





**Did you know?**

 **91%**  
of adults age 20 to 64  
have tooth decay<sup>1</sup>

 **1 in 5**  
cases of total tooth loss  
is linked to diabetes<sup>2</sup>

**Want to know more about your extra dental services?**

Not in one of our care management programs, but have one of the qualifying conditions? You can sign yourself up for the dental extras. Just call the Member Services number on your ID card.

# Something extra for you – and your health

Your dental plan offers extra benefits if you have certain medical conditions


Good dental health can help your overall health, especially if you have certain medical conditions. That's why if you have an ongoing condition and you take part in one of our care management programs, you get extra dental services like more cleanings or gum maintenance – at no extra cost! You'll get 100% coverage of extra dental services with no out-of-pocket costs. And the extras won't count against your plan's annual coverage maximum.

**If you have any of these conditions:**

- Diabetes
- Pregnancy
- Stroke
- Organ and bone marrow transplant
- Cancer treated with chemotherapy
- Head or neck cancer treated with chemotherapy and/or radiation
- Suppressed immune system (HIV/AIDS)
- End-stage kidney disease

**You'll get extra dental services for your health needs, such as:**

- Cleanings
- Gum maintenance
- Fluoride
- Sealants
- Gum scaling and root planing (deep cleaning)
- Routine or problem-focused exams

 **All you have to do is call your dentist's office to set up your appointment!**

<sup>1</sup> American Dental Association, Mouth Healthy website. *Diabetes and Your Smile* (accessed December 10, 2018): [mouthhealthy.org](http://mouthhealthy.org).

<sup>2</sup> Centers for Disease Control and Prevention, National Center for Health Statistics. *Dental Caries and Tooth Loss in Adults in the United States, 2011-2012* (May 2015): [cdc.gov/nchs/data/databriefs/db197.htm](http://cdc.gov/nchs/data/databriefs/db197.htm)

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