

Accident Insurance claim process

Submitting an accident insurance claim doesn't have to be challenging. Below you'll find the information you need to make the process go smoothly, so that you can receive payments quickly and focus on your recovery.



Obtain and complete an accident insurance claim form:

1. Visit mybenefits.metlife.com to access and submit your claim form electronically. *You may also call MetLife at 866-626-3705 to request claim forms to be sent via mail.*
2. Please provide supporting documentation from the healthcare provider related to the injuries and services received for which a claim is being made. The supporting documents MUST include 1) patient's name, 2) service dates, 3) diagnosis, 4) specific procedure or treatment.
3. Documentation that will be helpful to MetLife in making a claim decision include itemized invoices for services received, copy of discharge papers if treated in the emergency room and if admitted to the hospital, documentation from the hospital that details admission and discharge dates, diagnosis and room assignment (ICU and/or Non ICU).
4. If this is an additional claim for an accident previously reported (i.e. claim previously submitted and additional services were incurred), no claim form is required. Please include your claim number and/or certificate number on all pages of the additional documentation you submit.



Submitting an Accident Insurance claim:

Once claim forms have been completed and accompanying documentation has been obtained, it may be submitted as follows:

- Submit electronically through MyBenefits (mybenefits.metlife.com). ****preferred method****
- E-mail to ahmetlifeclaims@metlife.com
- Fax or mail directly (information can be found on the claim form)



MyBenefits: quick and easy online claim submission

MyBenefits is the web portal for MetLife group participants. Once registered, you can log in to:

- Submit a claim
- See claim status, history, and payments
- Set up direct deposit of benefits
- Read messages from MetLife
- Download accident and health forms

You can register at www.mybenefits.metlife.com



For questions please call a MetLife Customer Service Representative at
1866-626-3705.

What happens after my claim is submitted?



A MetLife claims specialist will review your information and request any additional medical information (if necessary). An acknowledgement letter is sent from MetLife when the claim is successfully submitted.

Visit [MyBenefits](#) frequently to check claim status, letters and benefit payments.



Approval process and payment process:

There are two available payment methods, which are a physical check or direct deposit. Upon claim approval, an Explanation of Benefits (EOB) explains the claim that was processed and payment provided. The EOB is attached to the check or available to be viewed on [MyBenefits](#) if payment is made via direct deposit. Payments to the claimant will be received within 7 – 10 business days after the claim is approved.

Important information — Before submitting your claim, be sure to [read your MetLife certificate carefully to review all of your covered benefits for Accident Insurance](#).

The certificate issued by MetLife contains detailed information on the covered services and benefits you are eligible to submit a claim for. Therefore, it is important that you read your certificate carefully before submitting a claim. There are over 150 covered events and services under the accident plan. Below is an example of how the plan works.

Your MetLife certificate can be found on [mybenefits.metlife.com](#) under the Certificate Detail tab.

How it works:

Kathy's daughter, Molly, plays soccer. During a recent game, Molly collided with an opposing player, was knocked unconscious and taken to the local emergency room by ambulance for treatment. The ER doctor diagnosed a concussion and a broken tooth. He also ordered a CT scan. After thorough evaluation, Molly was released to her primary care physician for follow-up treatment, and her dentist repaired her broken tooth with a crown.



Covered Event	Benefit Amount
Ambulance (ground)	High Plan \$300 / Low Plan \$200
Emergency Care	High Plan \$50 / Low Plan \$25
Physician Follow-Up	High Plan \$75 / Low Plan \$50
Medical Testing	High Plan \$200 / Low Plan \$100
Concussion	High Plan \$400 / Low Plan \$200
Broken Tooth (repaired by crown)	\$200
Luckily Kathy has accident insurance!	High Plan \$1,225
She would get a lump-sum payment totaling	Low Plan \$775
Benefits paid by MetLife Accident Insurance Plan	

The benefit amounts will depend on the participant's actual plan design contained in the certificate.

[metlife.com](#)

METLIFE'S ACCIDENT INSURANCE IS A LIMITED BENEFIT GROUP INSURANCE POLICY. The policy is not intended to be a substitute for medical coverage and certain states may require the insured to have medical coverage to enroll for the coverage. The policy or its provisions may vary or be unavailable in some states. There is a preexisting condition limitation for hospital sickness benefits, if applicable. MetLife's Accident Insurance may be subject to benefit reductions that begin at age 65. And, like most group accident and health insurance policies, policies offered by MetLife may contain certain exclusions, limitations and terms for keeping them in force. For complete details of coverage and availability, please refer to the group policy form GPNP12-AX or contact MetLife. Benefits are underwritten by Metropolitan Life Insurance Company, New York, New York.



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