



2026

YOUR PATH

WELLNESS INCENTIVE

JANUARY 1 - DECEMBER 31, 2026

Learn more about the Wellness Program and
manage your [incentives](#) at purdue.wellright.com



BENEFITS FOR EVERY STEP.

Welcome to Your Path — your hub for all aspects of the wellness incentive program.

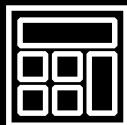
Aimed at improving your overall health and well-being, the **Your Path Wellness Program** focuses on behavioral health, financial wellness, physical health, social wellness and work-life integration. Together, these provide the foundation for your benefit offerings at Purdue University.



BEHAVIORAL HEALTH

Mental and emotional wellness resources, including counseling and digital tools.

► [Learn more.](#)



FINANCIAL WELLNESS

Support for retirement planning, money coaching, insurance and more.

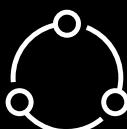
► [Learn more.](#)



PHYSICAL HEALTH

Medical, dental, vision and prescription coverage plus tools to help you get and stay healthy.

► [Learn more.](#)



SOCIAL WELLNESS

Ways to connect through community and wellness programs.

► [Learn more.](#)



WORK-LIFE INTEGRATION

Family-friendly benefits and flexible support to help balance work and home life.

► [Learn more.](#)

WELLNESS PORTAL

Employees are encouraged to take full advantage of their benefit offerings, and the Your Path Wellness Incentive program is a great way to do that.

Participating in all aspects of the wellness program — from our incentive program, challenges, events and self education — fuels a journey to total well-being.

► Watch this [video](#) for an overview of the wellness portal.

WHAT TO EXPECT FROM THE WELLNESS PORTAL

Mobile App	Allows you to log activity on the go. Watch this video for more information.
Activities	Fun, customizable challenges, so you can create a wellness journey that's meaningful to you. You can participate in monthly wellness challenges as well as create peer-to-peer challenges, which can be shared with friends and co-workers. There's even an area to add "Personal" challenges and goals.
Health Risk Assessment	Measure well-being across the six key dimensions: emotional, occupational, social, financial, physical and purpose. By completing this optional assessment, you can earn additional incentive dollars.
Courses	An avenue to education via courses and habit-based challenges to drive positive behavioral change. Courses on a variety of topics are available under the University link at the top of the portal's homepage. Course topics include, but are not limited to: <ul style="list-style-type: none">AlcoholAnxietyAsthmaBlood pressureChronic painCOVID-19DepressionDiabetesDietEmotional wellnessFinancial wellnessHeart healthPregnancySleepSmoking cessationWeight control
Rewards	Describes each step of the incentive program and is used to submit documentation as steps are completed.
Calendar	Keep track of workshops or challenges you have signed up for as well as monitor your steps, calories and more if you connect a smart device.
Devices	Connect several apps or devices to the portal, tracking your steps, calories, etc.

HOW TO REGISTER

ACTIVATE YOUR ACCOUNT

Employees must register and login first in order to allow spousal access to the site.

- Spouses must register separately in order to manage activity and receive the incentives.
- Benefits-eligible employees who are "spouse opt-outs" on the health plan are considered spouses and should register as a spouse.

Spouses should not use the link in the registration email that was sent to employees. This link is unique to the employee and will not allow the spouse to register. Instead, go directly to purdue.wellright.com.

1 Go to purdue.wellright.com and click **Register**.

2 Complete the required registration information.

- If you are the Purdue employee, select "I am the Employee".
- If you are the spouse of a Purdue employee, select "I am a family member".

3 **Purdue Employee Registration Steps:**

- Enter your first and last name as it appears on your pay stub.
- Enter your Purdue email address.
- Create a password.
- Enter your date of birth.
- Enter your 10-digit PUID, including the two leading zeros.

Spouse Registration Steps:

- (Including Purdue employees covered as a spouse on another Purdue employee's medical plan.)
- Enter your own personal email address in the first email field.
- Select relationship with employee.
- Enter your spouse's Purdue email address in the "Primary Member Email" field. This cannot be the same email address that was entered into the first email field.
- Verify your email address.
- Confirm details are correct and click continue.
- Create password and click register.



YOUR PATH

Throughout the year, Purdue employees have access to a variety of **workshops** that fit one or more of the five wellness pillars: **behavioral health**, **financial wellness**, **physical health**, **social wellness** and **work-life integration**.

These workshops will be highlighted, and most will have reservations made, via the portal. Workshops are free to all benefits-eligible employees (including those who opt out of Purdue health coverage) and dependents covered on a Purdue health plan.

WELLNESS INCENTIVE STEPS

We've enhanced the incentive program to reward more comprehensive wellness efforts through a variety of steps.

Benefits-eligible employees (including those who have opted out of Purdue's medical insurance) on all campuses plus spouses covered on a Purdue health plan are eligible to participate and earn incentives, which are deposited into their HSA or HRA to help pay for **eligible healthcare expenses**. The amount earned for each step is based on coverage level elected within a Purdue medical plan.

The Wellness Incentive Program runs from Jan. 1 – Dec. 31, 2026.

Note: You must first upload the provider form for your annual physical to the portal BEFORE you can earn additional rewards.

		Employee Only	Employee + Spouse	Employee + Children	Employee + Family
2026 Incentive Requirement	Complete Annual Physical <i>Upload annual physical form and complete required fields</i>	\$150	\$150	\$300	\$150
2026 Incentive Additional	Complete Annual Biometrics <i>Complete biometric fields on annual physical form</i>	\$100	\$100	\$200	\$100
	Complete Health Risk Assessment <i>Complete health risk assessment within portal</i>	\$50	\$50	\$100	\$50
	Dental or Vision Exam <i>Complete required fields to show completion</i>	\$50	\$50	\$100	\$50
	Prescription Learning Module	\$150	\$300	\$300	\$300
2026 Preventive Care	Anxiety and Depression Screening	\$50	\$50	\$100	\$50
	Complete One Annual Screening: Colonoscopy, Skin Cancer, Bone Density, Pap, Prostate, Mammogram	\$100	\$100	\$200	\$100
2026 Vaccinations	Complete One Annual Vaccination: Flu Shot, HPV, PCV or Shingles	\$50	\$50	\$100	\$50

**Amount awarded is based on coverage level elected within a Purdue medical plan. EE+Spouse and Family levels - both employee and spouse may earn independent of the other. EE+children - only the employee needs to complete the activity to earn amounts. Employees who opt-out may earn employee-only amounts.*

WELLNESS INCENTIVE STEPS

1 STEP 1 COMPLETE YOUR ANNUAL PHYSICAL (REQUIRED)

► This step is required to begin earning incentives in 2026, and the form must be completed and uploaded into the wellness portal before additional steps can be paid. However, you may complete the steps in whatever order works best for you. Once the annual physical is completed and uploaded into the portal, it will trigger payment for all other completed activities.

Annual physicals are covered at 100 percent on all three Purdue medical plans.

Physicals can be performed at a community provider of choice, including the Center for Healthy Living (CHL) on all three Purdue campuses.

If your physical is completed at the CHL, a staff member will upload your form for you as a courtesy.

2 STEP 2 COMPLETE ADDITIONAL ACTIVITIES (OPTIONAL)

This step offers you additional well-being options to earn more incentive dollars. You can complete any or all of the following options: annual biometrics, health risk assessment, dental or vision exam, one well-being screening, one annual vaccination from the list of options or an online learning module that covers Purdue's medical and prescription plans.

Reminder: Payment for completing these options cannot be issued until the annual physical is completed and uploaded into the wellness portal.

Annual Biometrics

Included in an annual physical; however, uploading your biometric screening information is optional. If you wish not to share your biometric screening results for additional incentive dollars, do not include them on your submitted physical form. If you do submit them, you earn additional incentive dollars.

Reminder: If your physical is completed at the CHL, a staff member will upload your form for you as a courtesy. If you do not want your biometrics included, be sure to tell them during your appointment.

Tests in annual biometric screenings include:

- Height
- Weight
- Body Mass Index (BMI)
- Cholesterol (TC)
- HDL cholesterol
- LDL cholesterol
- Glucose (blood sugar)
- A1C (average blood glucose, or blood sugar, level over the past 3 months)
- Triglycerides

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WELLNESS INCENTIVE STEPS

PRESCRIPTION LEARNING MODULE

This learning module covers Purdue's medical and prescription plan information and resources and encourages continued engagement in understanding and utilizing Purdue's medical and prescription benefit programs. It takes approximately 15 to 20 minutes to complete.

HEALTH RISK ASSESSMENT

The assessment measures well-being across six key dimensions: emotional, occupational, social, financial, physical and purpose. Once answered, the questions provide you with an overall personal health profile that can help you understand your well-being strengths and identify where you can make simple lifestyle changes to improve your quality of life. It takes approximately 15 to 20 minutes to complete.

Note: Individual results are not shared with Purdue.

DENTAL OR VISION EXAM

Completing an annual dental or vision exam earns you additional incentive dollars. There is no form required to upload for the dental or vision exam. Once you have completed an exam, go to the **Dental or Eye Exam** box within the **2026 Incentive Additional** section of the portal, check the box marked **Yes, I have completed a dental exam or eye exam** and then hit submit. For information on Purdue's dental and vision coverage, please see [Dental Insurance](#) and [Vision Coverage](#).

WELL-BEING SCREENING

Choose one from a variety of preventive well-being screenings to earn additional incentive dollars.

Within the portal, age-appropriate screenings are displayed as options to complete. Each person sees different screenings based on their age group.

(Note: You may complete as many preventive screenings as you want, but will only receive additional incentive dollars for one.)

ANNUAL VACCINATION

Choose from one of the following annual vaccinations: flu, human papillomavirus (HPV), pneumococcal conjugate (PCV) or shingles to earn additional incentive dollars. Within the wellness portal, age-appropriate vaccinations will be displayed as options to complete. Each person will see different vaccinations based on their appropriate age group.

(Note: You can complete as many annual vaccinations as you want, but will only receive additional incentive dollars for one.)

WELLNESS INCENTIVE STEPS

INCENTIVE PAYOUT

Payment for completed activities* occur monthly (in the month following completion) to the employee's Health Savings Account (HSA) or Health Reimbursement Arrangement (HRA) for use with [eligible healthcare expenses](#).

► **Example:** A person who fulfills the incentive requirements by the end of April 2026 — including submitting their information into the wellness portal — receives incentive dollars by the end of the day (11:59 p.m.) on the business day following their last pay date in May 2026 into an HSA or an HRA.

If you have an HSA: Payments for both the employee and spouse are deposited directly to the employee's HSA. [Information about HSAs can be found here](#).

If you don't have an HSA: Employees without an HSA receive payments to an HRA, which Purdue will set up. HRA accounts are similar to flexible spending accounts (FSA) in that HRA funds can be used for the same types of health expenses as the FSAs and funds do not roll forward at the end of the calendar year. [Information about HRAs can be found here](#).

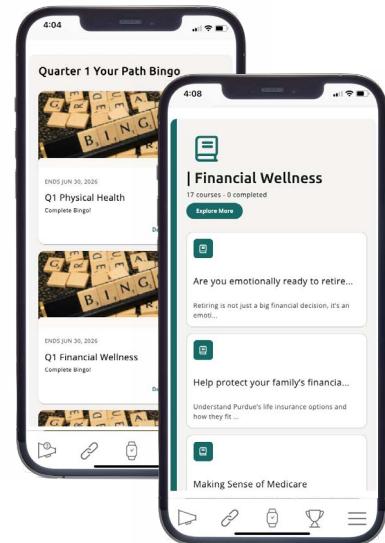
For those who complete the requirements in December, a payout will be made the following January.

*An aggregate report is provided to Human Resources indicating how much each person should receive based on completed items. Human Resources does not receive any personal health information related to your incentive completion.

► MORE WAYS TO EARN!

The Purdue community is committed to health and wellness, so we're giving you one more way to reap the rewards of healthy lifestyle choices.

Our [Wellness Bingo incentive program](#) will reward you with prizes, including Purdue swag when you participate in monthly challenges, attend webinars or any of the other activities on our new Wellness BINGO card!



WELL-BEING SCREENINGS

The following age-appropriate, common well-being screenings are included in the 2026 Wellness Incentive Program.

	Details
Bone Density Test	Bone density tests assess your bone health and help identify osteoporosis. Talk with your primary care provider to find out if a bone density test is right for you and to obtain a referral of where to go for testing. See Mayo Clinic's Bone density test for details.
Colorectal Screening or Colonoscopy	The CHL offers Cologuard® as a way to test for colon cancer at home, which is highlighted each March during Colon Cancer Awareness Month. To learn more about Cologuard®, visit Screening for colon cancer with Cologuard. Referral locations for employees on the West Lafayette , Fort Wayne and Northwest campuses are available for a variety of medical needs, including where to go for a colonoscopy. See the Center for Disease Control and Prevention's (CDC) Colorectal Cancer Screening Tests for details on screening tests.
Depression Screening	Depression screenings include a questionnaire that you complete yourself or with the help of your primary care provider during your annual physical, etc. This questionnaire is designed to indicate if you are at risk or have symptoms of depression. Employee Assistance Programs (EAPs) on Purdue campuses — AllOne Health (West Lafayette and Northwest campuses) and Bowen Center (Fort Wayne) — are also good resources.
Mammogram	Referral information on where to go for a mammogram is available for employees on the West Lafayette , Fort Wayne and Northwest campuses. Additionally, Purdue holds mammography campaigns to raise awareness about the importance of screening mammograms. See the Center for Disease Control and Prevention's (CDC) About Mammograms for details on the screening.
Pap Smear	A pap smear can be done as part of an annual physical if requested. See Mayo Clinic's Pap smear for details on this screening.
Prostate Exam	A prostate exam can be done as part of an annual physical if requested. See the Center for Disease Control and Prevention's (CDC) Screening for Prostate Cancer for information on this exam.
Skin Cancer Check	See the National Cancer Institute's (NCI) Skin Cancer Screening (PDQ®) – Patient Version for information.

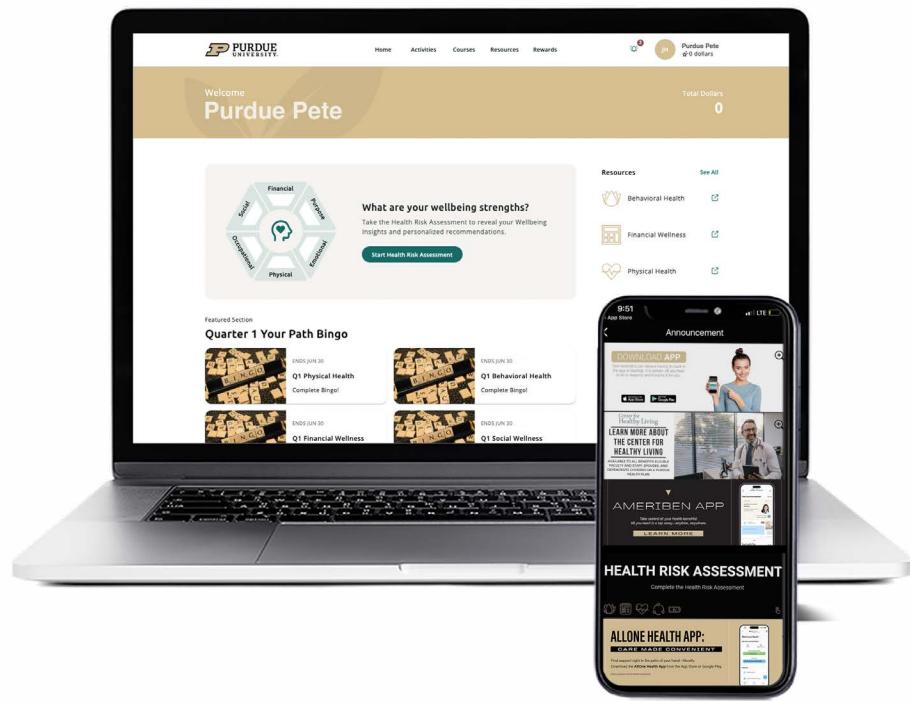
ANNUAL VACCINATIONS

The following annual vaccinations are included in the 2026 Wellness Incentive Program.

	Details
Flu Shot	Each year, Purdue provides seasonal flu shots to Purdue employees, spouses and dependents free of charge. Individuals can also get their flu shots from their healthcare provider or retail pharmacy. For more information on flu shots, see the Center for Disease Control and Prevention's (CDC) Seasonal Flu Vaccines . Note: Regional campuses also hold flu shot clinics on their campuses.
Human Papillomavirus Vaccination (HPV)	The CHL on Purdue's West Lafayette campus offers HPV vaccines. Referral information is available for employees on the West Lafayette, Fort Wayne and Northwest campuses. See the Center for Disease Control and Prevention's (CDC) human papillomavirus vaccination (HPV) for details.
Pneumococcal Vaccination (PCV)	The CHL on Purdue's West Lafayette campus offers PCV vaccines. Referral information is available for employees on the West Lafayette, Fort Wayne and Northwest campuses. See the Center for Disease Control and Prevention's (CDC) pneumococcal vaccination for details.
Shingles Vaccine	The CHL on Purdue's West Lafayette campus offers shingles vaccines. Referral information is available for employees on the West Lafayette, Fort Wayne and Northwest campuses. See the Center for Disease Control and Prevention's (CDC) shingles (herpes zoster) vaccination for details.

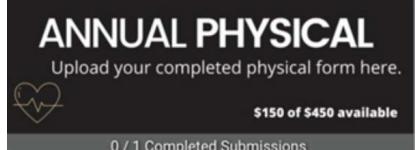


WELLNESS PORTAL



HOW TO SUBMIT YOUR ANNUAL PHYSICAL FORM

- 1 Login to the Wellness Portal at purdue.wellright.com.
- 2 Locate the **Annual Physical** challenge on the home screen.
- 3 Hover over the challenge title and click **Submit**.
- 4 Click **Choose File** and select file to upload.
- 5 Click **Submit**.



Annual Physical challenge block

ADDITIONAL RESOURCES

- Watch the [Wellness Program video](#)
- Visit the [Wellness Program website](#)
- Contact Human Resources at hr@purdue.edu, [HR Service Center](#) or by phone at 765-494-2222.