Get help now for better results in retirement

Like drivers in unfamiliar territory, many people saving for retirement could use a GPS. What you may not know is that just such a thing is available with your 401(k) or 403(b).

Over the past 3 years, the number of people finding this help online or on the phone has more than doubled. On average, they increased their savings rate by 4%—enough to make a significant difference in retirement income.

If you’re not one of those people, see what you could be missing out on.

Small change now makes a big difference later

A 4% savings increase can make a big difference to retirement income—and it’s especially powerful for younger workers.

Start at age Salary 4% deferral increase Additional monthly income in retirement*

25 $40,000 $133/month $800-$1,300

35 $70,000 $233/month $800-$1,200

3 questions to get you started

1. How much should I be saving for retirement?
2. How should I be invested for growth over the long term?
3. Given my personal situation, what’s my next move?