</tr>
<tr>
<td>Here's What You Should Know About Treating Generalized Anxiety Disorder</td>
<td>Signs Your Worrying Could Be Generalized Anxiety Disorder</td>
</tr>
</tbody>
</table>