



YOUR BENEFITS. YOUR CHOICES. YOUR WELL-BEING.

Why Healthy Boiler?

The Healthy Boiler Wellness Program was introduced in January 2018 in response to significantly increasing healthcare costs and trends as a way to provide benefits-eligible employees and spouses covered on a Purdue health plan an opportunity to improve their health and wellness and earn financial incentives at the same time. Healthy Boiler encourages employees and their dependents to be aware of their health risks and become more active in maintaining/improving their overall health. This initiative directly aligns employees to focus on prevention, awareness and healthier choices; hopefully resulting in lower healthcare costs (or at least lower increases) in the future.

It's time to put health and wellness in the forefront for employees and dependents.

Earn incentives

By completing all three objectives listed below, eligible employees and spouses will receive the respective funds into their Health Savings Account (HSA) or into a Health Reimbursement Account (HRA).

Must complete step 1 to be paid for step 2. Must complete steps 1 and 2 to be eligible to receive payment for step 3.	Employee or Spouse Only	Employee + Spouse
1. Identify Primary Care Provider	\$50	\$100
2. Complete annual physical & biometrics	\$100	\$200
3. Participate in a minimum of two pre-approved wellness activities	\$100	\$200

Incentive payments will be made on a quarterly basis (April, July and October) through the employee's HSA or HRA account. For those employees who have active health savings accounts (HSA), payments for both the employee and spouse will be deposited directly to the employee's HSA. Employees without an HSA will receive payments to a health reimbursement account (HRA).

Healthy Boiler Wellness Program Portal

Through the Healthy Boiler Wellness Program portal, employees will log their activities and other information related to the 2018 wellness incentive as well as be able to access supporting health and wellness resources.

The portal is accessible at www.healthyboiler.com. Employees and covered spouses will need to register to access the site. Please note: employees must register and login first in order to allow spousal access to the site. Benefit-eligible employees who are spouse opt-outs are considered spouses and should register under their spouse.

To register from the link above:

- Click the REGISTER button (in gold)
- When prompted, provide employee first name (as it appears on pay stub)
- Provide last name (as it appears on pay stub)
- Enter Employee ID number including two leading zeros, for a total of 10 digits
- Continue with the steps as prompted to finish registration
- Please DISREGARD the referral code box, unless you have received an email invitation, with a referral code, from a spouse or a friend.

The “Earn” tab in the top navigation details how to log activities to earn incentive credit.

More information

To stay up-to-date on all things Healthy Boiler, visit the Healthy Boiler Portal at www.healthyboiler.com, follow the Healthy Boiler Purdue blog at <https://healthyboilerpurdue.com> and follow Healthy Boiler on social media:



www.facebook.com/HealthyBoilerPurdue



<https://twitter.com/HealthyBoilerPU>



www.linkedin.com/company/healthy-boiler



www.instagram.com/healthyboilerpurdue

Questions

Any questions on the wellness incentive program can be directed to Human Resources at 765-494-2222 or healthyboiler@purdue.edu.