CELEBRATING THE 20TH ANNIVERSARY OF THE CENTER FOR FAMILIES & THE 15TH ANNIVERSARY OF THE MILITARY FAMILY RESEARCH INSTITUTE
A little more than 20 years ago, a group of creative and dedicated individuals gathered together to imagine how they might use their collective impact to make a difference for families far into the future.

These individuals wanted families to be a highly visible focus at the university, right alongside the engineering, agricultural and other foci that were already so prominent. They wanted our college to be seen as a leader on and off campus. They wanted women to be recognized as both influential and important in the philanthropic realm. Most importantly, they wanted to see powerful decision makers whose actions deeply affect families in our society be more guided by the scientific evidence discovered by researchers at Purdue and elsewhere. On a remarkable day in 1993, their dreams were given wings and the Center for Families was born.

A few years later, the opportunity emerged to extend the work of the center into a new arena of influence, using the center’s scientific, policy and engagement expertise to work on behalf of the families who volunteer to serve in our nation’s armed forces. And so, the Military Family Research Institute came into being.

This anniversary gives us occasion to look back and appreciate all that has happened as a result of those early dreams: the contributions made by students who were able to complete their educations, the discoveries made by scholars who were able to pursue new avenues of research, the decisions made by employers and policy makers who became more knowledgeable about the state of scientific evidence, and the programs shaped by research conducted here, just to name a few.

Anniversaries are also occasions for dreaming about the future. The groundwork is already being laid for what will be celebrated 5, 10 and 20 years from now. Twenty years ago, there was nothing more than a lofty dream shared by a few creative and dedicated individuals. Today, the Center for Families and the Military Family Research Institute have touched the lives of literally millions of families, showing that dreams do come true. Let’s keep dreaming!
We are very proud that the Center for Families and the Military Family Research Institute were founded within the Department of Human Development and Family Studies at Purdue University. They epitomize what it means to work on behalf of families.

The hallmark of these organizations is their great collaborations; at Purdue, across academia and around the country. The Center for Families and MFRI have partnered with faculty members within our department, Purdue and elsewhere to create bridges among academia and policymakers, improve care for military children around the world, and strengthen family support programs. The Center for Families works with higher education institutions, government organizations, and corporations to support and present the latest research on families. In addition to the research it conducts, MFRI partners with community organizations across the country to share knowledge about best practices and current research.

On behalf of the Department of Human Development and Family Studies at Purdue University, I welcome you to explore this publication to learn more about what the Center for Families and MFRI are doing in their work — what they have accomplished, how they are impacting families today, and where they are headed next. I hope you will join me in wishing them both a happy anniversary and great wishes for future success.
The College of Health and Human Sciences at Purdue University is delighted to join the celebration of the 20th anniversary of the Center for Families and the 15th anniversary of the Military Family Research Institute (MFRI). Together, these organizations are embracing Purdue’s core missions of discovery, learning and engagement and using them to work toward improving the lives of families around Indiana and across the country.

The Center for Families and MFRI believe that strong families are the key to creating strong communities. They are dedicated to conducting and disseminating high quality research that will allow employers, higher education institutions, policy makers, community leaders and others to ensure the success of the family, helping its members become the best employees, students and citizens they can be.

Looking toward the future, I hope you will consider how you can get involved with these two organizations, whether it’s becoming more familiar with their work by visiting their websites or joining the conversation on social media, engaging with their activities, or even offering your support in other ways by providing time, resources or serving as an advocate and sharing this powerful story with others.
In 1994, the Center for Families was established within the Department of Child Development and Family Studies in the School of Consumer and Family Sciences (now the Department of Human Development and Family Studies in the College of Health and Human Sciences) at Purdue University. Its mission is to help improve the quality of life for families. CFF serves as a catalyst to integrate outreach, teaching, and research activities that support families. This is accomplished through increased and enhanced collaborations among academic disciplines, professionals, policymakers, corporations and community organizations.

In 2000, the Military Family Research Institute was created with funding from the Department of Defense (DoD) with the mission of conducting policy-relevant research. With funding from Lilly Endowment Inc. and other partners, MFRI has expanded its mission to include outreach and engagement. MFRI works to extend and strengthen the ability of military and civilian organizations to help military families. This is accomplished by designing and implementing outreach and engagement activities that assist military families, and by conducting research with and for military families that generates important new knowledge aimed at improving the lives of those who serve.

ABOUT CFF & MFRI
“The Center for Families has been important to me from its inception. Growing up my family was such an important part of my values formation. I did not realize it at the time, but the values that I perceived have become increasingly a part of my life. I realize the importance of a strong family support system in today's changing lifestyles. My best to the Center for Families.” – Ruth Daniel Chappell, Center for Families Advocate

“Generating alternative and efficient solutions to the many issues families and the military face nowadays requires a systematic approach. We need to methodically acquire and integrate information that allows us to craft programs that translate such knowledge into actions that benefit others. Good intentions and an armchair approach are not enough. Intervention and research programs go hand-in-hand. Research sponsored by the Center for Families and MFRI has sponsored such scientific approach and allowed many of us to investigate families and military personnel to understand their situation and how it affects children, parents, and family functioning.” – German Posada, Associate Professor, Human Development and Family Studies, Purdue University

“No one understands more about the issues facing the military community than MFRI, nor is more adept at translating that deep knowledge into practical, actionable solutions.” – Geoffrey J. Deutsch, President & CEO, Armed Forces Services Corporation

“The Council on Foundations is fortunate to have developed a working relationship — a partnership — with the Purdue Military Family Research Institute to help us create valuable learning opportunities for our Veterans Philanthropy Exchange. Having access to the Institutes's academic professionals, quality research, and thought leadership is invaluable to our efforts to build a body of contemporary knowledge for philanthropic investors about veterans and families’ needs.” – Stephanie J. Powers, Sr. Director for Policy and Partnerships, Council on Foundations

“The Military Family Research Institute is invaluable to providing critical data and well thought out analysis needed by organizations like the National Guard to respond to military families with the programs and resources needed to maintain a healthy family unit. Your longitudinal studies and continued research is vital to this effort.” – Marianne Watson, Brigadier General (Retired), Former Director Manpower and Personnel, National Guard Bureau

“The Center for Families at Purdue University has done a tremendous service for the field of Work and Family by developing the Kanter Award program. Thank you so much for raising the stature of the work-family field in general and for giving scholars a place to go to learn about and develop new directions for the field.” – Maureen Perry-Jenkins, Ph.D., Director, Center for Research on Families and Professor of Psychological and Brain Sciences

“Work-life researchers in the UK really value what you are doing to recognise and reward the excellent work in the field. Congratulations on your 20th anniversary – many more to come!” – Dr. Gail Kinman, CPsychol CSci AFBPS, Professor of Occupational Health Psychology, Director of the Research Centre for Applied Psychology Department of Psychology, University of Bedfordshire

“Congratulations! The partnership we have with MFRI has allowed us to serve military families and veterans better by providing invaluable training to hundreds of clinicians across the state of Georgia. MFRI’s role in supporting this training and improving access to treatment for the military population is crucial to our mission.” – Barbara G. Rothbaum, Ph.D., ABPP; Professor in Psychiatry; Director, Trauma and Anxiety Recovery Program; Paul A. Janssen Chair in Neuropsychopharmacology; Associate Vice Chair of Clinical Research; Emory University School of Medicine
Throughout their history, the Center for Families and the Military Family Research Institute have made significant contributions to improving the lives of families and the systems that surround them. Through a combination of research and outreach activities, they have generated new knowledge about families, improved day-to-day life for individual families, shaped communities to offer better support and even shaped the policies that affect families at the local, state and national levels. Below are just a few examples of their collective impact.

**ON GENERATING AND SHARING KNOWLEDGE:**

» The Center for Families and MFRI have engaged over 100 faculty members across Purdue in projects that have added to the creation and dissemination of new knowledge about families.

» The Center for Families and MFRI have trained more than 182 undergraduate and graduate students enrolled in colleges across Purdue’s campus.

» Thanks to donor gifts, the Center for Families has directly supported over 70 students and faculty in the early phases of their research which has allowed the center to explore ideas on the forefront of family issues.
**ON IMPACTING POLICY AND LEGISLATION:**

» Since 1999, the Center’s Family Impact Seminars have educated Indiana state legislators about cutting-edge scientific evidence related to policies they are debating.

» Each year, the Center for Families finds the best work-family research and researchers in the world, then educates corporate practitioners responsible for programs, practices and policies that affect more than four million employees and their families.

» MFRI has become a resource to Congressional officials, testifying before Congress five times, providing 21 presentations to legislators and policy makers, and leading Science Roundtables for members of Congress and their staff.

**ON CHANGING COMMUNITIES TO BETTER SUPPORT THEIR MEMBERS:**

» From its first funded project and grant received, the Center for Families has played a role in helping Indiana achieve a higher standard for childhood education and care in the state. Center-affiliated projects include the partnership with Indiana University to launch the Infant-Toddler Specialists of Indiana, and the Paths to QUALITY Program, which helps to raise the bar for the quality of care in childcare facilities across Indiana, both led by Professor Jim Elicker.

» Since the launch of the Star Behavioral Health Providers initiative in 2011, more than 150 trainings have been held in 7 states to educate more than 5,000 participants in military culture and evidence-based treatments, who in turn serve more than 10,000 service members, veterans and family members.

» In collaboration with Student Veterans of America, MFRI published and distributed *Success in 3-D For Student Veterans*, a resource guide available to the more than 1,000 SVA chapters nationwide serving as many as 40,000 student service members and veterans. This also led to MFRI directly training more 375 student leaders from 210 institutions in 44 states through SVA’s national leadership conference and leadership summits.
AT-A-GLANCE: THE IMPACT OF THE CENTER FOR FAMILIES

1. Raised the visibility of family research at Purdue, connecting faculty, students and staff who share interest in research on families.

2. Supported faculty and student family researchers across campus as they conduct and disseminate research about families.

3. Generated discovery, learning and engagement about families by successfully pursuing external support for research and projects.

4. Influenced workplaces by bringing the best work-family research and researchers in the world to corporate practitioners who design and implement programs, practices and policies. Helped to sustain and promote programs of research by work-family scholars; and built bridges both among academic disciplines and between researchers and corporate practitioners.

5. Influenced policies by educating Indiana state legislators about cutting-edge scientific evidence related to policies they are debating.
AT-A-GLANCE:
THE IMPACT OF THE MILITARY FAMILY RESEARCH INSTITUTE

1. Engaged Purdue University faculty, staff and students in research, evaluation, outreach and events, that have changed communities throughout and beyond Indiana in support of military and veteran families.

2. Changed the face of higher education for student service members and veterans in Indiana, generating insights that are benefiting student service members and veterans across the country.

3. Launched, compiled, contributed to and disseminated research about military families that has engaged scholars from around the world. MFRI efforts are helping to make sure that lessons learned from this war about military families remain visible and accessible to students and scholars in the future.

4. Influenced state and national programs, policies and practices affecting military and veteran families.

5. Brought change to the systems that support military and veteran families by building new ways to support military children dealing with deployment and reintegration, and improving the preparation of civilian mental health clinicians to treat military and veteran families.
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“The Center for Families thoughtfully and constructively provides invaluable research and data on child well-being to elected officials and other civic leaders in the Hoosier State. The Military Family Research Institute, meanwhile, is delivering responsive resources for a growing population across our nation – the families of military personnel. The Center and the Institute effectively translate research into practical application to benefit children, families and the communities where they live.” – Bill Stanczykiewicz, President & CEO, Indiana Youth Institute
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