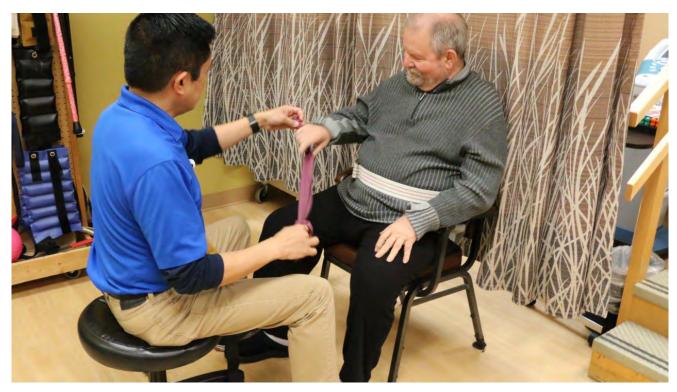
GARRY GUNASING PT, CFPS, CSRT, LSVT BIG

Certified Therapy Director St. Anthony Rehabilitation and Nursing Center



- Garry has worked as a physical therapist for 26 years and has directed the therapeutic team at St. Anthony for the last 17 years to facilitate the rehabilitation and transition of residents to their home environment
- He received is bachelor's degree from the University of Perpetual Help, Laguna Philippines
- He specializes in geriatrics, fall prevention, wound management, stroke, and Parkinson's rehabilitation
- He is a Certified Fall Prevention Specialist and conducts workshops in the community to educate them about the importance of fall prevention

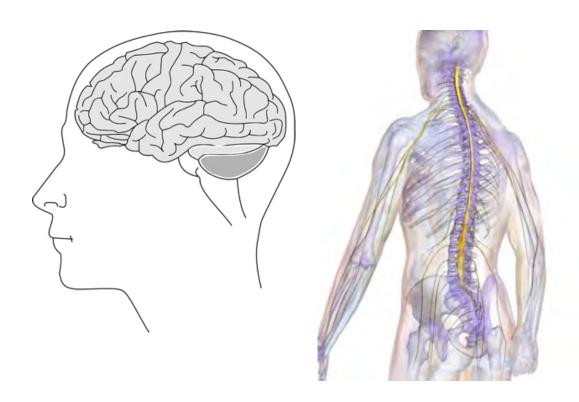




UNDERSTANDING NEUROLOGICAL DISORDERS AND REHABILITATION

(Dementia, Stroke, ALS, Parkinson's, MS)

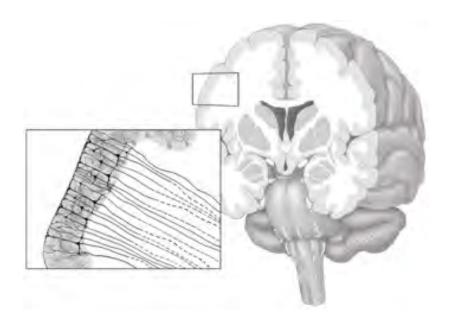
THE NERVOUS SYSTEM

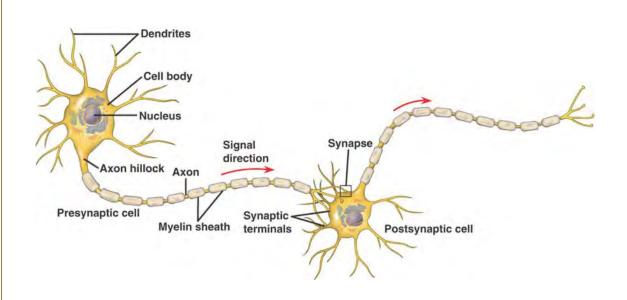


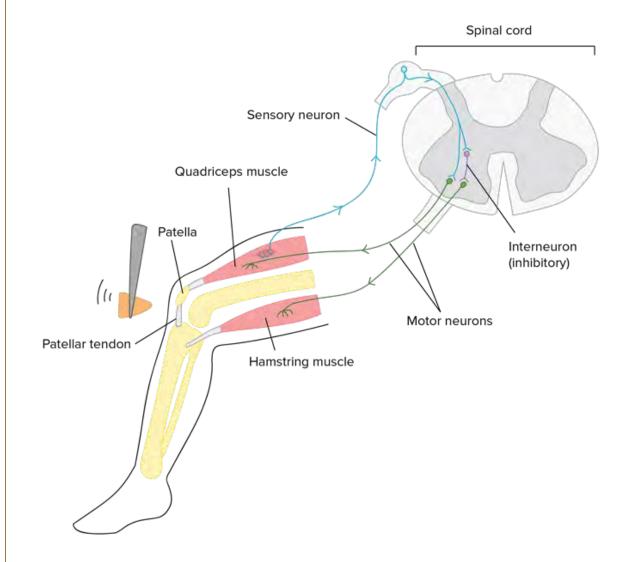










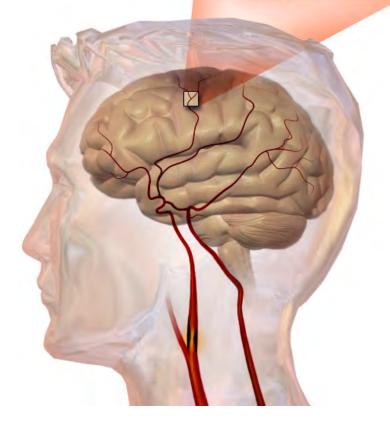


STROKE OR CEREBROVASCULAR ACCIDENT (CVA)

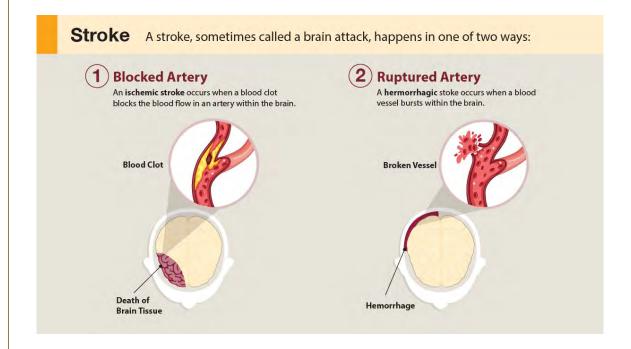
A disease that affects the arteries leading to and within the brain.

This leads to loss of function on the opposite side of the brain.











SPOT A STROKE™







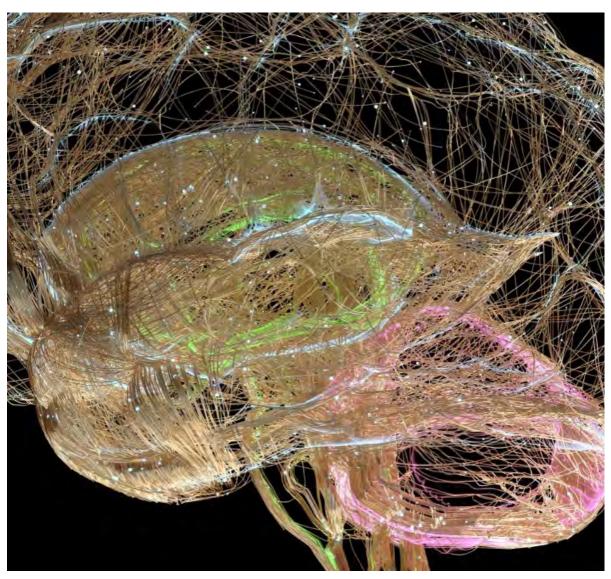


Learn more at stroke.org



NEUROPLASTICITY

- Also known as neural plasticity or brain plasticity, is a process that involves adaptive structural and functional changes to the brain.
- The ability of the nervous system to change its activity in response to intrinsic or extrinsic stimuli by reorganizing its structure, functions, or connections.



HEMIPARESIS OR HEMIPLEGIA

Some Tips:

- Encourage use of the affected extremities. Multiple repetitions of an activity can create new neural pathways.
- Daily stretching of the weak or paralyzed limb to prevent contractures.
- Utilize brace or splints to facilitate function.



UNILATERAL SPATIAL NEGLECT

Lack of awareness on the affected side of the body.

More common in right hemisphere strokes.

Some Tips:

- Arrange the furniture to encourage use of the affected side.
- Stay on affected side when having a conversation or when walking together.
- Add sensory stimulation or touch to your verbal requests or instructions



DEMENTIA

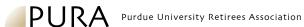
Is not a specific disease but is rather a general term for the impaired ability to remember, think, or make decisions that interferes with doing everyday activities.

IS NOT A NORMAL PART OF AGING.



TYPES OF DEMENTIA

- Alzheimer's
- Vascular
- Lewy Body
- Frontotemporal
- Mixed



TYPES OF DEMENTIA

Alzheimer's

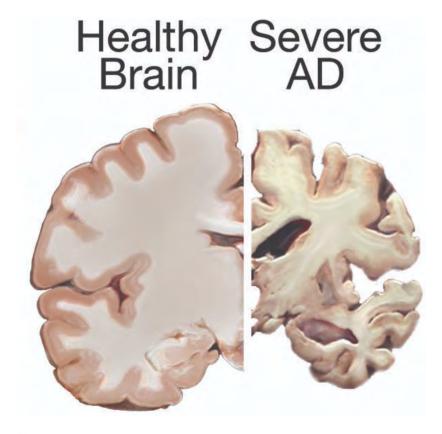
Vascular

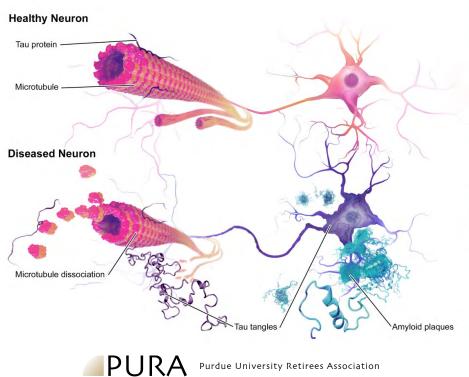
Lewy Body

Frontotemporal

Mixed







MULTIPLE STAGES OF ALZHEIMER'S DISEASE

Early Stage – memory lapses, difficulty in planning tasks.

Middle Stage – word salad, neologisms, first in last out, past reality/time travel, forgetful of events or personal history

Late Stage – talks little, changes in physical abilities (walking, sitting, swallowing), requires round the clock assistance.

DEMENTIA TIPS FOR CAREGIVERS

Behavior is communication.

Avoid overstimulation.

Never argue.

Slow down and be patient.

Action speak louder than words.

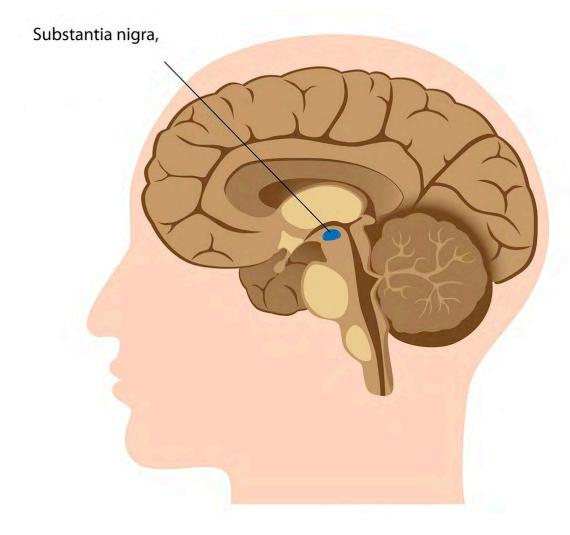
Avoid negatives.

Avoid open ended questions and limit choices.

Find time to take care of yourself.

PARKINSON'S DISEASE

A NEURODEGENERATIVE DISORDER THAT AFFECTS PREDOMINATELY THE DOPAMINE-PRODUCING ("DOPAMINERGIC") NEURONS IN A SPECIFIC AREA OF THE BRAIN CALLED SUBSTANTIA NIGRA.



COMMON PARKINSON'S SYMPTOMS AND TIPS

Tremor, mainly at rest and described as pill rolling tremor in hands.

- Try doing flicks
- Switch grip

Slowness and paucity of movements (bradykinesia and hypokinesia).

• Think BIG

Limb Stiffness (rigidity).

Relaxation exercises

Walking and balance problems (shuffling of feet) (freezing of movement)

• Briefly stop activity, take a few deep breaths then resume with a BIG movement.



ALS LOU GEHRIG'S DISEASE

- Also known as Lou Gehrig's disease.
- A progressive motor neuron disease.
- Main goal is to maintain function.
- Low impact exercises are best. Like walking swimming, stationary exercise bike and range of motion exercises.
- Early planning for accessibility of living spaces.



MULTIPLE SCLEROSIS

An Autoimmune Neurologic Disorder

Is a disease that impacts the brain, spinal cord and optic nerves, which make up the central nervous system and controls everything we do. The exact cause of MS is unknown, but we do know that something triggers the immune system to attack the CNS.

Exercise Tips:

- 1. Regular exercises are recommended.
- 2. Avoid over exertion.
- 3. Heat intolerance:
 - Exercise in a cool room.
 - Schedule exercise sessions in the early morning.



REFERENCES

- 1. American Heart Association/ American Stroke Association www.stroke.org
- 2. Centers for Disease Control and Prevention www.cdc.gov
- 3. Alzheimer's Association www.act.alz.org
- 4. www.Alzheimers.gov
- 5. National Institutes of Health/ National Institute on Aging www.nia.nih.gov

- 6. The Association for Frontotemporal Degeneration www.theftd.org
- 7. Parkinson's Foundation www.Parkinson.org
- 8. The Michael J. Fox Foundation for Parkinson's Research www.michaeljfox.org
- 9. LSVT-BIG Parkinson's Therapy www.lsvtglobal.com
- 10. ALS Association www.als.org
- 11. National Institute of Neurological Disorders and Stroke www.ninds.nih.gov

THANK YOU!

Garry Gumasing PT, CFPS, CSRT, LSVT BIG Cert. Therapy Director St. Anthony Rehabilitation and Nursing Center www.stanthonycares.com



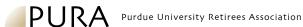
TOMMY KLECKNER INDIANA LANDMARKS

- Director, Western Regional Office, Terre Haute IN
- Bachelors degree, Community and Regional Planning, Iowa State University
- Masters Degree, Historic Preservation, Ball State University
- Oversees historic preservation and heritage conservation in 17 county area since 2002
- tkleckner@indianalandmarks.org













Regional Office locations:

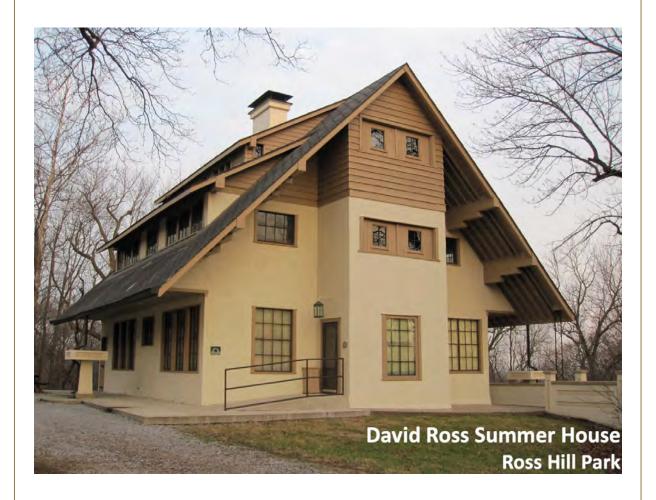
Indianapolis South Bend Gary Wabash **Terre Haute Cambridge City New Albany Evansville** Aurora

Helping people save places that matter

With nine offices located throughout the state, Indiana Landmarks helps reimagine, rescue, and revive meaningful places.

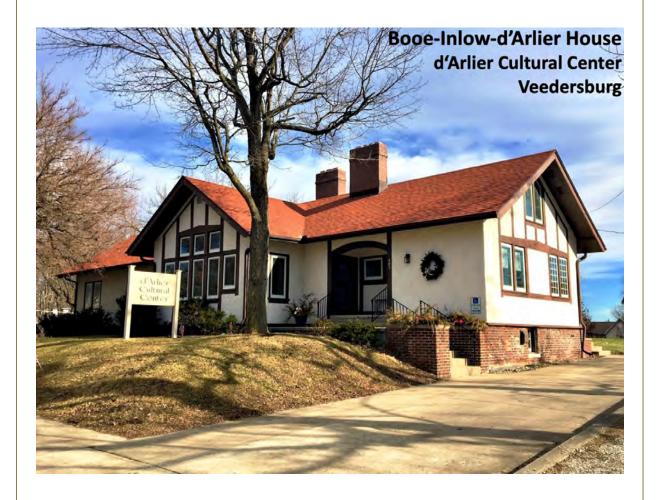
Travel is fatal to prejudice, bigotry and narrow-mindedness..." - Mark Twain





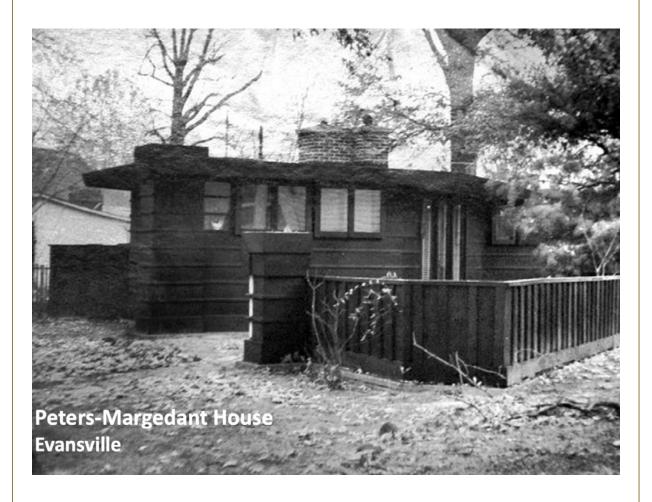


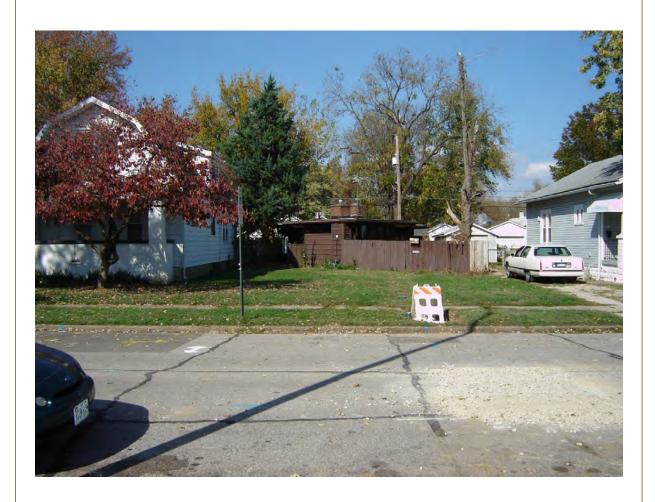












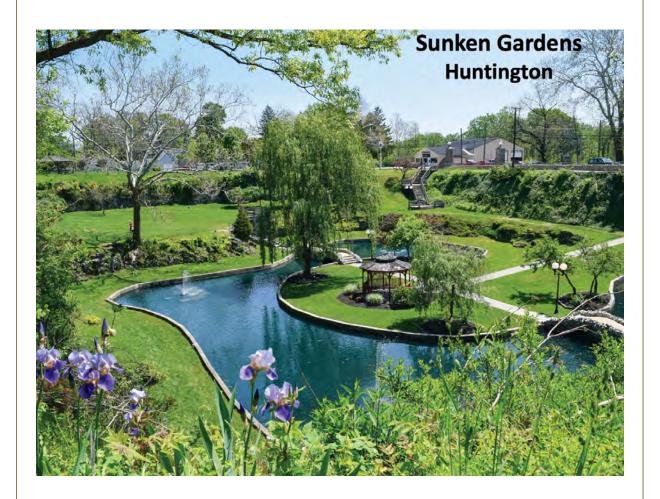


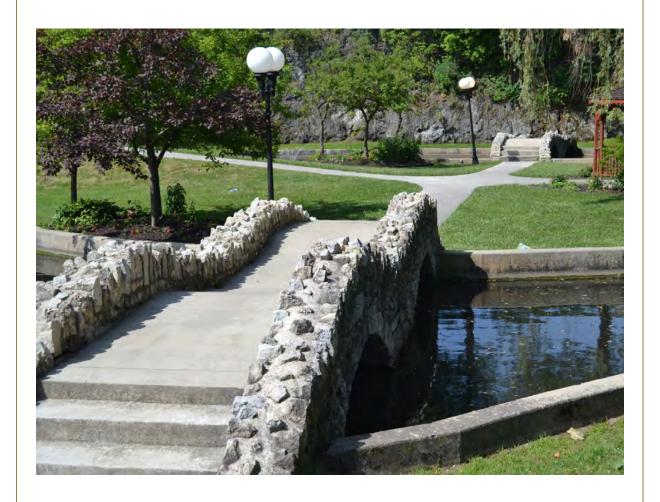




































2024 ANNUAL SPRING CONFERENCE



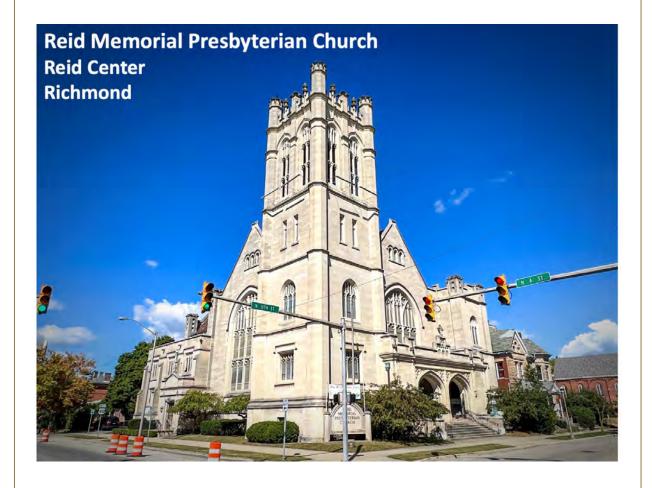


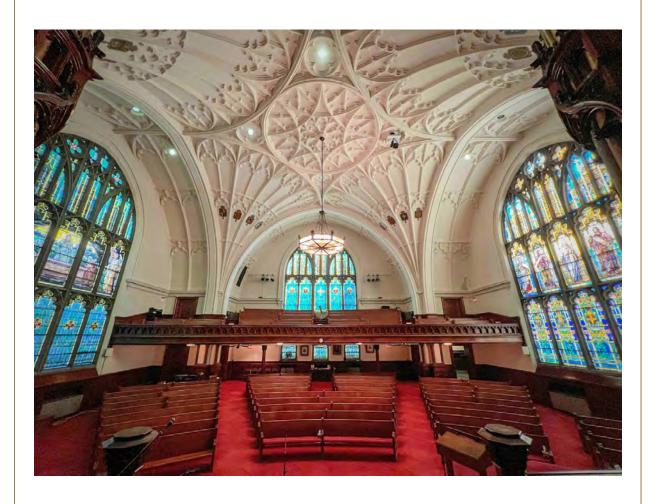






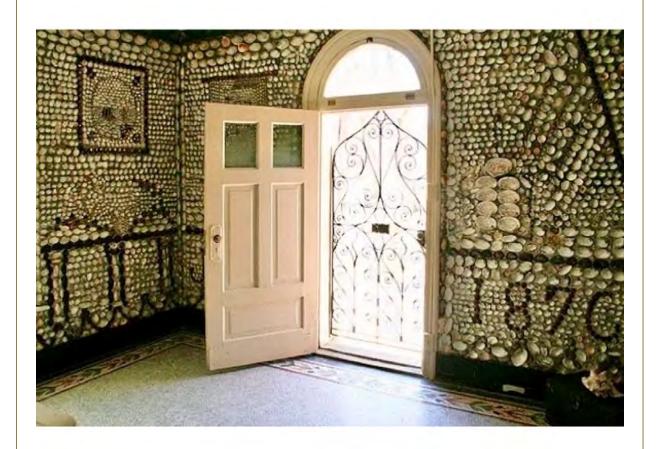


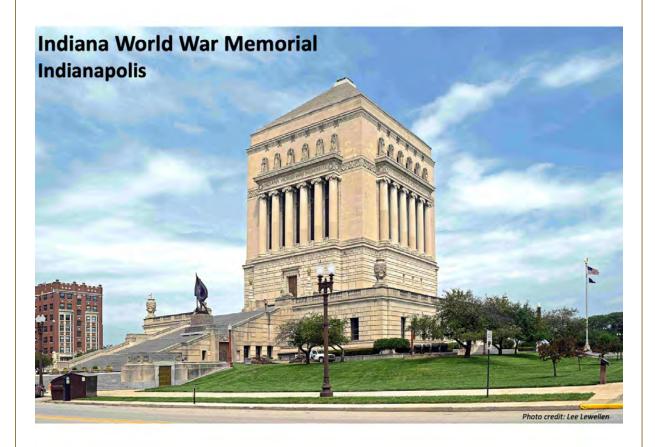






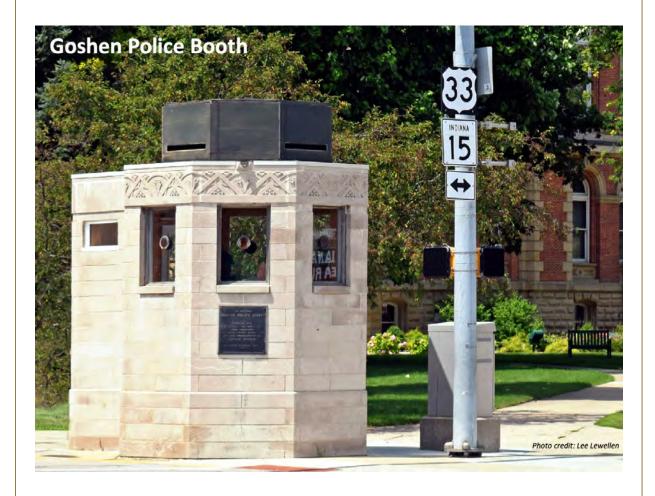






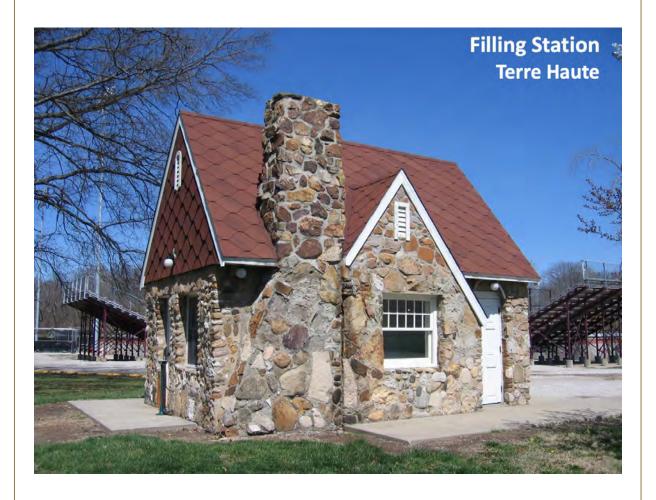


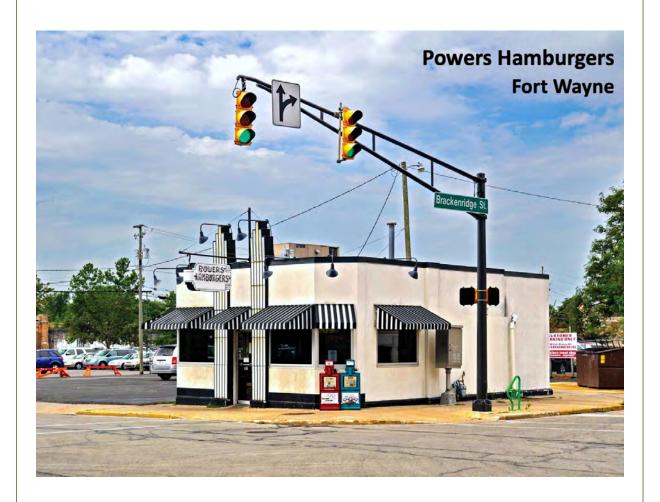


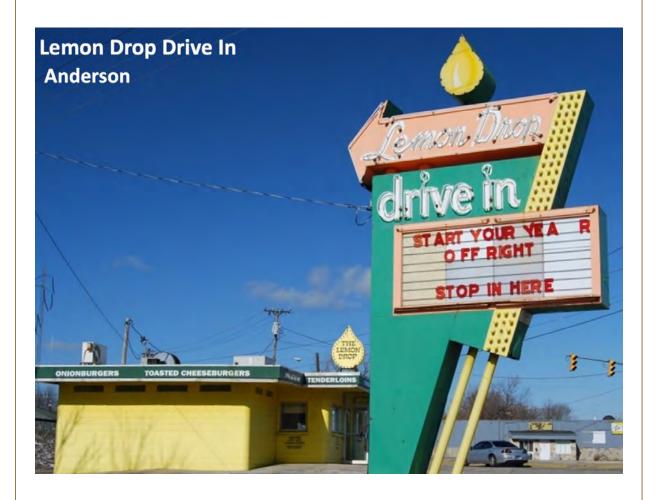


2024 ANNUAL SPRING CONFERENCE



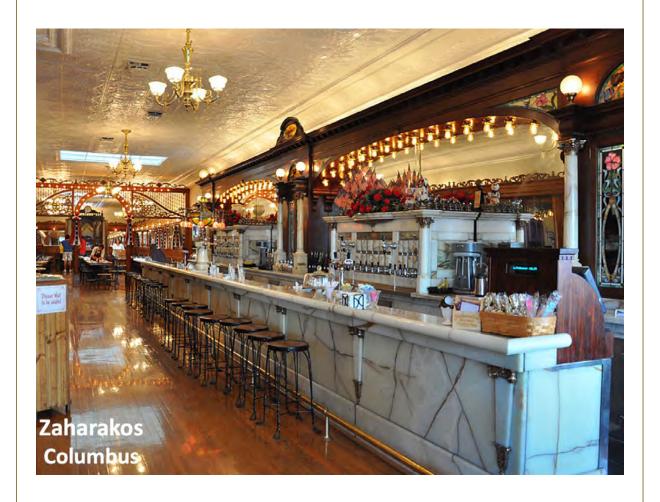
















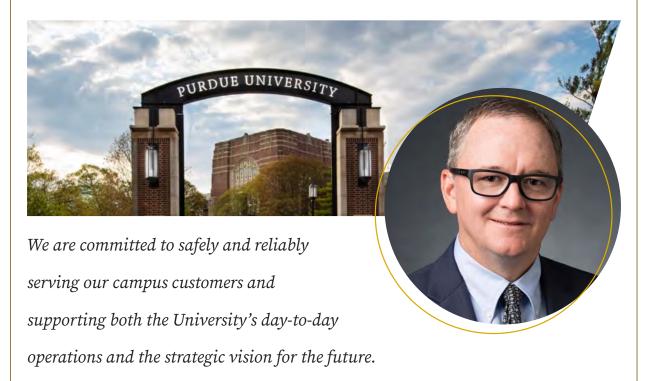




ENEOU



PURDUE RESEARCH FOUNDATION



This means we provide everything from University purchasing and contracts, new construction and renovation of existing campus facilities, landscaping, custodial services, public safety, utilities and more for the Purdue community.

Mike Cline

Senior Vice President for Administrative Operations



ADMINISTRATIVE OPERATIONS

Administrative Operations is comprised of the following five units:



ADMINISTRATIVE SERVICES

Kim Pearson, Chief Administrative Officer

Administrative Services provides data, reporting, communications, training, information technology and administrative support. The mission of the unit is to support, strengthen and unify Administrative Operations.

- · Administrative Management
- Communications
- Facilities Information Services
- Integrated Analytics
- Talent Development



AUXILIARY SERVICES

Rob Wynkoop, Vice President

Auxiliary Services provides services and programs that support the Purdue experience and meet the needs of the university.

- Airport Operations
- · Materials Management and Distribution
- Parking Facilities
- · Procurement Services
- · Purdue Memorial Union and Conferences Operations
- · Real Estate and Space Administration



FACILITIES OPERATIONS AND ENVIRONMENTAL HEALTH AND SAFETY

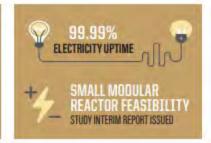
Ryan Gallagher, Associate Vice President

Facilities Operations and **Environmental Health and Safety** provides a comprehensive approach to the safe care and maintenance of our campus.

- Building Services
- · Energy and Utilities
- · Environmental Health and Safety
- Grounds
- Operations and Maintenance











PHYSICAL FACILITIES AND PUBLIC SAFETY

Jay Wasson, Vice President and Chief Public Safety Officer

Physical Facilities and Public Safety is responsible for strategic leadership of Purdue's capital program and public safety services in support of the university's learning, discovery and engagement mission.

- · Campus Planning, Architecture and Sustainability
- Capital Asset Management
- · Emergency Preparedness and Planning
- · Office of Research Facilities and Space Management
- · Purdue University Fire Department
- · Purdue University Police Department



PURDUE IN INDIANAPOLIS

Evan Hawkins, Senior Director

As Purdue University expands to Indianapolis, Administrative Operations will lead the efforts to operate and maintain the current facilities that support research, teaching and learning. Additionally, plans are underway for a new academic success building that will be an integral part of campus life for students and faculty. This position will work closely with other Administrative Operations units to ensure the successful execution of the following.

- · Planning and Programming
- · Service Delivery and Operations
- Community Engagement
- Contract Management









Investing in Purdue's Future: Major Capital Projects 2023 July 2023



DUDLEY LAMBERTUS

Scope

- 255,000 gross-square-feet facility
- Shared by College of engineering and Purdue Polytechnic Institute

Budget

• \$45.4M, Gift Funds

Schedule

• Dedication April 14, 2023

Status

• Complete





ROSS-ADE STADIUM RENOVATIONS

Scope

• A pedestrian tunnel will be constructed from KFPC onto field level, the existing Team Store will be renovated and converted into student athlete dining, and a concourse connector and additional seating will be constructed in the south end zone

Budget

• \$45.4M, Gift Funds

Schedule

- Board of Trustees approval April 8, 2022
- Design start April 11, 2022
- ICHE/SBA approval Aug. 31, 2022
- Construction start Dec. 12, 2022
- Final GMP executed May 10, 2023
- Construction complete (SEZ, Tunnel) Aug. 29, 2023
- Occupancy (SEZ, Tunnel) Sept. 1, 2023
- Construction complete (Dining) June 17, 2024
- Occupancy (Dining) July 8, 2024

Status

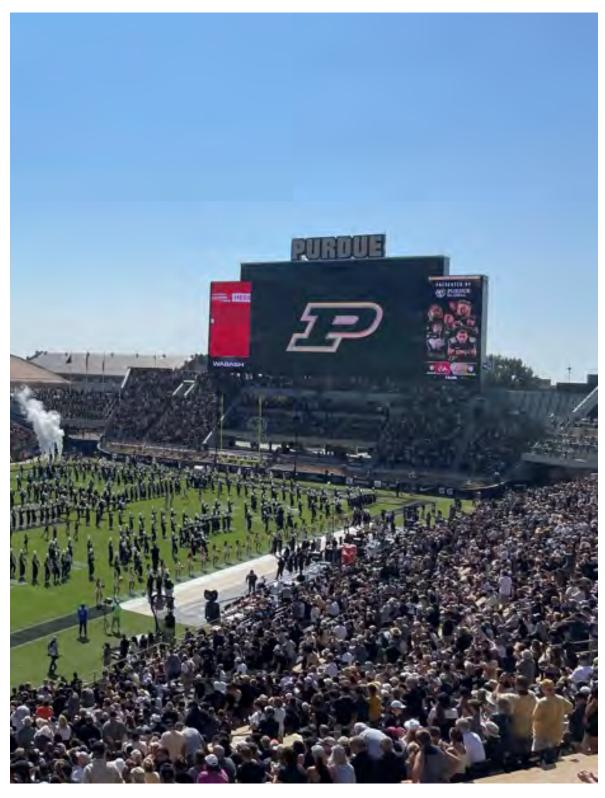
- Design and demolition are 100% complete
- Construction is 75% complete overall

CM: AECom Hunt/Harmon AE: Populous









DATA SCIENCE, STEWART CENTER AND RELATED RENOVATIONS

Scope

• This project will accommodate the Data Science program in the formerly named Schleman Hall with a complete renovation of 101,000 GSF of space. Additionally, renovations will be completed to modernize student services and accommodate the new occupants in approximately 45,000 GSF of Stewart Center and 10,400 GSF in the following facilities: Purdue Memorial Union, Hicks Undergraduate Library and Recitation Building.

Budget

• \$52.8M

- \$47.8M, Operating Funds-Reserves
- \$5M, Gift Funds

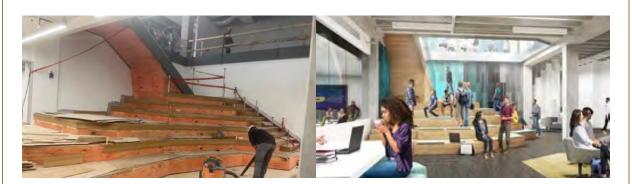
Schedule

- Board of Trustees approval Aug. 6, 2021
- ICHE/SBA approval Dec. 2021
- Final GMP executed March 1, 2022
- Construction start April 1, 2022
- Construction complete (Data Science) April 29, 2024
- Occupancy (Data Science) Aug. 1, 2024

Status

• Construction is 55% complete (Data Science)

CM: F.A. Wilhelm AE: MSKTD





AIRPORT TERMINAL BUILDING

Scope

- Construct a new approximately 10,000 GSF terminal west of the existing terminal, including restrooms, waiting area, baggage claim, ticketing and passenger screening
- Includes exterior improvements for the railroad track pedestrian crossing and parking areas
- The developed space will comply with Transportation Security Administration (TSA) and Federal Aviation Administration (FAA) requirements

Budget

- \$11.8M
- State: \$7M

Schedule

- Study commencement March 2023
- Meet with Greater Lafayette Commerce (GLC) May 5, 2023
- Study completion May 31, 2023
- Updated airport executive summary to GLC June 30, 2023

- Gift Funds: \$3.3M
- Federal Grant: \$1.5M
- BOT approval Aug. 4, 2023
- GMP approval Jan. 2024
- Construction start May 2024
- Construction complete May 2025
- Occupancy July 2025

Status

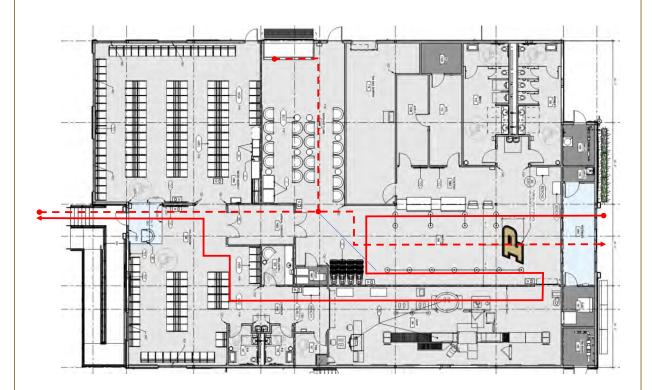
• The project was approved at the August BOT meeting OTR: FA Wilhelm AE: Woolpert





AIRPORT TERMINAL BUILDING

- Two Airlines
- 9,500 Total Square Feet
- TSA sized for all new Technologies (Passenger and Bag Screen)
- Bathrooms Pre- and **Post Security**
- Wellness Rooms
- Pet Relief Area (Outside)
- Hold Room sized for 737 (Largest Charter Flight Potential)





UNIVERSITY HALL AND RELATED RENOVATIONS

Scope

- Completely renovate the 34,000 GSF University Hall and partially renovate Beering Hall and Stanley Coulter Hall to address the need for classroom, student-focused study and collaboration spaces.
- Student-focused spaces will be created where offices, labs and classrooms are currently located, and remaining office spaces are being reprogrammed to meet current and future needs of the College of Liberal Arts.
- Current occupants of Heavilon Hall will be relocated, and the 97,500 GSF building will be demolished.

Budget

- \$46.6M
- \$36.6M, Operating Funds-Reserves
- \$10M, Gift Funds

Schedule

- Project study approval Feb. 2022
- Board of Trustees approval Oct. 7, 2022
- Final GMP executed Oct. 20, 2023
- UNIV vacated Dec. 2023
- Construction start (UNIV) Jan. 2024
- HEAV vacated May 2024
- HEAV demo start July 2024
- Construction complete **July 2025**
- Occupancy Aug. 2025



Status

• Design is 75% complete, and construction is 2% complete

CM: Kettelhut Construction AE: MSKTD/Workshop Architects







NURSING AND PHARMACY EDUCATION BUILDING

Scope

- Construct an approximately 186,000 GSF facility that will provide a new home for the School of Nursing and College of Pharmacy
- Includes general use classrooms, clinical instruction spaces, animal research space, study spaces, offices and common areas
- **Budget**
- \$160M
- \$89M, State Appropriation
- **Preliminary Schedule**
- Reprogramming/Enhanced Feasibility Study May-Sept. 2023
- BOT approval Aug. 4, 2023
- Make-ready demolition/utilities Sept. 2024

- New and renovated spaces will be incorporate recommendations from the 2022 Classroom Master Plan and 2022 Future of Work office guidelines
- Demolish Grounds Service Building, Johnson Hall of Nursing, Life Science Animal Building and Veterinary Laboratory Animal Building
- \$71M, Gift Funds/University Reserves
- GMP approval Oct. 2024
- Construction start Oct. 2024
- Construction complete Oct. 2026
- Occupancy Oct.-Dec. 2026

Status

 The project was approved at the August BOT meeting OTR: FA Wilhelm AE: Ayers Saint Gross / BSA Lifestructures







RESIDENCE HALL SOUTH OF HILLENBRAND

Scope

- Construct a new eight-story, 252,525 GSF residence hall to include 896 pod-style beds
- Renovate and expand existing dining from 516 to 778 seats
- Adds 4,700 SF of class lab space for the Data Mine learning community, which will bring their total dedicated space to 7,796 SF

Budget

• \$149M, Non-Fee Replaced Debt – Auxiliary Housing/Dining:

Schedule

- Programming started March 2023
- BOT approval for CMc project Aug. 4, 2023
- Construction start March 2024
- Construction complete June 1, 2026
- Occupancy Aug. 1, 2026

Site Advantages

- Build ready site
- Does not require removing beds for construction access
- Allows for first year and move up options at Hillenbrand complex

Status

The project was approved at the August BOT meeting

OTR: Gilbane Building Company AE MSKTD and Associates











DANIELS SCHOOL OF BUSINESS

Scope

• Construct a new, approximately 164,000 gross square foot building for the Mitchell E. Daniels, Jr. School of Business (DSB), including new flexible space in support of academic instruction and conferences, near the intersection of Mitch Daniels Boulevard and Sheetz Street

Budget

• \$168M, Gift Funds

Schedule

- BOT approval **December 8, 2023**
- Construction start September 2024
- Construction complete April 2027
- Occupancy Aug. 2027

Status

• Design Development

CMC: Pepper/ Davis AE Gensler and BSA Life Structures



PURDUE RESEARCH FOUNDATION



A private nonprofit established in 1930, Purdue Research Foundation has celebrated INNOVATORS, ENTREPRENEURS AND RESEARCHERS

who use their time and talents to change the world.



The PRF mission is the mission of the University... To improve the world through Purdue's technologies and graduates."

BRIAN EDELMAN

President of Purdue Research Foundation



AMBER CHELLIS-OMEDO

SENIOR DIRECTOR

Purdue Campus Planning, Architecture and Sustainability (CPAS) and University Architect

- She has Bachelors and Masters degrees from the Savannah College of Art and Design
- She is certified by the National Council of Architectural Registration Boards and is a Legacy Accredited Professional
- She is responsible for development, implementation, and delivery of services and projects including campus planning efforts
- She is accountable for the development and coordination of programs that directly impact Purdue's public image and rankings amongst our peers
- The CPAS helped Purdue University obtain the Green Ribbon School award for 2023 and AASHE Star Silver certification







CAMPUS AREA IMPROVEMENTS AND FUTURE PLANS FOR NEW FACILITIES

Paul Bercot

SENIOR PROJECT MANAGER, PURDUE RESEARCH FOUNDATION

Amber Chellis-Omedo

SENIOR DIRECTOR, PURDUE CAMPUS PLANNING, ARCHITECTURE AND SUSTAINABILITY AND UNIVERSITY ARCHITECT



Discovery Park District

The university that took us to the moon has a business district for

YOUR NEXT

GIANT LEAP.

Here, innovative corporations and high-growth businesses can access a pipeline of world-class talent, advanced R&D facilities, and a businessminded university to solve their most pressing challenges.





Purdue Research Park

EXPANDABLE AND CUSTOM SITES OPTIONS

- Phase 3 offers 167 continuous acres zoned heavy industrial
- Additional 148 acres available in Phase 4
- Multiple site tract options allowing for custom layout and expansion opportunities.

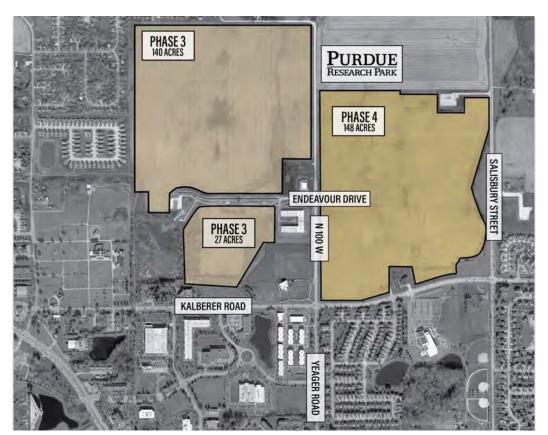
SITE READINESS

• Utility and road infrastructure in place allowing for quick and reliable construction timeline.

SITE LOCATION

- Nearby access to Interstate 65
- Skilled and available workforce
- Opportunity Zone

- New Market Tax Credit
- Proximity to Purdue University creating unlimited access to worldclass research partnerships and graduate talent pipeline





DISCOVERY PARK DISTRICT







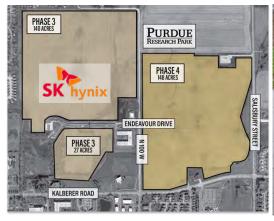
PURDUE RESEARCH PARK

State and Purdue University welcome SK hynix to Indiana

- Investing close to \$4 billion to build an advanced packaging fabrication and **R&D** facility
- Most significant single economic development investment in the state's history
- Joins Bayer, imec, MediaTek, Rolls-Royce, Saab, and many more national and international companies

What's next

- Expected to begin mass production in the second half of 2028
- Create more than 1,000 direct and indirect jobs
- Improved infrastructure for the community, like new roads, improved transportation and utility upgrades





JAMES L. MOHLER

ASSOCIATE VICE PRESIDENT FOR INTEGRITY, COMPLIANCE AND CARE

Professor of Computer Graphics Technology

- Dr. Mohler provides executive leadership and coordination amongst the various research compliance areas at Purdue
- Dr. Mohler is a University Faculty Scholar, a member of the Purdue University Teaching Academy and a past faculty fellow for the Discovery Learning Center.
- He was a member of Purdue's ADVANCE team and has served as a Diversity Catalyst
- He has authored or contributed to over 21 texts related to computer graphics and media development and also over 71 articles for refereed, reviewed or trade publications
- He has been the recipient of 1.5 million dollars in grants







ARTIFICIAL INTELLIGENCE AND ITS POTENTIAL IMPACT FOR SENIORS

Jamie Mohler

Associate Vice President for Integrity, Compliance and Care **Professor of Computer Graphics Technology**



OVERVIEW

- What is AI and How Does it Work?
- Potential Impact of AI on Seniors
- Quality of Life & Independence
- Challenges & Concerns
- Questions and Answers



WHAT IS ARTIFICIAL INTELLIGENCE?

ARTIFICIAL INTELLIGENCE (AI)

- Broader field that create systems to mimic human intelligence
- Problem solving, natural language, patterns decisions

MACHINE LEARNING (ML)

- Subset of AI focused on the algorithms and models behind AI
- Linear regression, decision trees, neural networks

DEEP LEARNING (DL)

- Subset of ML focused on neural networks with multiple layers ("deep")
- Enables processing and learning from large volumes of data



HOW DOES AI LEARN AND MAKE DECISIONS?

ANALYZE DATA FOR PATTERNS AND RELATIONSHIPS AND IMPROVES THE ANALYSIS BY OPTIMIZING ITSELF

(e.g., image creation or text generation)

- 1. Data Collection
- 2. Data Preprocessing
- 3. Feature Extraction
- 4. Algorithm Selection

- 5. Training
- 6. Evaluation
- 7. Decision Making
- 8. Feedback Loop

EXAMPLES IN EVERYDAY LIFE

VIRTUAL ASSISTANTS

(Alexa, Siri, Google)

ONLINE SHOPPING

(Amazon, eBay, Netflix)

SOCIAL MEDIA ALGORITHMS

(FB, Instagram, TikTok)

LANGUAGE TRANSLATION

(Google Translate, Microsoft Translator)

SPAM FILTERING

(Gmail, Outlook)

HEALTHCARE DIAGNOSIS

(X-rays, MRI)

AUTONOMOUS VEHICLES

(Tesla, Uber)

SMART HOME DEVICES

(thermostats, cameras, doorbells)

VOICE AND IMAGE RECOGNITION

(speech to text)

FRAUD DETECTION

(Banks, credit bureaus)



POTENTIAL IMPACT ON SENIORS

• Quality of Life & Independence • Challenges & Concerns



QUALITY OF LIFE & INDEPENDENCE

Health Monitoring and Management

• (wearables, home monitoring)

Assistive Technologies

• (smart home, IoT, voice-activated)

Personalized Healthcare

• (health data, medical history, lifestyle)

Social Engagement/Companion

(social robots and companions)

Recipe Generators

• (dietary preference and need)

Personalized Memory Aids

• (schedules, routines)

Learning and Skill Development

• (learning apps, lifelong learning)

Telehealth/Remote Care

• (platforms and services)

Safety and Fall Prevention

• (monitoring, sensors, cameras)

Virtual Travel Guides

• (For mobile and immobile)



CHALLENGES & CONCERNS

- Privacy and Data Security
- Algorithmic Bias and Fairness
- Autonomy and Control
- Transparency and Accountability
- Job Displacement and Economic Impact
- Healthcare Ethics
- Digital Divide and Accessibility



DEMONSTRATION

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