Welcome to Purdue University College of Veterinary Medicine, Counseling and Wellness Services (CWS). The following information will help familiarize students with our services.

**Services Provided**

Therapists at CWS are licensed and credentialed in the State of Indiana within their respective mental health professions (either as a psychologist or LMHC). We provide individual and couples therapy, consultation, and referrals.

We do not prescribe medication but can assist with referrals. We are not forensic experts and cannot provide documentation on your behalf to a court or to your lawyer for any legal proceedings. **We cannot write letters for Emotional Support Animals** as we do not hold special credentialing in this area. Occasionally students’ needs fall outside our scope of practice and a referral to another clinician, or a higher level of care, is necessary outside of PVM.

**Appointments**

Appointments typically occur every other week. Sessions are 45 minutes. If you are more than 10 minutes late, you will need to reschedule. To cancel or reschedule, please provide 24-hour notice so the appointment can be used by another student. If you miss a session, it is your responsibility to contact us if you want to reschedule. Please be aware our hours tend to be heavily scheduled and thus there will likely be a wait for the next opening which fits your schedule. If you repeatedly no show or cancel late, this will lead to a referral outside of our center for further services.

**Confidentiality**

Services provided to you at CWS are confidential. There are a few **limits/exceptions** to confidentiality, including:

* If there is evidence of clear and imminent danger of your killing yourself and/or harming others.
* If we learn of, or strongly suspect, any current abuse or neglect of a child or vulnerable adult.
* If your records are court ordered.
* For federal investigations under the Patriot Act (2001).

**Other Privacy Practices**

Other than the exceptions above, your records will not be released without your written permission and they are not available to other divisions or departments of Purdue University. If you request information to be shared, or requested from, another office, person, or entity, you are required to sign a written release authorizing this communication.

**Mental Health Emergency Procedures**

**CWS is not an emergency facility and does not provide 24-hour access. *For life-threatening emergencies any time of day, call 911 or go to the nearest Emergency Room.***

**Should you require attention due to a crisis during regular business hours, please utilize on-call services at Counseling and Psychological Services (CAPS) M-F from 8-5 by calling 765-494-6995. After hours, you may also call CAPS and choose option 1. Additional options include:**

**1) Call the National Suicide Prevention Hotline at 1-800-273-8255**

**2) Use the Crisis Text Line by texting HOME to 741741**

**3) Call or Text the Mental Health America Crisis Line at 765-742-0244**