ADAPTING CRITICAL REFLECTIVE PRACTICES IN ADVISING

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“I Am” Concept Map
Reflection and Self-Awareness
My Practice

◦ Clear my mind before appointments
◦ Reflect on appointments at the end of the day
◦ Examine others’ perspectives and experiences
◦ Note ideas/approaches to revisit or explore
My Experience

- Better focus in each appointment
- Adapt to students’ needs
- More aware of ways my identity and experiences can impact interactions
- Regularly consider others’ perspectives
- Continual development of advising practice
Lenses of Critical Reflection

◦ Students’ Eyes
◦ Colleagues’ Perceptions
◦ Personal Experiences
◦ Theory, Strengths, & Competencies
Scenario Activity & Jigsaw

- Small group examines the same scenario from a lens:
  - Students’ Eyes
  - Colleagues’ Perceptions
  - Personal Experiences
  - Theories, Strengths, & Competencies
- Then share insights with a new group
2nd Year Student:

“I have a lot going on this semester. In addition to serving as the treasurer for my sorority and my TA job, I decided to take on a second major. I thought that the second major would make me more marketable. To stay on track with my original graduation date, I need to take 18 hours each semester. It’s only 1 more class. Unfortunately, I’m finding it more difficult to keep up with assignments and projects than I thought. In 1 class, I just can’t seem to catch up. Maybe I’m just not as smart as I thought I was.”
Perspectives on Critical Reflection

- Who found it easy or challenging to analyze the scenario using the critical lenses?

- Were there any differences between your perspectives, developed through these lenses?

- How might critical reflection impact your practice?
Sources