

What a Dollar Can Do ...

Your donation	Impact on your life	Impact on your community
\$1 per week	One pack of gum 	You can provide more than two weeks of warm meals and friendly visits to a senior who is struggling to live on his or her own.
\$3 per week	One gourmet coffee 	You can provide a new book for every student in three preschool classes that includes activities for school and at home.
\$5 per week	One fast food meal 	You can provide six weeks of tutoring for an adult who wants to learn or improve their reading skills.
\$7 per week	One small laundry detergent 	You can help a family become more stable and improve their home life through case management for issues like anger, abandonment or substance abuse.
\$10 per week	One large pizza 	You can provide vital health education related to risky behaviors, nutrition, hygiene and mental health to students in one middle-school class.
\$20 per week	One night at the movies 	You can help improve the financial stability of 13 low-income people with affordable housing by receiving budgeting skills and furthering their education or employment