







# YOUR PATH BINGO

 <b>BEHAVIORAL HEALTH</b>	 <b>FINANCIAL WELLNESS</b>	 <b>PHYSICAL HEALTH</b>	 <b>SOCIAL WELLNESS</b>	 <b>WORK-LIFE INTEGRATION</b>
Attend a Behavioral Health Workshop	Register with HSABank and review investment opportunities	Register for Mark Cuban Cost Plus pharmacy and/or Amazon Pharmacy	Complete a Social Wellness Monthly Challenge	Review the leaves policies specific to your position, check out your time off balances, too!
Declutter at least one area in your home or workspace	Complete a Financial Wellness Challenge	Download and register for the Pulse App (Affirmed Rx)	Enjoy a coffee or lunch break with a co-worker <i>Date &amp; Location</i>	Attend a Work-Life Integration Workshop
Complete a Behavioral Health Monthly Challenge	Attend a Financial Wellness Workshop	 Register for Portal <i>If you've already registered, consider this a free space!</i>	Finish a book or participate in a book club	Perform a random act of kindness for a co-worker
Make a list of 5-10 things you are grateful for	Review local discounts offered exclusively to Purdue faculty and staff	Download and register for the Engage App (AmeriBen)	Call a friend or family member in place of texting	Complete a Work-Life Integration Challenge
Perform a random act of kindness for a co-worker	Increase retirement contribution by 1% or more	Complete a Physical Health Monthly Challenge	Attend a Social Wellness Workshop	Enjoy a coffee or lunch break with a co-worker <i>Date &amp; Location</i>

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## Register for the Your Path Wellness Portal Portal

Refer to the [Your Path Guide](#) for registration instructions if you are not already registered.

## Complete a Your Path Monthly Challenge

Log into the [Your Path](#) wellness program portal, click on '**Activities**' at the top then scroll down to the bottom to find Monthly Challenges. Click on '**Details**' to view challenge details. To track completion, click on **Tracking**, enter the date of completion, and select **Yes**. There is a new monthly challenge for each pillar each month, complete the monthly challenge(s) that correlates with the current Bingo card. You will follow these same steps, clicking on the correlating tile in the portal for each pillar workshop on the Bingo card you are completing.

## Attend a Your Path Workshop

Log into the [Your Path](#) wellness program portal and click on '**Activities**' at the top then scroll down towards the bottom to find Workshops. Click on '**Details**' to view workshop details. To register, click on **Tracking**, **Submit**, then check the box to confirm, and click **Submit**.

## Review Local Discounts Offered Exclusively to Purdue Faculty and Staff

Visit the employee discount website by going to the Human Resources – Benefits webpage at [www.purdue.edu/benefits](http://www.purdue.edu/benefits) and click on the **Financial Wellness** tile. Scroll half-way down to the four boxes and under '**Financial Wellness Resources**' click on '**Employee Discounts**.' This will allow you to view the local discounts offered to Purdue faculty and staff, as well as allow you to submit a request for local business to participate in the discounts offered.

Review the leaves policies specific to your position, check out your time off balances too!

Visit the Human Resources – Benefits webpage at [www.purdue.edu/benefits](http://www.purdue.edu/benefits) and click on the **Time Off, Leaves, & Disability** tile. Review the information specific to your position. You can check your time off balances by going to [one.purdue.edu](http://one.purdue.edu) and clicking on **Employee Launchpad**, this will take you in to SuccessFactors. Sign in with your BoilerKey and click on the '**Request Time Off**' tile. Scroll down on the pop up window and click on '**Time Off**' at the very bottom. The next screen will show the number of hours you have in each bank.

## Register with HSABank and Review Investment Opportunities

Visit the HSABank member portal website at <https://hsabank.com/Members>. Click on **Login** at the top righthand corner, and sign in if you are already registered. If you are not already registered, click on **New user?** Create login. Enter the request information and click **Next**, follow the remaining prompts to register and sign in. Once signed in,

### Increase Retirement Contributions by 1% or more

Go to the Purdue HR Benefits website at [www.purdue.edu/benefits](http://www.purdue.edu/benefits) and click on the **Financial Wellness** tile. In the Fidelity Resources box, click on **Fidelity NetBenefits Log In** and sign into Fidelity, or create an account if you do not have one. The homepage will display your retirement accounts and allow you to review and edit your contributions – Click on **Manage Contributions** under the Take action box, select the account you would like to increase, click on **Contribution Amount** under Manage Your Contribution Amount, and enter the desired contribution amount.

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## Download and Register for the Pulse App (AffirmedRX)

Visit the AffirmedRX website at <https://mwa.levrx.com/affirmedrx/login> and click on **Activate Your Account**. Enter your Member ID from your AmeriBen medical insurance card, enter the requested personal information, then click **Activate Account**. Create a username and password then click **Create Your Account**.

## Download and register for the Engage App (AmeriBen)

Visit the AmeriBen Engage website at <https://engage.ameriben.com/#/login> and click on **Create an account**. Enter Purdue University as the Company Name and click **Next**. Enter your email and create a password, click **Next**. Enter the personal information requested, along with the ID number from your AmeriBen medical insurance card. Check the box after viewing the policies, click **Register**. You can then download the app and sign in.

App overview video:

<https://vimeo.com/1039040910/2dfcecc413>

## Register for Mark Cuban Cost Plus pharmacy and/or Amazon Pharmacy

### Mark Cuban Cost Plus Pharmacy:

Visit the Cost Plus website at <https://www.costplusdrugs.com/medications/> and click signup, enter email and password, click on the link in the email that was sent to the email you provided, enter the requested personal information, answer Yes or No to prescription coverage question, enter prescription information from medical card, answer health related questions, add family members if desired, click **Complete account setup**.

### Amazon Pharmacy:

Visit the Amazon Pharmacy website at <https://pharmacy.amazon.com/> and click on **Sign Up/Sign In**. Sign in or create an Amazon account, then choose to sign up at the Amazon account holder or sign up as someone new. Add your contact number, fill out requested personal information, click Save and continue. Continue with the located insurance, or add a new plan. Enter the email and phone number you would like Amazon Pharmacy to contact you at then click **Finish sign up**.