



2009 WorkLife Programs

A special thanks to all those who completed the WorkLife Programs annual employee satisfaction survey during summer 2009. These are the key results of employee feedback.

Who Participated?

- This survey was randomly distributed to 4,000 employees on the West Lafayette campus.
- 735 employees completed the survey. There were 14% faculty, 53% administrative/professional, 24% clerical, and 9% service.
- Ages of survey participants were: under 30, 5%; 30-39, 17%; 40-49, 24%; 50-59, 41%; 60-69, 13%; 70 and older, 1%.
- Years worked at Purdue were: less than 1 year, 7%; 1-5 years, 24%; 6-10 years, 19%; 11-15 years, 15%; 16-20 years, 11%; 21-25 years, 9%; more than 25 years, 15%.
- Seventy-seven percent had participated in WorkLife Programs offerings in the last year. Of the 23% who had not, the number one reason for not taking part was "demands of my job did not allow me to participate".

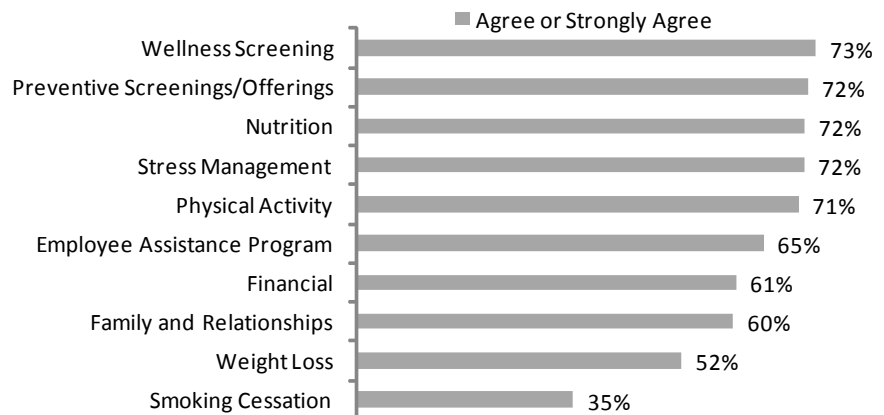
What Did We Learn?

- 96% were satisfied or very satisfied with WorkLife Programs.
- 80% felt that WorkLife Programs contributes to better employee morale.
- 78% stated that WorkLife Programs has helped improve their attitude toward Purdue University.
- Top WorkLife Programs offerings in which participants either "improved their overall health" or "were more ready to make positive health behavior changes" were: wellness screenings, other preventive screenings/offerings, nutrition, physical activity, and stress management.

What Will We Do?

- Maintain the offerings that improved overall health and positive behavior changes.
- Increase offerings or collaborative opportunities in the areas of higher interest.
- Develop strategies to reduce barriers for participation.
- Offer alternative delivery methods, such as webinars, for greater learning flexibility.

I am more effective at balancing my professional and personal life as a result of my participation in the following WorkLife Programs offerings



Top 5 areas participants would like to see more offerings:

1. Physical Activity
2. Nutrition
3. Stress Management
4. Weight Loss
5. Other Preventive Screenings/Offerings