Opportunities and Challenges: Mapping the Future

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Obesity Trends* Among U.S. Adults

BRFSS, 1991

(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults

BRFSS, 1992

(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 1993
(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 1994
(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 1995
(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 1996
(*BMI ≥30, or ~30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 1997
(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 1998
(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 1999
(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 2000
(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.

No Data          <10%           10%–14% 15%–19%  ≥20%

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 2001
(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 2002
(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 2003

(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: CDC Behavioral Risk Factor Surveillance System.
Obesity Trends* Among U.S. Adults
BRFSS, 2004
(*BMI ≥30, or ~30 lbs. overweight for 5’4” person)

Source: Behavioral Risk Factor Surveillance System, CDC.
Obesity Trends* Among U.S. Adults

BRFSS, 2005

(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

No Data          <10%           10%–14%  15%–19%           20%–24%          25%–29%          ≥30%

Source: Behavioral Risk Factor Surveillance System, CDC.
Obesity Trends* Among U.S. Adults
BRFSS, 2006
(*BMI ≥30, or ~ 30 lbs. overweight for 5’ 4” person)

Source: Behavioral Risk Factor Surveillance System, CDC.
Obesity Trends* Among U.S. Adults
(*BMI ≥30, or about 30 lbs. overweight for 5’4” person)

Source: Behavioral Risk Factor Surveillance System, CDC.
Annual Average Total* Costs Linked to Obesity

*Includes medical (inpatient and outpatient) and pharmacy costs for 18-84 year old state employees.
Average Annual Total* Costs Linked to Obesity compared with No Risk by Age Group

*Includes medical (inpatient and outpatient) and pharmacy costs for state employees.
84th General Assembly Act 1220 of 2003

An act to create a Child Health Advisory Committee; to coordinate statewide efforts to combat childhood obesity and related illnesses; to improve the health of the next generation of Arkansans; and for other purposes.

Goals:

• Change the environment within which children go to school and learn health habits every day
• Engage the community to support parents and build a system that encourages health
• Enhance awareness of child and adolescent obesity to mobilize resources and establish support structures
Act 1220 Requirements

1. Establishment of an Arkansas Child Health Advisory Committee

2. Elimination of vending machines in public elementary schools

3. Professional education for cafeteria workers

4. Public disclosure of “pouring contracts”

5. Establishment of local parent advisory committees for all schools

6. Confidential child health report delivered annually to parents with body mass index (BMI) assessment