Dr. Banda was awarded his PhD in Exercise Science from the University of South Carolina as well as completed a postdoctoral research fellowship in Cardiovascular Disease and in Pediatric Obesity at Stanford University. Professor Banda joined Purdue University in 2017 in the Department of Health and Kinesiology and the Department of Public Health in 2019.

Dr. Banda's research merges the fields of exercise science, public health, and social psychology to develop creative solutions to improve child health. His research interests focus on 1) developing, evaluating, and disseminating community-based interventions to decrease sedentary behavior, increase physical activity, and prevent and treat obesity in children and 2) using accelerometers and innovative data analysis strategies to improve estimates of child sleep, sedentary behavior, and physical activity.

Dr. Banda's research uses an interdisciplinary team approach to accomplish these research aims, involving social psychologists, exercise scientists, statisticians, and physicians. For a complete list of publications authored by Dr. Banda, please go to: http://bit.ly/Banda-Publications

Where: WALC 3138
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