



Dietary & Allergens Chart

Spring 2019

Menu Item/Allergen	Dairy	Peanuts	Tree Nuts	Soy	Wheat	Fish	Shellfish	Egg	Gluten-Free	Vegetarian
DINNER MENU										
1 French Onion Soup Gratinée	X									
2 Iceberg Wedge Salad	X							X	X	
3 Crab Imperial	X				X		X			
4 Falafel Waffle Salad								X	X	X
5 Chinese Three-Cup Chicken				X					X	
6 Ahi Tuna Tartare						X				
7 Spring Pasta with Maple Leaf Farms Duck	X				X					
8 Spring Pasta with Tofu	X			X	X					X
9 Blackened Salmon						X			X	
10 Grilled New York Strip Steak	X								X	
LUNCH MENU										
1 Cream of Spinach Soup	X								X	X
2 Thai Fish Cakes		X				X		X	X	
3 Honey Miso Salmon Salad	X			X		X		X		
4 JPR Turkey & Brie Panini	X		X		X					
5 Grilled Steak Tacos	X								X	
6 Fischer Farms Burger				X	X					
7 Mushroom Strudel	X				X			X		X
8 Shrimp Pasta	X				X		X			
DESSERTS										
1 Key Lime Pie	X				X			X		X
2 Strawberry Shortcake	X				X					X
3 Brownie Sundae	X				X			X		X

