The Dynamic Student Development Metatheodel (DSDM): A Framework for Improving College Student Growth, Learning, and Development
Mark Frederick, Ph.D., Faculty, Department of Educational Leadership, Bayh College of Education, Indiana State University
Pietro Sasso, Ph.D., Assistant Professor and Graduate Program Director, Department of Educational Leadership, Southern Illinois University Edwardsville

The DSDM is a broad framework that focuses on students’ affective responses to the collegiate experience. This session will present the DSDM’s underlying constructs and theoretical base and provide empirical evidence of its effectiveness in improving collegiate performance over students’ academic lifespan.

Supplemental Advisors Panel
Nicole McKinney, Director of the Brees Academic Performance Center
Rebecca Krylow, Lead Honors Advisor
Jess Ramsey, Assistant Director of Purdue Promise
Alyssa Dahmer, Assistant Director of Purdue Promise
Facilitator: Brittany Allensworth, College Success Advisor, MAAPS

This panel will focus on the vital role and partnership that Supplemental Advisors, bring to the advising community at Purdue. Joining us will be advisors/success coaches from Athletics, the Honors College, Purdue Promise, and Summer Start – who were selected because of the regular contact and meetings these areas have with students. They will discuss their work, what unique issues these students face, and how strong partnerships can be built between advising groups as Purdue grows and efforts like BoilerConnect bring us all together on one platform.

The Pipeline
Dr. Kris Wong Davis, Vice Provost for Enrollment

Using WICHE data, a look at the future of high school graduates across the U.S. through 2031. An additional dive into the disparities in preparation for Indiana students and how these trends could impact the future of the pipeline of students.

Mindfulness
Dr. Sandra Sydnor, Associate Professor in the School of Hospitality & Tourism Management

Mindfulness is the basic human ability to be fully present, aware of where we are and what we’re doing, and not overly reactive or overwhelmed by what is going on around us. Join us for a session focused on helping you learn how to incorporate mindfulness into your personal and professional life with practical application and tips.

Challenging Conversations & Communicating Across Difference
Skye Ashton Kantola, Program Coordinator, Multicultural Efforts to end Sexual Assault (MESA)

This interactive workshop will engage participants in discussion and practice for communicating with people in marginalized communities, supporting under-represented colleagues, building skills in intervening in harmful language, and learning the art of apologizing when mistakes happen.
**Women in Leadership Panel**

*Nancy Kester – Senior Academic Advisor, College of Health & Human Sciences*

*Dr. Karen Plaut – Dean, College of Agriculture*

*Dr. Jenna Rickus – Associate Vice Provost of Teaching and Learning*

*Renee Thomas – Director of the Black Cultural Center & Provost Fellow*

*Annette Watters – Diversity Outreach Coordinator*

*Facilitator: Sandy Monroe, Executive Director of Undergraduate Advising*

Come join a diverse and local group of Purdue University women to discuss their careers and what makes them a leader on our campus. Whether it be talking about mentoring, challenges they've faced and overcome or giving advice to new professionals on campus each panelist has a wealth of knowledge and experience to share.

**Gains and Losses in College Student Development**

*Heather Servaty-Seib, Ph.D., HSPP, Professor of Counseling Psychology, College of Education, Associate Dean of Student Life, Honors College*

College students can and do experience many stressors (e.g., academic setbacks, romantic breakups) while working to reach their academic goals. Offering the gain/loss framework to students can assist them in making sense of and growing in connection with these stressors. This session will provide an overview of common stressors, details about the gain/loss framework, and strategies for helping students to begin the process of integrating stressful life experiences into their life story.

**Operationalizing the DSDM: Developing an Action Plan for Individual Student Success**

*Mark Frederick, Ph.D., Faculty, Department of Educational Leadership, Bayh College of Education, Indiana State University*

*Pietro Sasso, Ph.D., Assistant Professor and Graduate Program Director, Department of Educational Leadership, Southern Illinois University Edwardsville*

The Dynamic Student Development Metatheodel (DSDM) is a construct rich framework that can inform educators as to a more effective means by which college student performance can be bolstered. This session will operationalize the DSDM's broad constructs into functional approaches that can be tailored to meet individual student needs rather than traditional approaches of simple "best practices" and "one size fits all."

**Students’ App Usage**

*ITaP Student Software Trainers*

With so many apps on the market today, especially for students, it can be dizzying trying to keep up with what students are using. Learn from our survey results what specific apps Purdue students are using and whether or not these are bettering student academic experiences on campus.
Multipurpose Room, 111A/B, 117 and 141

Risky Business: Student Behaviors & Legal Issues
Leslie Charters, J.D., Director of Student Legal Services

This presentation will focus on criminal legal issues that students face and will also address landlord/tenant law.

Diversity of Majorities Panel
Jessica Hing, HHS Academic Advisor
Linnette White, IU School of Medicine Lead Advisor
Christopher Munt, School of Interdisciplinary Studies Graduate Teaching Assistant
Amruta Inamdar, CCO Career Consultant
Facilitator: Dr. Carolyn Johnson, Director of the Diversity Resource Office & Provost Fellow

Diversity. Equity. Inclusion. We hear these words on campus all the time come join us for this panel discussion facilitated by Dr. Carolyn Johnson, Director of the Diversity Resource Office and Provost Fellow, which will talk about diversity, in general, but also valuing diversity and inclusion at Purdue University. Explore the concepts of power and privilege, respect and creating successful inclusive environments.

Awareness Briefing: Hidden Biases of Good People, part 1
Alvin Lee, HR Consultant and Sharon Williams, Employee Relations Manager – Purdue University Human Resources

Hidden Biases of Good People is a highly interactive workshop that has been facilitated with faculty, staff and students over the past two years. Success has been achieved in creating a safe space to discuss challenging topics like; microaggressions, bias and their unintended consequences. The goal of the workshop is to create a learning opportunity to discuss bias in a non-judgmental manner. The methodology includes video, small group discussion and exercises. The workshop has been successful in helping make participants aware that we all have some level of bias in our day to day interactions.

Yoga
Purdue University Recreation and Wellness, Group Fitness and Instruction

Breathe through movement! This yoga class involves movement synchronized to the breath. Participants will be guided with all levels to flow through yoga poses that run together. All levels are welcome to relax the mind, body and soul.

Please be prepared with appropriate clothing if you plan to participate in this workout session.

Block 4 | 3:00 p.m. – 3:50 p.m.
Mental Health Panel
Dr. Elizabeth Akey, Director of Purdue Psychology Treatment and Research Clinics
Steven Yeagley, Associate Dean of Students
Jennifer Flora, Chief Executive Officer, Mental Health of America – Wabash Valley Region, Inc.
Purdue University Counseling and Psychological Services

This panel will focus on the mental health of students in the Purdue community. Joining us will be campus and community partners from the Office of the Dean of Students, CAPS, Purdue Psychology Treatment and Research Clinics, and Mental Health of America as we discuss how to better support our students facing a variety of mental health issues. They will share some of the challenges they face, how advisors can partner with them, and different levels of services they offer.

Generation Z/iGen
Dr. Beth McCuskey, Vice Provost for Student Life

Whether you call them Generation Z, iGen, iGeneration, The Homeland Generation, Centennials, Post-Millenials, The Founders, Delta Generation or The Pluralist Generation – they are on our college campuses now. Join us to learn more about what has been identified as Gen Z’s unique characteristics, how they differ from previous generations and how they will change the college campus, workplace and world.

Awareness Briefing: Hidden Biases of Good People, part 2
Alvin Lee, HR Consultant and Sharon Williams, Employee Relations Manager – Purdue University Human Resources

Must attend part 1 during block 3 to attend part 2.

Tai Chi
Purdue University Recreation and Wellness, Group Fitness and Instruction

Originally developed in ancient China for self-defense, Tai chi is sometimes described as meditation in motion because it promotes serenity through gentle movements — connecting the mind and body. In this class, you will perform a series of postures or movements in a slow, graceful manner that when combined together form a short “dance.” This class will include specific exercises from within the Dao Yin Yang Sheng Gong system. The slow circular movements, blended with deep breathing, help to decrease stress, increase range of motion, improve flexibility and balance and cultivate a sense of wellbeing.

Please be prepared with appropriate clothing if you plan to participate in this workout session.