

# HEALTHY BOILER

## WHAT'S NEW

Your well-being matters to us, which is why we strive to offer benefits that cater to your diverse needs. Whether it's getting the care you need, protecting your family, or finding that perfect work-life balance, our goal is to support you every step of the way.

That's why, every year, we carefully evaluate and update our benefit options to provide you with the best choices at the most affordable rates.

### WHAT YOU CAN EXPECT FOR 2024

#### MEDICAL

##### No Premium Increase

For the fifth straight year, we've been able to hold your share of the premiums steady, despite continued rising medical costs nationwide. That means you won't have an increase in 2024!

The deductibles and out-of-pocket maximums (OOPM) for all three health plans are increasing slightly.

You still have a choice of three consumer-driven health plans (CDHPs), which include a Health Savings Account (HSA). Purdue will continue to make base contributions into HSAs (\$200 individual/\$400 family), and you have the opportunity to earn even more if you participate in our Healthy Boiler Incentive Program.

#### MEDICAL

##### Enhancements to the Center for Healthy Living

As our onsite health and wellness center on all three campuses, the Center for Healthy Living continues to grow in its offerings and convenience:

- Telehealth medicine program as a convenient sick care option for employees and family members
- Health care navigation program to answer health plan questions, set up referrals, and connect you to Purdue programs and preferred providers, etc.
- Expanded hours Monday through Thursday (7 a.m. – 7:30 p.m.) at the Purdue West Lafayette campus
- Coming soon to the Purdue Fort Wayne campus

#### MEDICAL

##### New Healthy Boiler Bingo Incentive

The Healthy Boiler community is committed to health and wellness, so we're giving you one more way to reap the rewards of healthy lifestyle choices. Our new Healthy Boiler Bingo incentive program will reward you with prizes, including Purdue swag, when you participate in monthly challenges, attend webinars or complete any of the other activities on our new Healthy Boiler Bingo card!

#### MEDICAL

##### Physical Therapy Treatment

Look for more information and education about how you can receive high-quality, low-cost physical therapy thanks to our direct agreement partners.

#### MEDICAL

##### Prescription Reminder

Formulary changes are made on a quarterly basis. If you are affected, you will be notified by CVS.