Because social wellness is important, the Healthy Boiler Program promotes opportunities that bring people together. This happens in a variety of ways—through wellness programs, at our on-campus workout facilities, or in one of our cultural, leadership or faculty centers. Wherever it takes place, the goal is the same: contributing to individual and collective well-being through social togetherness.

**SHARING HEALTHY LIFESTYLE GOALS**

A great way to bond with others and make connections is by sharing health and wellness goals. At Purdue, we encourage employees to come together to support one another.

**WELLNESS COMPETITIONS/CHALLENGES**

+ Department, team and individual competitions foster an environment focused on well-being and encouragement.
+ Track your progress in the Healthy Boiler Wellness Portal.

**BOILERMAKER HALF-MARATHON & 5K**

+ Human Resources offers discounted registration fees for both the 5K and the half-marathon.
+ Additionally, the Healthy Boiler Program is an event sponsor to encourage participation and remind employees that the Boilermaker half-marathon and 5K support multiple pillars of the program – physical health, behavioral health and social wellness.

**COMMUNITY RACES**

+ Runners and walkers at all levels are encouraged to participate.
+ Training resources available, including discounted registration fees and health coaches at the Center for Healthy Living.

**ON-CAMPUS WORKOUT FACILITIES**

+ Onsite facilities makes it convenient to integrate exercise into your daily life.
  + Cordova Recreational Sports Center - CoRec
  + A.H. Ismail Center for Preventive and Lifestyle Medicine
+ Membership options for employees, retirees and their families.

**LIVE YOUR BEST LIFE**

The Healthy Boiler Program offers a full spectrum of benefits and resources aimed at improving your health and wellness.

And because we believe overall wellness is multi-faceted, the program focuses on your behavioral health, financial wellness, physical health, social wellness and work-life integration to help you be the best you can be.

**FOLLOW ALONG**

- [healthyboilerpurdue](https://www.facebook.com/healthyboilerpurdue)
- [healthyboilerpu](https://www.twitter.com/healthyboilerpu)
- [healthyboilerpurdue](https://www.instagram.com/healthyboilerpurdue)
- [company/healthy-boiler](https://www.linkedin.com/company/healthy-boiler)
**HEALTHY BOILER**

**WINTER RECESS**

- Three-day break for faculty and staff between semesters allows additional time with family and friends.
- Eligible to all at West Lafayette, Fort Wayne and Northwest campuses.
- Provided in addition to University holidays already scheduled.

**GROWING TOGETHER IN LEADERSHIP**

As you strive to develop your professional skills, you can tap into our on-campus leadership centers for support and assistance.

**SUSAN BULKELEY BUTLER CENTER FOR LEADERSHIP EXCELLENCE**

[Link to website]

The center is dedicated to inclusive leadership and increasing an individual’s capacity for growth and professional development.

**CENTER FOR FACULTY SUCCESS**

[Link to website]

This campus center is focused on developing programming and implementing activities and events for faculty.

**FORMING BONDS THROUGH DIVERSITY AND INCLUSION**

Not only do we prohibit discrimination of any sort at Purdue, we actively try to promote diversity and enhance inclusion through a variety of cultural groups and centers.

<table>
<thead>
<tr>
<th>Center</th>
<th>Website</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Native American Educational and Cultural Center</td>
<td>purdue.edu/naecc/</td>
<td>Resources and support for all tribal nations</td>
</tr>
<tr>
<td>Asian-American and Asian Resource and Cultural Center</td>
<td>purdue.edu/aaarcc</td>
<td>Programs and events that seek to preserve, advance and connect the Asian community</td>
</tr>
<tr>
<td>Black Cultural Center</td>
<td>purdue.edu/bcc/</td>
<td>Programs and services that present the rich heritage of the African American experience</td>
</tr>
<tr>
<td>Latino Cultural Center</td>
<td>purdue.edu/lcc/</td>
<td>Programming that celebrates and enhances understanding of the Latino culture</td>
</tr>
<tr>
<td>Disability Resource Center</td>
<td>purdue.edu/drc</td>
<td>Focus on an inclusive campus that addresses individual and institutional barriers</td>
</tr>
<tr>
<td>Lesbian, Gay, Bisexual, Transgender and Queer Center</td>
<td>purdue.edu/lgbtq/</td>
<td>Advocacy for equitable access and a discrimination-free environment</td>
</tr>
</tbody>
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