

PREVENTIVE CARE

STAY HEALTHY WITH PREVENTIVE CARE

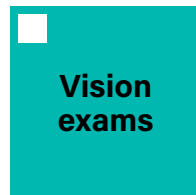
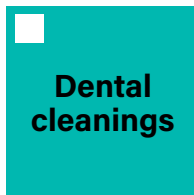
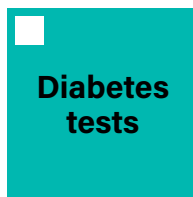
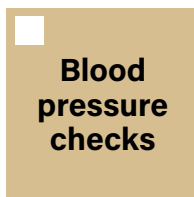
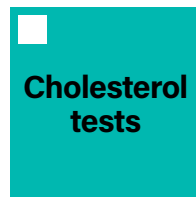
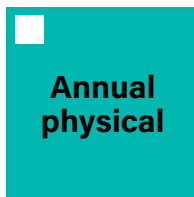
With regularly scheduled visits (usually annually) and tests, your healthcare provider is able to identify medical problems before they become serious, costly and more difficult to treat.

Check-ups, screenings and immunizations are all examples of preventive care. And with all of Purdue's health plans, these types of preventive care services are free when you visit a provider in the Anthem or HealthSync network.



WHICH SCREENINGS APPLY TO YOU?

Preventive care visits depend on your age, gender and personal and family medical history. Check with your provider and/or Anthem about which preventive visits/screenings are covered at no cost. **In general, preventive care includes:**



Under 18

- Well-baby and well-child visits
- Immunizations/Vaccinations (*measles, mumps, rubella, polio, etc.*)

Men

- Prostate cancer tests

Women

- Breast exams and mammograms
- Cervical cancer tests



To find out what preventive care is covered by Anthem, visit [anthem.com/preventive-care](https://www.anthem.com/preventive-care). The online tool will generate the preventive care recommended for your age and gender.

