

Purdue Psychology Treatment and Research Clinics (PPTRC)

College of Health and Human Sciences, Department of
Psychological Sciences Clinical Program

Director: Heather Ciesielski, PhD, ABPP, HSPP

Services Offered

- Testing and Assessment Clinic (TAC)
 - Comprehensive psychological evaluations for ages 5+
 - Evidence-based evaluation, diagnosis, and recommendations
- Child and Family Treatment Clinic (CFT)
 - Individual and family treatment for common childhood disorders (ADHD, anxiety, depression)
 - Training in evidence-based protocols and practice
 - Behavioral caregiver training group program for parents of children with behavioral difficulties
- Adult Services Clinic (ASC)
 - Individual treatment for adult clients
 - Training in evidence-based protocols and practice
 - Cognitive-behavioral therapy, acceptance and commitment therapy, motivational interviewing, and ADHD skills for college students (group program)

About Us

- Lyles-Porter Hall
- PPTRC provides supervision and training for graduate level student clinicians enrolled in the Clinical Psychological Sciences Program
- Year-long internal clinic practicum rotations begin Spring of Year 1
- Clinicians are supervised by licensed Clinical Associate Professors clinical program
 - Heather Ciesielski, PhD, ABPP, HSPP: TAC, CFT
 - Began 2022, background as clinical faculty in academic medicine (Cincinnati Children's Hospital)
 - James Noll, PhD, HSPP: ASC
 - Began 2023, background in practice and administration in community mental health (4C Health)

Census and Wait Times

- Primarily community-facing clinic
 - Application based process
 - Exceptions: Court-ordered treatment or evaluation (including custody), emergency or walk-in services, high-risk clients (referrals provided)
 - Services in all clinics are available to students (and anyone in the community)
- Low-cost services (current range \$4 - \$45/session)
 - Fees based on federal poverty guidelines (currently 2017)
 - Option for reduced fee if documented financial hardship
- Census is driven by each student cohort each semester
 - Advanced clinical training option over the M23 summer term
- Wait times = lengthy
 - TAC can be 1 year or more
 - CFT and ASC range about 3 – 6 months, depending on cohort

Students in Distress

- Purdue CAPS (24/7 crisis services)
- Other Resources:
 - Indiana Suicide Prevention: <https://www.in.gov/issp/>
 - Suicide & Crisis Lifeline (988): <https://988indiana.org>
 - NAMI: <https://nami-wci.org/living-room>
- Youth Resources:
 - Indiana Center for Prevention of Youth Abuse & Suicide (Education/resources; www.indianaprevention.org)
 - IYG: Specific Resources for LGBTQ+ youth; www.indianayouthgroup.org



Thank you!

Questions?