**NUTRITION & DIETETICS / NUTRITION, FITNESS, & HEALTH**
College of Health and Human Sciences

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**DNFH (double major)**
125-135 credits

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**Major Requirements (106-114 credits)**

An average GPA of 3.0/4.0 and minimum course grades in Dietetics Required Courses I, and an average GPA of 2.75/4.0 and minimum course grades in Dietetics Required Courses I and II are required.

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**Dietetics Required Courses I: 35-41 credits**

| (4) | BIOL 11000 Fundamentals of Biology I (C or better) |
| (4) | BIOL 11100 Fundamentals of Biology II (C or better) |
| (4-3) | BIOL 20300 Human Anatomy & Physiology or BIOL 30100 Human Design: Anatomy & Physiology (C or better) |
| (4-3) | BIOL 20400 Human Anatomy & Physiology or BIOL 30200 Human Design: Anatomy & Physiology (C or better) |
| (3-4) | CHM 11100 General Chemistry or CHM 11500 General Chemistry [Satisfies 1 Science Core Course] (C or better) |
| (3-4) | CHM 11200 General Chemistry or CHM 11600 General Chemistry [Satisfies 1 Science Core Course] (C or better) |
| (4) | CHM 25700 Organic Chemistry OR (C or better) |
| (3) | CHM 25500 Organic Chemistry AND (C or better) |
| (3) | CHM 25600 Organic Chemistry (C or better) |
| (3) | MA 15555 Quantitative Reasoning [Satisfies Quantitative Reasoning Core] (C or better) |
| (1) | NUTR 10500 Nutrition in the 21st Century (C or better) |
| (1) | NUTR 10600 Introduction to the Profession of Dietetics (C or better) |
| (3) | NUTR 20500 Food Science I (C or better) |
| (3) | NUTR 31500 Fundamentals of Nutrition (C or better) |

**Dietetics Required Courses II: 66-68 credits**

| (3) | BCHM 30700 Biochemistry or CHM 33300 Principles of Biochemistry (C or better) |
| (1) | BCHM 30900 Biochemistry Laboratory (C or better) |
| (4) | BIOL 22100 Introduction to Microbiology (C or better) |
| (3) | [Oral Communication Core] – select from University list (C or better) |
| (3) | ECON 21000 Principles of Economics or AGEC 21700 Economics (C or better) |
| (4-3) | ENGL 10600 First-Year Composition or ENGL 10800 Accelerated First-Year Composition [Satisfies Written Communication Core] (C or better) |
| (3) | HTM 31100 Procurement Management for Foodservice (C or better) |
| (1) | NUTR 12500 Food Safety Certification and Career Development (C or better) |
| (3) | NUTR 33000 Diet Selection & Planning (C or better) |
| (3) | NUTR 33200 Nutrition Counseling (C or better) |
| (1-2) | NUTR 35000 Dietetics Practicum in Quantity Food Production or HTM 29101 Quantity Food Production & Service Laboratory (C or better) |
| (3) | NUTR 36500 Physiology and Nutrition During the Life Cycle (C or better) |
| (1) | NUTR 41100 Dietetics Career Planning |
| (3) | NUTR 42400 Communication Techniques in Foods & Nutrition (C or better) |
| (2) | NUTR 43000 Public Health Nutrition (C or better) |
| (2) | NUTR 43600 Nutritional Assessment (C or better) |
| (3) | NUTR 43700 Macronutrient Metabolism in Human Health and Disease (C- or better) |
| (3) | NUTR 43800 Micronutrient and Phytochemical Metabolism in Human Health and Disease (C- or better) |
| (2) | NUTR 44200 Foodservice Systems Management (C or better) |
| (4) | NUTR 45300 Food Chemistry (C or better) |
| (3) | NUTR 48000 Medical Nutrition Therapy I (C or better) |
| (3) | NUTR 48100 Medical Nutrition Therapy II (C or better) |
| (3) | PSY 12000 Elementary Psychology [Satisfies Behavior/Social Science Core] (C or better) |
| (3) | PSY 27200 Introduction to Industrial-Organizational Psychology (C or better) |
| (3) | STAT 30100 Elementary Statistical Methods [Satisfies Information Literacy Core] (C or better) |

Requirements continued on next page

DNFH 5/2018
Other Required NUTR courses: 5 credits

___ (2) NUTR 41500 Practicum in Nutrition, Fitness, & Health (prerequisite: NUTR 33000, NUTR 33200, and HK 42100 with minimum C- grade in each)
___ (3) NUTR 48800 Topics in Nutrition, Fitness, & Health (prerequisite: NUTR 33000 and HK 36800 with minimum C-grade in each)

Other Departmental / Program Course Requirements (19–21 credits)

___ (3) HK 36800 Exercise Physiology I
___ (3) HK 42100 Health Screening and Fitness Evaluation and Design
___ (3) HK 42200 Basic Concepts in Exercise Program Design
___ (3) HK 46800 Advanced Exercise Physiology II (prerequisite: HK 36800 with minimum C-grade)
___ (3) HK 46900 Exercise Testing & Prescription in Special Populations
___ (3) _______________ [Humanities Core] – select from University list (PHIL 11100 Ethics recommended)
___ (1-3) _______________ [Science, Technology & Society Core] – select from University list

Electives (0 credits)

___ ( ) _______________ ___ ( ) _______________ ___ ( ) _______________ ___ ( ) _______________

125–135 semester credits required for Bachelor of Science degree for this double major.

University Foundational Learning Outcomes List:
https://www.purdue.edu/provost/initiatives/curriculum/course.html

A student may elect the Pass / Not-Pass (P/NP) grading option for elective courses only, unless an academic unit requires that a specific departmental course/s be taken P/NP. Students may elect to take University Core Curriculum courses P/NP; however, some major Plans of Study require courses that also fulfill UCC foundational outcomes. In such cases, students may not elect the P/NP option. A maximum of 24 credits of elective courses under the P/NP grading option can be used toward graduation requirements. For further information, students should refer to the College of Health and Human Sciences P/NP Policy.

Students are encouraged to use this advising worksheet as a resource when planning progress toward completion of degree requirements. An Academic Advisor may be contacted for assistance in interpreting this worksheet. This worksheet is not an academic transcript, and it is not official notification of completion of degree or certificate requirements. The University Catalog is the authoritative source for displaying plans of study. The student is ultimately responsible for knowing and completing all degree requirements.
# Nutrition & Dietetics/Nutrition, Fitness & Health

## Suggested Arrangement of Courses: Fall 2018

### Credits
- **Fall 1st Year**
  - 4  
    - BIOL 11000<sup>cc</sup>  
  - 3-4  
    - *CHM 11000<sup>cc</sup> or **11500<sup>cc</sup>  
      - CHM 115- MA 158 or calculus placement  
  - 3  
    - *MA 15555<sup>cc</sup>  
  - 3  
    - *Oral Communications Core (Fall or Spring)  
  - 1  
    - NUTR 10500 (Fall only)  
  - 1  
    - NUTR 10600  
  - **Total:** 15-16

### Credits
- **Spring 1st Year**
  - 4  
    - BIOL 11100<sup>cc</sup>  
  - 3-4  
    - *CHM 11200<sup>cc</sup> or **11600<sup>cc</sup>  
      - CHM 11100 or 11500  
  - 3  
    - *Humanities Core  
  - **Total:** 16-18

### Credits
- **Fall 2nd Year**
  - 4-3  
    - BIOL 20300<sup>cc</sup> or BIOL 30100<sup>cc</sup>  
      - (Fall only)  
  - 4-3  
    - BIOL 20400<sup>cc</sup> or BIOL 30200<sup>cc</sup>  
      - (Spring only)  
  - 3  
    - NUTR 20500<sup>cc</sup>  
    - (Fall/Spring/Summer)  
  - 3  
    - CHM 33300 or BCHM 30700  
    - 1 sem or 1 year Organic Chemistry  
  - 1  
    - PSY 27200  
  - 1  
    - NUTR 12500  
    - C or better in NUTR 10600  
  - **Total:** 15-16

### Credits
- **Spring 2nd Year**
  - 4-3  
    - BIOL 20400<sup>cc</sup> or BIOL 30200<sup>cc</sup>  
      - (Spring only)  
  - 3  
    - NUTR 31500<sup>cc</sup>  
    - (Fall/Spring)  
    - 1 sem Biology & 1 sem Organic Chemistry  
  - 3  
    - *Science, Technology, & Society Core  
  - 3  
    - PSY 12000  
  - 1  
    - NUTR 12500  
  - **Total:** 14-16

### Credits
- **Fall 3rd Year**
  - 3  
    - CHM 33300 or BCHM 30700  
    - 1 sem or 1 year Organic Chemistry  
  - 1  
    - BCHM 30900  
    - Organic Chemistry  
  - 3  
    - ECON 21000 or AGEC 21700  
  - 3  
    - HK 36800  
    - (Fall/Spring/Summer)  
  - 3  
    - NUTR 33000<sup>cc</sup>  
    - (Fall/Summer)  
  - **Total:** 17

### Credits
- **Spring 3rd Year**
  - 3  
    - HK 42100 (Fall/Spring)  
    - HK 36800  
  - 3  
    - HK 46800 (Fall/Spring)  
    - C- or better in HK 36800  
  - 3  
    - NUTR 33200 (Spring only)  
    - NUTR 33000  
  - 3  
    - NUTR 36500 (Spring only)  
    - NUTR 31500  
  - 2  
    - NUTR 43600  
    - (Spring only)  
    - NUTR 31500 preq & Biochemistry may be taken concurrently  
  - 3  
    - NUTR 43700  
    - (Spring/Summer)  
    - Biochemistry & NUTR 31500 & BIOL 20400  
  - **Total:** 17

### Credits
- **Fall 4th Year**
  - 3  
    - HK 42200 (Fall/Spring)  
    - HK 36800  
  - 3  
    - HTM 31100  
    - NUTR 12500  
  - 3  
    - NUTR 43800<sup>cc</sup>  
    - (Fall/Summer)  
  - 1  
    - NUTR 41100<sup>cc</sup>  
    - (Fall only)  
  - 3  
    - NUTR 48000<sup>cc</sup>  
    - (Fall only)  
    - See myPurdue  
  - 3  
    - NUTR 48800<sup>cc</sup>  
    - (Fall/Spring)  
    - C- or better in HK 36800 & NUTR 33000  
  - **Total:** 16

### Credits
- **Spring 4th Year**
  - 3  
    - HK 46900 (Fall/Spring)  
    - HK 42100  
  - 2  
    - NUTR 41500  
    - (Fall/Spring)  
    - C- or better in NUTR 33000, NUTR 33200 and HK 42100  
  - 3  
    - NUTR 42400  
    - (Fall/Spring)  
    - NUTR 33000  
  - 2  
    - NUTR 43000  
    - (Spring only)  
    - NUTR 31500  
  - 2  
    - NUTR 44200  
    - (Spring only)  
    - HTM 31100, PSY 27200 & NUTR 33000  
  - 3  
    - NUTR 48100  
    - (Spring only)  
    - NUTR 48000  
  - **Total:** 15

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*Pre-Professional courses: CHM 11500 & 11600, CHM 25500 + 25501, CHM 25600 + 25601, PHYS 22000 & 22100, BIOL 24100 +24200 or AGRY 32000 + 32100

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In Dietetics Required Courses I, students must earn a GPA of 3.0 and a “C” or better in all courses.

In Dietetics Required Courses I and II, students must earn a GPA of 2.75 and a “C” or better in all courses except NUTR 43700 and NUTR 43800 where a “C-” or better is acceptable.

127-135 semester credits required for Bachelor of Science degree.

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The student is ultimately responsible for knowing and completing all degree requirements.

Degree Works is knowledge source for specific requirements and completion

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