

Wellness Council of Indiana recognizes Purdue University as an AchieveWell 5 Star designated company



WEST LAFAYETTE – Purdue University has received the 5 Star AchieveWELL designation through the [Wellness Council of Indiana](#). The Wellness Council of Indiana developed the AchieveWELL program to assist employers in creating a corporate culture that encourages and supports employee health through workplace wellness efforts.

The university's designation demonstrates that the organization has developed a culture of health and well-being. The Healthy Boiler Program, introduced in 2018 to promote health and wellness through the university community, and its evolution to what it is today, and the Center for Healthy Living onsite employee health and wellness clinic set the stage for the honor. Additionally, free flu shot clinics, HR-sponsored discounted entry fees to community half-marathon and 5K events added to the plethora of Purdue HR-Benefits offerings the Wellness Council of Indiana continues to praise and recognize.

AchieveWELL is divided into three levels: 3 Star, 4 Star (which Purdue was recognized as last year) and 5 Star. Each level requires a set of standards to be achieved before an organization can qualify. Purdue will be recognized at the 2019 Indiana Wellness Summit in Indianapolis, September 17-18.

"We are again honored to be recognized by the Wellness Council of Indiana for our continued efforts to make overall health and wellness a priority for our university and the faculty and staff who make up this great Purdue community," said Candace Shaffer, director of benefits in human resources. "Our goals were elevated after last year's 4 Star recognition. Earning the 5 Star designation in 2019 is a testament to the continued dedication of the benefits team, staff at the Center for Healthy Living and many other areas and individuals across campus who are committed to supporting the Healthy Boiler Program and helping us enhance and strengthen it to best serve the diverse population of individuals we serve. 2020 will be no different."

The Wellness Council of Indiana is a wholly-owned subsidiary of the Indiana Chamber of Commerce. To learn more about the AchieveWELL process, contact Christina Stafford at (317) 264-2165 or Christina@wellnessindiana.org or visit <https://www.wellnessindiana.org/>.

The Wellness Council of Indiana (WCI) works collaboratively to positively impact the economic vitality of the state of Indiana by evaluating and guiding workplaces and communities through the development of their own comprehensive health and wellness strategy.