



YOUR BENEFITS. YOUR CHOICES. YOUR WELL-BEING. GET STARTED TODAY AT [HEALTHYBOILER.COM](https://www.healthyboiler.com)

The Healthy Boiler program offers a full spectrum of benefits and resources aimed at improving your health and wellness. And because we believe overall wellness is multi-faceted, the program focuses on your physical, behavioral, financial, social and work-life health to help you be the best you can be.



PHYSICAL

Comprehensive and cost-controlled medical, dental and vision benefits—plus convenient, affordable resources to help you be proactive with your health



BEHAVIORAL

Resources and services to ensure your mental and emotional health



FINANCIAL

Education and guidance to secure your long-term financial well-being through retirement planning, financial coaching, life insurance and more



SOCIAL

Opportunities that bring people together—through wellness programs, at our on-campus workout facilities, or in one of our cultural, leadership or faculty centers



WORK-LIFE INTEGRATION

Family-friendly benefits supported by other resources to help working families balance the needs of both home and work

CENTER FOR HEALTHY LIVING

This on-site health center is available to all faculty and staff as well as dependents. The care, convenience and cost we offer are all designed with you in mind.

- Primary care and wellness
- Treatment for common illnesses
- Chronic disease management
- Dietician consultation: diabetes, hypertension, pregnancy/postpartum, gastric conditions
- Tobacco cessation program
- Health coaching: nutrition/healthy eating, stress management, social self-care
- Medication review and consultation
- Telephonic wellness program available to all employees



[purdue.edu/healthyliving](https://www.purdue.edu/healthyliving)

HB INCENTIVE PROGRAM

Healthy Boiler is back again for 2020! Taking care of your health is important and can lead to better quality of life.

Purdue University recently earned the **Five Star level of AchieveWELL**, a designation given by the Indiana Wellness Council, for making employee well-being a priority by growing its wellness initiatives. For 2020, Purdue will offer incentives for eligible employees and covered spouses who complete an annual physical with biometrics screening. We also encourage you to explore the many resources available through the **Healthy Boiler portal**.



The Healthy Boiler Wellness Program runs from Oct. 1, 2019 through Sept. 30, 2020.

HERE'S HOW IT WORKS:

Complete annual physical with biometrics screening

Employee Only Coverage	Employee + Spouse Coverage	Employee + Child Coverage*	Employee + Family Coverage*
\$325 – Employee	\$325 – Employee \$325 – Spouse	\$650 – Employee	\$325 – Employee \$325 – Spouse

TOTAL INCENTIVE YOU COULD EARN:

\$325

\$650

\$650

\$650

* Child(ren) are not eligible for incentives

WHEN WILL YOU RECEIVE WELLNESS INCENTIVES?

Incentive payments are made on a quarterly basis through the employee's Health Savings Account (HSA) or Health Reimbursement Account (HRA).

- **If you have an HSA:** Payments for both the employee and spouse will be deposited directly to the employee's HSA.
- **If you don't have an HSA:** Employees without an HSA will receive payments to a Wellness HRA which Purdue will set up. HRA accounts are similar to flexible spending accounts (FSA). HRA funds can be used for the same types of health expenses as an FSA. Like FSAs, HRA funds do not roll forward at the end of the calendar year.

HOW DO I REGISTER FOR THE HEALTHY BOILER PROGRAM?

Employees must register and set up their Healthy Boiler account before their spouses may register.

- Go to healthyboiler.com and click Register.
- Complete the required registration information.
 - If you are the **Purdue employee**, select Employee for Member Type.
 - If you are the **spouse of a Purdue employee**, select Spouses for Member Type.
- Under Eligibility Information, Purdue employees enter your 10-digit PUID number and first and last name as it appears on pay stub. Spouses should enter their legal first and last name.
- Continue as prompted to finish registration.



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