



YOUR BENEFITS. YOUR CHOICES. YOUR WELL-BEING. GET STARTED TODAY AT [HEALTHYBOILER.COM](https://HEALTHYBOILER.COM)

## BECAUSE SOCIAL CONNECTIONS ARE IMPORTANT, THE HEALTHY BOILER PROGRAM PROMOTES OPPORTUNITIES THAT BRING PEOPLE TOGETHER.

This happens in a variety of ways—through wellness programs, at our on-campus workout facilities, or in one of our cultural, leadership or faculty centers. Wherever it takes place, the goal is the same: contributing to individual and collective well-being through social togetherness.



## SHARING HEALTHY LIFESTYLE GOALS

A great way to bond with others and make connections is by sharing health and wellness goals. At Purdue, we encourage employees to come together to support one another.



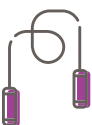
### WELLNESS COMPETITIONS/CHALLENGES

- + Department, team and individual competitions foster an environment focused on well-being and encouragement.
- + Track your progress in the Healthy Boiler Wellness Portal. Challenges may qualify for incentive points.



### 500 FESTIVAL EMPLOYEE WELLNESS CHALLENGE

- + Participate in annual mini-marathon. Runners and walkers at all levels are encouraged to participate.
- + Training resources available, including health coaches at Center for Healthy Living.



### ON-CAMPUS WORKOUT FACILITIES

- + On-site facilities makes it convenient to integrate exercise into your daily life.
- + Membership options for employees, retirees and their families.

## LIVE YOUR BEST LIFE

The **Healthy Boiler Program** offers a full spectrum of benefits and resources aimed at improving your health and wellness.

And because we believe overall wellness is multi-faceted, the program focuses on your **physical, behavioral, financial, social and work-life health** to help you be the best you can be.

### FOLLOW ALONG

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## GROWING TOGETHER IN LEADERSHIP

As you strive to develop your professional skills, you can tap into our on-campus leadership centers for support and assistance.

### SUSAN BULKELEY BUTLER CENTER FOR LEADERSHIP EXCELLENCE

| [purdue.edu/butler/](https://purdue.edu/butler/)

The center is dedicated to inclusive leadership and increasing an individual's capacity for growth and professional development.

### CENTER FOR FACULTY SUCCESS

| [purdue.edu/advance-purdue/](https://purdue.edu/advance-purdue/)

This campus center is focused on developing programming and implementing activities and events for faculty.



## FORMING BONDS THROUGH DIVERSITY AND INCLUSION

Not only do we prohibit discrimination of any sort at Purdue, we actively try to promote diversity and enhance inclusion through a variety of cultural groups and centers.

<b>Purdue Women Lead</b>	<a href="https://conf.purdue.edu/landing_pages/wli/">conf.purdue.edu/landing_pages/wli/</a>	Support to women in formal leadership positions
<b>Native American Educational and Cultural Center</b>	<a href="https://purdue.edu/naecc/">purdue.edu/naecc/</a>	Resources and support for all tribal nations
<b>Asian-American and Asian Resource and Cultural Center</b>	<a href="https://purdue.edu/aaarcc">purdue.edu/aaarcc</a>	Programs and events that seek to preserve, advance and connect the Asian community
<b>Black Cultural Center</b>	<a href="https://purdue.edu/bcc/">purdue.edu/bcc/</a>	Programs and services that present the rich heritage of the African American experience
<b>Latino Cultural Center</b>	<a href="https://purdue.edu/lcc/">purdue.edu/lcc/</a>	Programming that celebrates and enhances understanding of the Latino culture
<b>Disability Resource Center</b>	<a href="https://purdue.edu/drc">purdue.edu/drc</a>	Focus on an inclusive campus that addresses individual and institutional barriers
<b>Confucius Institute at Purdue</b>	<a href="https://purdue.edu/confucius">purdue.edu/confucius</a>	Chinese programming and initiatives
<b>Lesbian, Gay, Bisexual, Transgender and Queer Center</b>	<a href="https://purdue.edu/lgbtq/">purdue.edu/lgbtq/</a>	Advocacy for equitable access and a discrimination-free environment