

**PSYCHOLOGY EXPERIMENT**

Are you interested in participating in a study that evaluates how certain types of diets affect appetite and mood?

**We are recruiting participants for an 8-week study that includes:**

* Eight weeks of following a specific diet
* Coming to the Purdue Clinical Research Center for three 2.5-hour testing days, where you will consume breakfast. We will draw blood to measure how the breakfast affects hormones that influence appetite.
* Coming to a lab in Purdue’s Psychological Science building for three one-hour test sessions, where you will be asked to complete several questionnaires and have your brain activity recorded (EEG) while completing some simple computer tasks.
* **Interested participants should be** 
  + female,
  + between the ages of 25 and 45,
  + overweight but otherwise healthy, and
  + not currently dieting for weight loss.

If you are interested in learning more, please contact the Kinzig lab at [**KinzigLab@purdue.edu**](mailto:KinzigLab@purdue.edu)

**IRB-2019-549**

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