ADVISOR GUIDE FOR MYCAREERPLAN

General Questions for Beginning the Conversation:
1) Which activity did you complete?
2) Why did you choose this particular activity?
3) Discuss the reflection information.

Options 1 & 2 (Interview An Expert & Career Investigation)
Specific Questions:
1) What did you learn from your career exploration?
2) What prompted your major/career choice?
3) Describe any negative aspects of the career choice that you identified in the exploration.
4) Imagine your ideal job and describe it.
5) What obstacles would prevent you from achieving your ideal job/career?
6) What majors/careers have you ruled out and why?

Option 3 (Career Time Travel)
Specific Questions:
1) Did you discover anything new about yourself?
2) What prompted your major/career choice?
3) Describe any negative aspects of the career choice that you identified in the exploration.
4) Imagine your ideal job and describe it.
5) What obstacles would prevent you from achieving your ideal job/career?
6) What majors/careers have you ruled out and why?

Did Not Complete an Activity
Specific Questions:
1) Describe any previous career exploration you have completed about your major/career choice.
2) What prompted your major/career choice?
3) Describe any negative aspects of the career choice that you identified in the exploration.
4) Imagine your ideal job and describe it.
5) What obstacles would prevent you from achieving your ideal job/career?
6) What majors/careers have you ruled out and why?

Other Potential Areas of Discussion:
1) Try formatting alternative questions/statements with the use of both cognitive and affective phrases (e.g. tell me what you thought or how you felt about ________). This gives the student a choice of how they want to describe themselves.
2) Is the student's major/career choice based on collectivism or individualism? This helps define cultural choice/identification.
3) Is the student's major/career choice meaningful to them?
4) Is the student settling for a major/career different from his or her ideal job/career?
5) Did the student choose the major/career for a realm of possibilities or for a particular occupation?
6) Does the student have realistic career goals?
7) Was the student's major/career choice influenced positively or negatively through relationships (e.g. family, friends, etc.; cognitive guidance/emotional support or lack of)?
8) Were the obstacles described as personal (college adjustment, depression, time management, academic progress, etc.)? Are referrals to other resources necessary?
9) Does the student possess coping strategies to convert problem-focused views into solution-focused outcomes?
Additional Resources:

- Disability Resource Center (http://www.purdue.edu/odos/drc/)
- Center for PreProfessional Advising (http://www.podos/preprofessional/)
- SPAN Plan-Adult Student Services (http://www.purdue.edu/odos/spanplan/)
- CAPS-Counseling and Psychological Services (http://www.purdue.edu/caps/)
- Veterans Success Center (http://www.purdue.edu/studentsuccess/specialized/veterans/index.html)
- Academic Success Center (http://www.purdue.edu/studentsuccess/academic/)
- PUSH-Purdue University Student Health Center (http://www.purdue.edu/push/)
- Purdue Online Writing Lab (https://owlenglish.purdue.edu/)
- Office of Professional Practice (https://engineering.purdue.edu/ProPractice)
- International Students and Scholars (http://www.iss.purdue.edu/)
- Physics Help Room (http://www.physics.purdue.edu/academic_programs/undergraduate/)
- Biology Resource Center (https://www.bio.purdue.edu/Academic/undergrad/brc.html)
- Chemistry Resource Room (https://www.chem.purdue.edu/rroom/)
- Math Homework Room (http://www.math.purdue.edu/academic/courses/helproom/)
- Lafayette Crisis Center (http://www.lafayetecrisiscenter.org/)

Career Resources:

- Center for Career Opportunities (www.cco.purdue.edu)
- O*NET (http://www.onetonline.org/)
- My Next Move (http://www.mynextmove.org/)
- Occupational Outlook Handbook (http://www.bls.gov/ooh/)
- Career Wiki (http://wiki.lib.purdue.edu/display/Career/Purdue+University+Career+Wiki)