# **In-Network Behavioral Health Referrals**

Purdue University strives to provide high-quality, affordable healthcare resources, including behavioral health / mental health resources, to our employees. In an effort to help employees find the best care at the most cost-effective prices based on Purdue's medical plans, Human Resources is providing the resources below to assist you and your family with behavioral health needs you may have.

These providers are either tier 1 (HealthSync providers) or tier 2 (in-network providers).

#### **West Lafayette**

SupportLinc Employee Assistance Program (EAP)

Available 24/7 via multiple access points. You can choose how to get the assistance you need:

- In-the-moment support Reach a licensed clinician by phone 24/7/365 at 888-881-5462.
- Web portal A one-stop shop for accessing resources, referrals, expert consultations and much more, including an orientation video, savings center, mindfulness toolkit, resilience toolkit, wellbeing place and more. Log in to the SupportLinc website at <a href="https://www.supportlinc.com/">https://www.supportlinc.com/</a> with username purdue.
- Mobile app -<u>The SupportLinc eConnect</u>® mobile app allows you to talk or chat directly with a SupportLinc counselor or schedule a time for SupportLinc to call you.
- Text therapy Exchange text messages, voicenotes and resources Monday Friday with a licensed counselor for up to six weeks, through the <a href="Textcoach">Textcoach</a>® mobile and desktop app.
- Animo <u>Animo</u> is SupportLinc's personalized digital resource that strengthens mental health and overall well-being through a
  dynamic series of self-directed modules.
- Navigator Take the guesswork out of emotional fitness. Click the Navigator icon on the web portal or mobile app, complete a short survey and receive personalized guidance for accessing program support and resources

#### Sycamore Springs

833 Park E. Blvd Lafayette, IN 47905 765) 743-4400

## **Fort Wayne**

Purdue Fort Wayne Employee Assistance Program (EAP) Via the Bowen Center Available 24/7 at 800-342-5653

#### **Park Center**

909 E. State Blvd. Fort Wayne, IN 46805 (260)481-2700

#### **Northwest - Hammond and Westville**

<u>Purdue Northwest Employee Assistance Program (EAP)</u>

Via New Avenues

Call New Avenues at 800-731-6501, option #2

Available Monday - Thursday 8 a.m.-4:30 p.m. and Friday 8 a.m.-4 p.m.

For emergencies, a New Avenues care manager is on call 24/7 at 800-731-6501.

#### **Bowen Center (Warsaw)**

850 N. Harrison St. Warsaw, IN 46580 (800)342-5653

## **Bowen Center (Plymouth)**

990 Illinois St.

Plymouth, IN 46563

## **Clarity Clinic**

9250 Columbia Ave, Suite E2 Munster, IN 46321

# **Duneland Counseling Center**

215 West Indiana Avenue Chesterton, IN 46304

## Michael Frampton, M.D. & Associates

9120 Connecticut Drive, Suite A Merrillville, IN 46410

## **Samaritan Counseling Center**

340 Commerce Square Michigan City, IN 46360

## **Samaritan Counseling Center**

1104 Monroe La Porte, IN 46350

# **Samaritan Counseling Center**

1005 Campbell Street Valparaiso, IN 46385