

CHANGING THE COURSE OF OBESITY



Join us for a special lunch panel discussion on local efforts to change the course of obesity in our community. Panelists will share about current initiatives and opportunities to advance research at Purdue and in the greater Lafayette area. There will be time for audience questions and dialogue. A healthy lunch will be provided.

All faculty, staff and students are welcome - whether to explore research ideas or gain information for personal growth. Register early to reserve your spot for a delicious lunch and an informative session.

FRIDAY, OCT. 31

11:30—12:30 PM

MANN HALL ATRIUM

REGISTER TO
rche@purdue.edu



Linnette Woodman, MD FAAP, *Power Over Pounds*, Clarian Arnett

Woodman, a pediatric internist, is a member of the steering committee for the Power Over Pounds program at Clarian Arnett. The program uses a family-centered approach to weight management. At 8 weekly outpatient group sessions, health and community professionals work with families to manage weight by addressing nutrition, exercise and behavioral changes.



Carol Boushey, PhD, Associate Professor of Foods and Nutrition, Purdue University

Boushey is a registered dietician with a doctorate in nutritional sciences. Her epidemiological research in the study of what and how people eat complements her teaching activities training future dietetic practitioners to evaluate eating behaviors. Her active research agenda includes dietary assessment methods, adolescent dietary behaviors, school-based interventions and food insecurity.



Anne Mahon, PhD, Nutrition Education Programs Coordinator, Purdue Student Wellness

Mahon is a registered dietician with a doctorate in nutrition. Her professional areas of interest are eating disorders, weight management, sports nutrition and vegetarian diets. Her goal is “to provide students with knowledge, skills, motivation and strategies that enable them to reach their maximum potential and lead healthy lives.