Meningococcal disease is a rare, but very serious illness caused by a type of bacteria called Neisseria meningitis. Even if treated quickly, it can cause long-term problems or be deadly. Getting vaccinated is the best way to prevent meningococcal disease.

**What is Men B?**

When someone has meningococcal meningitis, the tissue covering the brain and spinal cord becoming infected and swells. Symptoms of meningococcal meningitis include sudden onset of fever, headache, and stiff neck. There can be additional symptoms, such as:

- Nausea
- Vomiting
- Confusion

**Who Is At Risk?**

- People ages 16 to 23, and people living in crowded settings such as college dorms
- Geographically diverse populations
- Social situations where there is crowding
- Social Smoking
- Sharing utensils or drinks, kissing

From 2013 to 2016, five college campuses experienced outbreaks of Meningitis B.

**What Happens if I Get Men B**

Meningococcal disease has two common outcomes: meningitis and bloodstream infection. These infections typically appear within 3 to 7 days after being exposed to the bacteria. Both of these conditions are very serious and can be deadly. In fatal cases, deaths can occur in as little as a few hours. People who recover from meningococcal disease can have lifelong complications, such as loss of limb(s), deafness, nervous system problems, or brain damage.

**How Can I Protect Myself?**

The only way to protect yourself against Meningococcal disease is by getting vaccinated. Purdue University Student Health Center offers both Trumenba - 2 doses at $180.45 per dose, and Bexsero - 2 doses at $141.00 per dose.

Schedule today online through the patient portal, or by calling 765-494-1700. We will bill your insurance.

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