Anticipation! Lights, decorations, music, bright-eyed planning, gratitude, reminiscing... do these words sound like references to the current holiday season? They could be, but in the Department of Nutrition Science they are very real references to the May 6, 2016 Anniversary Gala we are planning for you!

Faculty and staff are planning tours, invitations, entertainment, videos, childcare and historical timelines. The more we learn this year about the historical roots of the department, the more we are eager to make our alumni a part of the celebration. We reflect on history with appreciation and think about our alumni with fond memories and gratefulness. Mark your calendars and be a part of this unique event.

Invitations for the May 6, 2016 Gala will arrive in spring, but start planning now. Both ballrooms are reserved in the Memorial Union for the evening Gala, but plan to take advantage of an entire day of events starting with breakfast in one of the award-winning Purdue residence hall dining courts, planned tours or self-guided walking tours, lunch on the Mall beside Stone Hall and educational events for the whole family in the new Lyles-Porter Hall. The campus will be beautiful with spring blooms and there are so many additions and changes you will want to see.

While marking your calendar, the annual May Conference is going to be on May 5, 2016 to make a convenient, two-day Conference/Gala package, May 5 & 6. This annual educational event provides continuing education credits and will cover diverse topics featuring alumni speakers, as well as current faculty members.

It is exciting to be a part of something bigger than ourselves and we want you to be a part of this anniversary celebration, as well as the capital campaign. Decadal winners of the Take the Challenge competition will be announced at the Gala. There are two winning categories, total donation amount and total number of donations, so support your decade. Even a small gift of $5.00 will boost your decade in total gifts and make you a part of the momentum of the anniversary and campaign. Go to Facebook and “Like” the Purdue Nutrition Science/Foods & Nutrition 110th Anniversary page (links below). The goal is 1100 “Likes” by the end of the year. Submit photos or memories we might use for the video being created for the Gala. Nominate someone, including yourself, for one of the 110 Diamonds to be honored at the Gala. It is not too late. We are having a great time planning the Anniversary Gala for you, but it will only be special if you are part of it.

From our house to yours, we wish you a wonderful 2015 holiday season and hope to see you in West Lafayette in 2016 as we celebrate a history that is a part of each of our lives. See you May 6!

“Like” the Purdue Nutrition Science/Foods & Nutrition 110th Anniversary page and watch the 110th Anniversary webpage for further details:

https://www.facebook.com/nutritionscience110anniversary/timeline?ref=page_internal
http://www.purdue.edu/hhs/nutr/giving/110-anniversary.html
At a recent national meeting of the Nutrition and Food Science Department Heads, priority areas for needs and opportunities were identified for our disciplines. The first Federal Nutrition Roadmap will be released soon, which will guide programming and funding for the nation, as well as serve as a tool to leverage resources. Many of the priority areas identified by department heads will appear in the Roadmap.

Priority Areas:

- **Sustainable foods and nutrition** – Private sector, public policy recommendations, and education are considering water and energy costs and carbon footprint, as never before.

- **Big data science** – Nutrition, like all of the biomedical sciences, is faced with the opportunities and challenges that come from high density phenotyping at multiple levels of complexity. Future nutrition research must embrace the use and integration of clinical, physiologic, genetic, epigenetic, and “omic” responses to dietary interventions. Professor Jim Fleet is a campus leader in this arena.

- **Food-related behavior** – Understanding the environmental and biological determinants of appetitive sensations, food choice, and eating patterns is central to developing and implementing sound dietary guidance. Purdue’s Ingestive Behavior Research Center, led by Professor Rick Mattes, is an international leader in this area.

- **Identify and mitigate errors in nutrition science** – Our inability to assess what we eat is under great scrutiny. Purdue is leading the way in applying technologies to capture food consumption by imaging.

- **Point of care technology for assessment** – In addition to food intake assessment, the ability to assess nutrient status, physical activity, and environmental exposures with remote analysis will require increasing partnerships with engineers. Where better to do that than at Purdue?

- **Authenticity and safety of food** – Consumers want to know the safety of their food regarding chemical contaminants. Professor Charles Santerre has been working with the federal government to improve the systems used to measure and respond to chemical contaminants in meat and poultry products. He has also conducted extensive research on seafood safety which has been translated into educational tools which are intended to help sensitive populations make informed decisions.

- **Science of human microbiome** – With modern tools we can now study diet-host-gut microbiota-health interactions. Professor Connie Weaver is studying how novel fibers can shift the gut microbiome in ways to enhance calcium absorption and bone health.

- **Modulation of immune systems to prevent disease** – Many chronic diseases involve pro-inflammatory conditions due to imbalanced stimulation of immune systems. Professor Qing Jiang has patents on Vitamin E derivatives that mitigate inflammatory pathways.

- **Underlying science linking diet and brain health** – With our new MRI, scientists in the Ingestive Behavior Research Center are studying dietary patterns that alter brain activity in addition to body composition and weight loss.

Follow Purdue’s contributions to these national priority areas in coming years. We remain committed to be a national leader.
Last Chance to Nominate Your “Diamond of the Department”

You may nominate yourself and/or fellow nutrition graduates as a Diamond of the Department. Diamonds of the Department will be recognized during the May 6, 2016 Gala Celebration Dinner. Nomination deadline: ~December 1, 2015.

Nominee Name: ____________________________________________
Graduation Year: ______
Nominee Contact Information: ________________________________
Your reason for nomination: __________________________________
________________________________________________________________

Name of Nominator: _________________________________________
Mail/Email/or Fax your nomination, resume, and/or pictures to:
Dawn Haan, Purdue University, Nutrition Science, 700 W State Street, West Lafayette, IN 47907
Ph 765-494-8231 ● Fax 765-494-0674
Or use online form: www.purdue.edu/hhs/nutr/110diamond

Calendar of Events:
Life Inspired – April 1-15, 2016
Kirksey Lecture – March 4, 2016
May Conference – May 5, 2016
Breakfast in Food Courts – May 6, 2016 (http://www.housing.purdue.edu/Menus/)
Tours – May 6, 2016
Lunch on Mall – May 6, 2016
Family Events – May 6, 2016
110th Anniversary Celebration – May 6, 2016
WGHI Fundraiser Brunch – May 7, 2016 at 9:00 am

Mri Datta, Assistant Professor and Director, Coordinated Program in Dietetics, accepts the Spirit Award for the Purdue CPD Program at the 2015 FNCE presented by Dr. Evelyn Crayton, President of the Academy of Nutrition and Dietetics
About 75 alumni, staff, and current students of the Department of Nutrition Science gathered for a reception during the 2015 Food and Nutrition Conference and Expo (FNCE).

It was a great opportunity to reconnect with old friends and to talk with Purdue Faculty and Staff. Recent graduates and current dietetic interns mingled and networked with alumni who have been working in the field.

Information was also provided for the 110th Gala next year. Some had heard about it and some had not, so buzz was generated to meet again on May 6, 2016 in West Lafayette!

Thank you to the HHS Alumni Council, who provided generous support to help the Department of Nutrition Science host the reception. General consensus from all who attended is that they love having a Purdue gathering at FNCE! Can anyone say Chicago 2017?
ALUMNI, STAFF, AND CURRENT STUDENTS ENJOYING THE PURDUE UNIVERSITY RECEPTION AT FNCE
Graduate funding crisis

Graduate training drives the engine of research. An investment in the training and development of graduate students supports future nutrition professionals and nutrition research.

Graduate students are notoriously poor. They welcome leftover food, anything free, and seldom get through a PhD without a loan. “Don’t buy a new car if you want to go to graduate school,” is the classic warning to undergrads with plans to work between a bachelor’s degree and graduate school. In spite of grad shoestring budgets, the cost to the department to support them is $30,000 per year in research and teaching assistantships.

Life-changing nutrition research and high quality graduate students are inseparable. Guided by their faculty mentors, graduate students contribute to the physical work of research as part of their graduate training. For their work, our graduate students also receive a stipend, insurance and tuition abatement. Important research moves forward through this reciprocal process and creates the next generation of nutrition professionals.

In spite of this important relationship, threats to graduate training support have been identified as a national crisis. In the past, graduate funding was more available from the University and grants, but currently fewer graduate stipends are available. Only funds from graduate endowments can keep research moving forward.

Most prospective grads could not continue their education through a Master’s or PhD without financial support. Christian Wright (below), the president of our graduate student association, shares what financial support means to him personally and gives voice to its impact for all the graduate students in the department.

Christian Wright, PhD student in the Wayne Campbell lab: “For a graduate student, consistent financial support is more than just the opportunity to conduct high quality research; it is the indispensable and fundamental component for propelling personal growth and career development. The financial support I’ve received has allowed me to conduct several clinical studies as well as interact and engage with some of the most brilliant scientists in the world of nutrition...providing me the confidence and scientific prowess required in this world of research. As my time here slowly comes to an end, it is because of the financial support I’ve received over the years that I embark on a journey to become a leading scientist in the field of musculoskeletal health.”

Purdue graduate alums are difference-makers, both at Purdue and in their careers. Lisa Spence was a PhD student in the Connie Weaver lab, where she worked with Camp Calcium in teens and on the benefits of soy to reducing bone loss in postmenopausal women. Her research at Purdue advanced the knowledge of calcium metabolism. She now directs preclinical and clinical research to build an accurate science foundation for the nutrition and health benefits of products for the food ingredient manufacturer, Tate & Lyle. Lisa says, “At Tate & Lyle, I have the opportunity to work on innovative ingredients that can reduce calories and sodium in the diet and increase fiber intakes which can potentially improve the health of consumers. Additionally, I lead a program to share research results to health professionals, academia, industry and government.” She also says, “My graduate experience and the funding support in Nutrition Science at Purdue have been pivotal in my career in industry.”

Another difference-maker, Marie Kainoa Fialkowski, received both her Masters’ and PhD degrees from Purdue (MS in Foods and Nutrition-2007 and PhD in Health Promotion and Disease Prevention-2011). Now an assistant professor in Human Nutrition at the University of Hawaii at Manoa, she is making an impact as the assistant program director with the Children’s Healthy Living (CHL) Program for Remote Underserved Minority Populations in the Pacific Region. “Coming from Hawaii, which is over 4000 miles away, the funding I received is the only way I would have been able to complete my graduate education.”
If you are planning a gift to the Capital Campaign through Take the Challenge, please consider earmarking a gift for graduate funding support. Those with a vision for nutrition research, who want to make a lasting impact through an endowment, should contact Development for more information, 765-494-7890. A graduate endowment supports nutrition research and helps promising young people become the nutrition leaders of tomorrow.

Family and friends of Mary Fuqua, Linda Okos and Ardith Johnson created graduate endowments in their names. Through these endowments, they continue to impact young lives and their names are meaningful to the next generation. Christian, Lisa and Marie are examples of their impact.

FROM THE ARCHIVES

In the 1905 Catalog for the Department of Science: Household Economics was included for the first time among many other areas of study. It will be noted with interest that the first two years for this new curriculum was identical to the coursework of a chemistry, biology or physics major. It was a rigorous start of which to be proud!

“The School of Science provides an introduction, as well as, advanced courses of instructions in Science, Biology, Chemistry and Physics – and in those other subjects that are essential to a broad scientific education, Drawing, Economics, English, French, Geology, German, History, Mathematics, also, in Household Economics and Industrial Art.”

A. Required Studies for all science majors:
  - 1 year Drawing (free hand or mechanical)
  - 1 year economics
  - 1 year French
  - ½ year geology
  - 1 year German
  - 1 year History
  - 1 year Mathematics
  - ½ year physiology
  - 2 years science of all sciences: Biology, Chemistry and Physics, one must be presented for entrance and one year of each of the other two taken at the University.
“TAKE THE CHALLENGE”
Decadal Champions: Representatives from seven decades, 1950’s to 2010’s.

The "Take the Challenge" decadal giving competition began in March and we are tracking both the decade with the greatest number of gifts and the decade with the highest total giving. Right now the 60’s are in the lead for the largest total dollars, but the 70’s has the largest total number of gifts, closely followed by the decade of the 80’s. The decadal champions below are reaching out to their graduation decade to rally participation in the competition. The winning decades will be honored at the May 6, 2016 Gala. You can track the competition graph, which is updated monthly, at https://www.purdue.edu/hhs/nutr/giving/competition-update.html as well as access a Purdue newsreel of what was happening at Purdue and in the world during your graduation decade.

1950’s  Marsha Mann Patterson
Marsha graduated in 1954 and had the unusual graduation code of Coordinated Program/Dietetics more than 20 years before the current Coordinated Program was established! She was in a research program under Dr. Cecilia Shuck, so we can only speculate her unique code was a reference to her dietetics education “coordinated” with a research component. Marsha has been retired for 20 years, but she recalls the strength of her undergraduate degree at Purdue compared to her Master’s Degree at another university. She is still proud of her Purdue education and encourages all the graduates from 1950 to 1959 to “Take the Challenge.”

1960’s  Mary Ellen Fridrich Posthauer
Mary Ellen says, “As a member of the 60’s decade, I hope you will join us and "Take the Challenge" as we celebrate our 110th anniversary. The research the Department of Nutrition Science (Food and Nutrition) conducts is vital for all ages and in particular for the older adult. We rely on the science to improve our health and quality of life. Your contribution to the Nutrition Science 21st Century Campaign will help fund valuable research projects for our future generations. Please, "Take the Challenge" and help the 60's decade become the winning decade!”

Her degree in dietetics at Purdue set the foundation for a career as an entrepreneur, consultant dietitian, author and volunteer. She was one of the first dietitians in Indiana to own a dietetic consulting company that employed dietitians who consulted to long term care facilities and group homes. Purdue instilled in her the value of volunteering and giving back to the profession. She was the first dietitian to be elected president the National Pressure Ulcer Advisory Panel and has won many awards, including the 2015 Roberta S. Abruzzese Publishing Award: Advances in Skin & Wound Care Journal, Fellow of The Academy of Nutrition and Dietetics and Kosiak Award: National Pressure Ulcer Advisory Panel, both in 2013, the Nutrition Science Hall of Fame 2008 and many other awards.

1970’s  Susie Sciscoe Craig
Susie is a professor of food safety and health with Washington State University Extension. Her latest project is completion of an extensive food science STEM curriculum for middle and high school students for the National 4-H Council, which has been widely adopted across the country with strong feedback and evaluation. “Karen Jamesen (who retired from this department in 2005) gave me not only an appreciation for food science, but a passion for it, too. It felt great to pass this on to young students…. like coming home and honoring my time at Purdue.”

Her father graduated in engineering from Purdue and her parents always humorously told her that she could go anywhere to college, but Purdue was the only place they would pay the tuition.

Susie’s rally to her graduation decade: “We are Purdue family, filled with Boilermaker spirit. My parents gifted me with an education and wonderful experiences at Purdue. They requested one thing, in addition to doing my best, “Give back.” Even if you are the first to attend Purdue, start a tradition and support our university. As someone from my Mom’s generation says, “We make a living by what we get. We make a life by what we give.” - Winston Churchill

“Watch for an email from your Decadal Champion in the next two weeks.”
In the photo with Susie Craig is her mother, Mary Sciscoe, who was honored in Ross-Ade Stadium during the 2015 Purdue-Minnesota game for attending 70 consecutive Purdue-IU Old Oaken Bucket games! It was her 90th birthday.

(Marsha Patterson)

(Continued on next page)
1980’s Evelyn Enrione

Evelyn is another department Hall of Famer, inducted in 2012. She did her PhD at Purdue and is on the Department of Dietetics and Nutrition faculty at Florida International University and served for numerous years as associate dean of the College of Health and Urban Affairs. As a leader in dietetics education, Evelyn has been influential in various professional organizations representing education and legislative interests related to dietetics. She has been active among the Florida legislators in promoting the awareness of the cost effectiveness of medical nutrition therapy in health care.

To her decade of the 80’s, she says, “SUCCESS is what a degree in food and nutrition from Purdue University generates! My success is attributed to the renowned reputations of the faculty and the knowledge and skills they imparted to me. Purdue has given us the foundation to be successful; let’s give so that others may be successful also!”

1990’s Lori Lathrop Stern

Lori was the outstanding senior from our program in 1991 and went on to a PhD from Tufts. She has worked for several international companies and is now Director of Nutritional Science with Pfizer Consumer Healthcare.

Lori’s call to action! “The farther I go down my career path, the more I realize how much my degree in Dietetics from Purdue has taken me each step of the way. Purdue is acknowledged as a top nutrition school everywhere I go. Let’s give back to these programs that have taken us so far.”

2000’s Kyle Kamp

Kyle was a triple major in Food Science, F&N in Business and Dietetics at Purdue and did an honors research project with Connie Weaver. He has been with Kraft since graduation and recently took a new position with Colorado Premium as manager of injections and marinades. Colorado Premium is one of the largest producers of corned beef in the world, possibly the largest, and packages for about 50 brands in compliance with each brand’s spice profile.

Kyle has actively stayed connected with his Purdue friends and encourages his decade of the 2000’s, “Don’t settle for less than your dreams! Shoot for the moon!” He encourages you to “Get involved and Take the Challenge. Show what young alums can do.”

2010’s Corrie Whisner

“As alumni we have a wonderful chance to keep the Boilermaker spirit alive. Please help me in building a strong future for Purdue’s current and future students so that they too may look back on the rich experiences that Purdue provided us not that many years ago. Let’s bleed Black and Gold once more and show that our decade of graduates has the most school spirit! No gift is ever too small.”

Corrie received both her BS and PhD (2011) from this department. Following a post doc with USDA, she is now an assistant professor of Nutrition and Health Promotion at Arizona State University. Her research focuses on the intricate role that food plays in human metabolism. Specifically, she is interested in studying the effects of novel dietary components on calcium metabolism, bone health and other metabolic diseases.
THE 110TH ANNIVERSARY FACEBOOK PAGE

PURPOSE: The 110th Anniversary Facebook page was initiated to keep you updated on the latest on goings of the department and to build connections between faculty, staff, alumni, current students & friends of the Department of Nutrition Science/Foods & Nutrition. Through this community-based forum we hope to foster relationships old and new.

We anticipate that this Facebook page will foster your enthusiasm for our coming 110th Anniversary Celebration and Gala on May 6, 2016!

WHAT YOU CAN LEARN:
- Information about the 110th Anniversary Celebration/Gala
- Faculty Research Highlights
- Updates on the Decadal Challenge Fundraising Campaign
- Current student successes and activities

WHAT YOU CAN DO:
- Help us reach 1100 “likes” on the Facebook page!
- Like, comment, and share posts
- Send us photos/info to post: Nutrition110Gala@purdue.edu
- Find and tag yourself in our histological photos!

“Like” the Purdue Nutrition Science/Foods & Nutrition 110th Anniversary page on Facebook at: https://www.facebook.com/nutritionscience110anniversary/timeline?ref=page_internal

LIKE US TODAY!
BUILDING ON THE BROAD SHOULDERS OF HISTORY

This article was inspired by the charming and unusual photo on the right. Four assistant or associate professors in this department are having babies this fall: August through November. The photo is noteworthy because that is a lot of babies for any department to have in one year, but through our current historical eyes we also see in it a deeper connection. This photo is a milestone for the line of women who made a career at Purdue in the fields of nutrition and foods since 1905.

All four of these young faculty members are disciplined scientists with promising careers. They were hired in the department on the basis of good research and reputation. In addition to research and teaching, they mentor graduate students, write grants, publish in peer-reviewed journals, serve on department committees and in their professional organizations. This photo represents both the family-friendly atmosphere in this department and the relatively recent opportunity they have for a life that is balanced between family and work.

Pioneering is breaking new ground and there can be a high cost to pay for those who do it. The visionary women who built the foundation on which this department now stands were driven to defy social conventions and follow their desire to get a college degree, pursue graduate work and then work harder than anyone else to carve out a place in what was then a “man’s world.” To marry or not to marry continues as a personal choice, but for these pioneers it was the cost of achieving their goals and dreams. Historical records note the first department head of the new Department of Foods and Nutrition in 1925 as Miss Amy Bloye. In preparation for being entrusted with this new responsibility, she must have already built a strong reputation teaching in the Department of Household Economics in the School of Science. Some names, familiar to many of our alums, in recent years of those who made this career-dedication choice would be Cecilia Schuck, Ruth Johnson, Margy Woodburn, Rosemary Lodde, Marceli Allen, Mary Fuqua, as well as Purdue’s two distinguished professors, Helen Clark and Avanelle Kirksey.

The pressure of mixing children with career in this department was still intense when our department head Connie Weaver was having babies, as a young professor 35 years ago. Many of her colleagues were those who had made the professional choice for career-only and the fear of disapproval of time used for family responsibilities vs. work-focus was still an issue in those years. All three of her children were born while she was growing in her career here, she reminisces, “Despite my supportive department head and colleagues in the department, if one of my children had a doctor’s appointment, I did not feel free to tell anyone about it, but would just say I had an appointment.” She knew that some might think she had an academic appointment on campus, but she consciously did not clarify. Her memory of the pressure she felt combining career and family has forged a leadership style that supports families. In the midst of the high standards she has for faculty achievement appropriate for the national stature of the department, the faculty and staff of Nutrition Science are given the flexibility to balance work and family without hiding.

Younger faculty reflect on more recent changes. Kim Buhman was a PhD student 17 years ago when her first child was born. “There was no campus daycare that I could use and no maternity leave as a graduate student,” she says. Heather Eicher-Miller recalls a concession from her major professor, Carol Boushey, who permitted her to take a full semester off when her second child was born. “If not for that flexibility to delay my PhD program,” she says, “I would not be a faculty member here today.” Excellent on-campus day care now is available to faculty, staff and graduate students and is expanding again. Additionally, all departments on campus must provide designated lactation spaces for any staff who do not have their own private office (a nutritionally sound choice this department heartily supports).

The milestone changes for professional women in the past 110 years are not the only social demographics we should mention here. Men have always taught nutrition at Purdue, but there was also a season when it was very female-dominated. The first faculty in 1905 was half and half, two men and two women, but as the years went by the balance shifted and the faculty became mostly women. Now that has swung back and the faculty is balanced again at 11 women and 10 men. Additionally, men have another balance: the same flexibility for parenting and family leaves that women have.

“This is a very needed perspective. I hope younger alumni will embrace it as much as those of us who were privileged to work with some of these professionals.”
–Olivia Bennett Wood, Associate Professor Emeritus
Last but not least, we want to highlight a final demographic improvement in the department: increased ethnic and racial diversity. Our department is now enriched by faculty from China, Ghana (by way of Canada), India, Poland and Romania, with a growing mix of racial diversity also. As we look at the changes of the past 110 years for women and men in this department, we anticipate the day when diversity grants and committees to increase minority numbers, both student and faculty, will become as unnecessary as the sacrificial choices of that long line of pioneer women who established the foundation of this department.

There will not be another celebration like the 110th Anniversary Gala. Mark your calendars and be part of this unique event!

Congratulations to alum Diane Birt, Distinguished Professor Emeritus at Iowa State University, who was just announced for the 2015 National Academy of Medicine (formerly Institute of Medicine) class. Diane, who earned her PhD at Purdue under Helen Clark, was inducted into the Nutrition Science Hall of Fame in 2005 and now joins fellow Nutrition Science Hall of Fame members, Connie Weaver (National Academy of Medicine) and Pam Fraker (National Academy of Science), representing Purdue nutrition in prominent national policy-making positions.
Your Story

Historians are treasure hunters. For this anniversary year we have resources for facts, but the very best gems are the stories that you, our alumni, can tell. Stories make facts come alive.

An example of facts vs. stories is the reminiscences below about the Coordinated Program in Dietetics (called the CUP at first and now the CPD). Facts: the program began in fall of 1975 and the first graduation was in 1977, the director of the program was Evelyn Abel with Maxine Wilson and a photo documents the group. Facts, yes, but one of the members of that class, Janet Roseland, took the time to reminisce and bring these facts to life for us. Some of her stories are below. This class has stayed close through the years and has had a continuing impact on one another.

If these stories make you remember the fun, the intensity and the crazy things that happened when you were at Purdue, call a college friend and reminisce about old stories, submit your stories on our Facebook page or to the Department (765-494-1340), or plan to meet at the Gala next May 6th and hear more stories….staying connected is worth the effort.

“Ten of us were chosen through an interview process as sophomores, in 1974, and jokingly called ourselves "guinea pigs," since we were the first class to graduate in Purdue's accredited CUP program. The pressure was "on", and we felt it to succeed as students and then as professionals. Mrs. Abel and Miss Wilson emphasized the CUP would be a very hard program which wouldn't allow us much leisure time. As a result, we stuck together with determination to rise to that challenge and show we could do it for ourselves and for Purdue.”

“…these fine instructors encouraged us to save our pennies when we were juniors to attend the "ADA" meeting as seniors in 1976 in Boston. This event fostered our loyalty to the profession, I believe. What fun, cramming 5 girls per hotel room and traveling on the cheap. A Harvard campus tour (led by Dr. Catherine Justice, I think), viewing the eastern seaboard and Cape Cod, and sampling lobster for the first time was an education. We were an inseparable group of 10 students, plus our instructors, on that trip!”

“Many of our Purdue instructors nurtured us, and encouraged us to stay in touch with them and with each other. We stayed in touch with the best communication available at the time, the U.S. mail. A “CUP of News,” newsletter was created and sent to each other and our instructors. Olivia Bennett Wood, Sarah Cauble Johnson, Carol Boushey and, of course, Mrs. Abel and Miss Wilson were among the faculty who contributed news so that we could stay in touch. In turn, they surprised us by remembering aspects of our lives (family, job, location) when we'd talk with them.”

“Our first jobs were as diverse as we were and many of our first jobs turned into our lifelong career paths, including positions in a food brokerage, WIC, renal dietetics, university food service, therapeutics, and dietetic instruction in Indiana, Michigan, Florida, Colorado, and Kansas. As often as we can, we have arranged reunion dinners for our "Class of 77" at FNCE, at Columbian Park (in Lafayette) or at Purdue homecoming to stay in touch…probably at least 8 "reunion" get-togethers of our class in the past 38 years. We tried to see Mrs. Abel each time, and she enjoyed that very much. Many of us attended her funeral.”

(Continued at bottom of next page)
What an exciting campaign year for the Nutrition Science Department! The celebration of the 110th anniversary commemorates the establishment and growth of the nutrition science program over the decades, while recognizing 110 accomplished “Diamonds” from among the alumni and friends, and outstanding faculty researchers and educators.

Also this fall, the University launched a $2.019 capital campaign, Ever True. This campaign will run through 2019, thus the unusual campaign dollar goal, which coincides with the 150th anniversary of Purdue University! Gifts to Nutrition Science between 2012 and 2019 will count towards the Ever True campaign as well.

The Nutrition Science Campaign continues to gain momentum, reaching $10.5 million mark as of the end of October. Within the larger campaign is a yearlong initiative, Take the Challenge (see center article), intended to encourage everyone to participate by making gifts of any amount! This year’s campaign during the 110th anniversary challenges classes by decade to see who can reach the highest participation rate between March 2015 and March 2016. Also, the decades are competing to see which decade can raise the most gift dollars. Decadal winners will be recognized at the May 6, 2016 Gala Celebration!

How can you participate in the campaign?

1. Plan to attend the Gala on May 6, 2016!
2. Make a gift to support faculty, programs, graduate students, scholarships or the Nutrition Science Twenty-first Century Fund, an unrestricted fund to support high priorities needs.
3. Consider an endowment in your own name or the name of someone you wish to honor or memorialize. (Minimum $25,000 paid over 5 years or through an estate.) Endowments can support graduate students, faculty, scholarships or any program in the department.

Check out the department’s website for more detailed giving opportunities: https://www.purdue.edu/hhs/nutr/giving/index.html

Please consider making a gift before year-end for potential tax advantages! Contact me to discuss your gift or with other questions.

Judy Schumaker
Director of Advancement
College of Health and Human Sciences
765.494.7987
jdschumaker@prf.org

(Continued from previous page)

“We helped each other professionally. When we’d get together for reunions and via our newsletter, besides swapping countless ‘remember when’ stories from classes/experiences, we’d exchange information on our area of expertise, which kept the rest of us in tune and up-to-date with other areas of dietetic practice. When two of us took new roles as university dietetic instructors at about the same time (at universities >1000 miles apart - CA and ND!), we shared tips on what worked and what didn’t and ways to foster student engagement/class participation.”

“We developed lasting friendships within our class. For example, one of my CUP classmates became my best college friend.”

Share your stories and bring the facts to life.
SAVE-THE-DATE

110th Anniversary Gala
May 6, 2016

For more information, go to:
http://www.purdue.edu/hhs/nutr/giving/110-anniversary.html