# **Dentistry** (DDS or DMD)

- Dentists maintain oral health and by doing so help maintain their patients' overall health.
- In their practices, dentists
  - Help patients maintain oral health.
  - o Use diagnostic ability and manual skills.
  - o Treat and work with people from all age groups requiring good communication skills.
  - o Examine the head, neck, and oral cavity.
  - o Diagnose conditions using advanced technologies including radiography and computer generated imaging.
  - o Restore and replace teeth damaged from decay, trauma or disease.
  - Help patients to improve chewing, speech, digestion of food, sleep patterns and appearance.
- Specialties are available within dentistry with further training following dental school including:
  - o Endodontics (nerves), Oral Surgery, Orthodontics, Prosthodontics (appliances), Public Health and others.

## **Education & Licensure**

- Complete a bachelor's degree in any major along with prerequisite courses.
- Attend a 4 year professional dental school program following the undergraduate degree.
- Obtain a DDS (Doctor of Dental Surgery) or a DMD (Doctor of Medical Dentistry) degree. These are equivalent.
- Upon completion of dental school, pass a licensing examination.

# **Preparation**

- Observe a general dentist to make sure this is the right field for you, and you truly understand what it means to be a dentist. Plan on at least 100 hours of observation time, but more hours are required at some schools.
- Adopting a hobby or skill that develops and illustrates manual dexterity is recommended.
- Take the Dental Aptitude Test (DAT) to apply to dental school. The DAT is a standardized online exam taken about 15 months before beginning dental school (generally in the spring/summer following the junior year of college).
- Dental programs may differ slightly in their requirements. Many schools recommend courses such as art, business
  management, accounting, statistics, interpersonal communications, Spanish, cell biology, genetics, histology, microbiology, and
  molecular biology.
- Many schools require all prerequisite courses have at least a grade of C.

Common Prerequisite Courses (required courses determined by each dental school but similar to this list)

Subject	Course	Purdue Equivalents (specific courses may vary by major)
Biology-Need 20 credit hours for IU including	General Biology	BIOL 11000-11100 or BIOL 13100 & BIOL 23100 & 23200 (lab) or BIOL 23000 & upper level biology course plus lab
	Anatomy & Physiology (A&P)	BIOL 20300-20400 (BIOL 30100-30200)
general, A&P, & micro	Microbiology	BIOL 22100 or BIOL 43800
Chemistry- Need 12 credit hours for IU	Inorganic with lab	CHM 11500-11600 or CHM 12500-12600 or CHM 12300-12400 or CHM 12901 (CHM 11500 credit exam recommended along with CHM 12901 some students will earn 115 credit through course sequence—12901/25500 & 25600/33900) or CHM 13600
	Organic with lab	CHM 25500-25600 or CHM 26100-26200 or CHM 26505-26605 or MCMP 20400-20500
	Biochemistry	BCHM 30700 or BCHM 56100 or CHM 33900 or CHM 43300 or MCMP 20800 (CHM 33300, CHM 53300)
Physics- 8 hrs for IU	General	PHYS 22000-22100 or 23300-23400 or PHYS 17200 & 27200 or PHYS 17200 & 24100 (plus additional 1 hour lab such as PHYS 25200) or ENGR 16100-16200*
Social Science- 3 hrs for IU	Psychology, Anthropology, Sociology, Communications	PSY 12000, ANTH 10000, SOC 10000, COM 11400
Humanities- 3 hrs for IU	English Composition	ENGL 10600 or 10800 or SCLA 10100* (some schools require 2 semesters of English)
Other	Art	A course in jewelry making, sculpture, or ceramics is recommended <b>or</b> develop hobby
Pre-Med Planning Seminar (optional)		BIOL 39600-0 credit 10 week class covering how to apply to dental school and other health professions programs
*Ask individual	dental schools if they v	will accept these courses toward requirements. <del>Courses</del> no longer offered.

## Student Organization: Pre-Dental Club

# **Program Information**

Requirements for dental programs and additional information about schools and admissions statistics can be found in the
in the online <u>ADEA Dental School Explorer</u> database. A one-year subscription is \$25.
https://access.adea.org/adeassa/ecssashop.show\_product\_detail?p\_product\_serno=340&p\_mode=detail

## **Applying**

- The initial application to most dental programs is through an online common application called the <u>American Association</u> of <u>Dental Schools Application Service</u> (AADSAS) https://aadsas.liaisoncas.com/applicant-ux/#/login.
- Some of the individual dental programs ask for supplementary information beyond what is included in your online
  application and then invite select students to interview.
- Students from Texas apply to Texas Dental schools through TMDSAS https://www.tmdsas.com/
- Competitive applicants will have:
  - o Strong academic performance including a GPA of 3.5 or higher
  - o High scores on the DAT generally 19 or better in each section
  - Leadership, teamwork, and communication skills
  - Undergraduate research experience
  - Volunteer and shadowing/observation experiences
  - o Evidence of manual dexterity
  - Strong positive letters of recommendation (mostly from faculty and dentists)
- Early application is essential. The applications (AADSAS and TMDSAS) open in May and should be submitted in June or early July.
- Many factors will influence where you choose to apply. You do need to include the public school(s) where you are an in-state resident as this is often your best chance of admission.

#### Fee Assistance

- AADSAS Fee Assistance Program
   https://help.liaisonedu.com/ADEA\_AADSAS\_Applicant\_Help\_Center/Starting\_Your\_ADEA\_AADSAS\_Application/Getting\_Started\_with\_Your\_ADEA\_AADSAS\_Application/03\_Application\_Fees\_and\_Fee\_Assistance\_Program
- <u>Partial Fee Waiver for the DAT https://www.ada.org/en/education-careers/dental-admission-test/dat-fee-waiver-information.</u>

### **Employment Outlook**

- According to the <u>Bureau of Labor Statistics</u>, the job outlook for dentists is excellent with an expected 6% growth through 2031. The median salary in 2021 was \$163,220. https://www.bls.gov/ooh/healthcare/dentists.htm
- Many dentists have their own practice or work as part of a small practice which often offers greater flexibility in their work schedules. Entrepreneurial and business skills are valuable.
- Full time dentists spend approximately 36 hours per week in their practices.

## **Diversity Matters**

The dental profession needs professionals who look just like you, and who share your life experiences. Race or ethnicity, LGBTQ+ identity, disability, age, geographic region, socioeconomic status, social and cultural identity, and nationality all add to a richer experience for all students in the dental school classroom, contribute to the dental profession, and ultimately lead to better outcomes for patients.

## **Programs in the Region**

- Indiana University Indianapolis, IN https://dentistry.iu.edu/academics/degrees-programs/doctor-dental-surgery/index.html
- <u>University of Louisville</u> Louisville, KY https://louisvilledentistry.university-tour.com/dmd/dmd-degree
- Midwestern University Downers Grove, IL https://www.midwestern.edu/programs\_and\_admission/il\_dental\_medicine.html

#### More Information

- American Dental Education Association (includes AADSAS) https://www.adea.org/
- American Dental Association (includes DAT) https://www.ada.org/en

## Other Careers to Consider

Dental Hygiene · Physician · Optometry · Orthotics & Prosthetics