

2020 Purdue University's Top Female Student EMILY SAGSTETTER



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Congratulations to Emily Sagstetter, winner of the [2020 Flora Roberts Award](#)! This award is given annually to the top graduating female student at Purdue University. Emily comes from Fort Wayne, Indiana and is a graduating senior from the Department of Health and Kinesiology's Athletic Training Program. The selection criteria for the Flora Roberts award is a combination of outstanding scholarship, leadership, service, and character.

Emily has been a member of the Dean's List each semester at Purdue and will graduate as a student who has conducted and presented her own research at the state, regional, and national level. Emily's work has investigated the relationship between treatment modalities and delayed onset muscle soreness, as well as, explore the treatment options for acute

ankle dislocations in competitive athletes. In addition, her peer-reviewed abstract was published in the June 2019 supplement to the Journal of Athletic Training. She has been the recipient of several nationally competitive named scholarships through our professional associations, including the National Athletic Trainers' Association Foundation Linda Weber Daniels Scholarship, the Great Lakes Athletic Trainers' Association Bobby Gunn Student Leadership Award, and the Indiana Athletic Trainers' Association Dwayne Dixon Professional Education Scholarship.

As a sophomore, Emily was selected as a student representative to the Indiana Athletic Trainers' Association Executive Council and as a member of the [Great Lakes Athletic Trainers' Association Student Senate](#). In these positions, Emily served as the student voice in the actions of our membership association and helped lead several initiatives, including the development and implementation of a new state-level student focused meeting. Emily has also participated in and helped lead campus efforts such as Relay for Life, Dance Marathon, and campus/community winterization, construct blankets for Riley Children's Hospital, Pete's Pals and conduct health and safety education at the Lafayette Imagination Station.

“Emily is truly deserving of this recognition. In addition to being a top student, she has taken advantage of every opportunity Purdue and our department have offered. She's been involved in independent research, served in leadership roles in our profession, and has been active in serving the campus community. This is a such a fitting honor”, [Scott Lawrance, Clinical Professor, Purdue Athletic Training and Sports Medicine Program](#). Next year, Emily will be attending the University of Iowa to pursue a Doctorate in Physical Therapy degree. Her goal is to combine her education as an athletic trainer and physical therapist to work with active individuals and help return them to normal function following an injury. The sky is the limit for this rising star!