

# HEALTHY BOILER WORK-LIFE INTEGRATION



You are your best self when you have **work-life integration**. In addition to our family-friendly benefits, we offer several resources to help working families balance the needs of both home and work.

## FAMILY-FRIENDLY BENEFITS

 | [purdue.edu/familyfriendly](https://purdue.edu/familyfriendly)

Purdue is proud to offer family-friendly benefits that help our employees meet today's work-life demands. Our family-friendly benefits and practices include:

- + Parental leave
- + FMLA
- + Bereavement leave
- + Flexible and remote work
- + Military leave
- + Sick leave
- + Sabbatical leave of absence
- + Stopping tenure clock
- + Vacation
- + Unpaid leave
- + Personal business days
- + Paid holidays
- + Autism coverage
- + Lactation support program

## LIVE YOUR BEST LIFE

The **Healthy Boiler Program** offers a full spectrum of benefits and resources aimed at improving your health and wellness.

And because we believe overall wellness is multi-faceted, the program focuses on your **behavioral health, financial wellness, physical health, social wellness and work-life integration** to help you be the best you can be.

## FLEXIBLE, HYBRID OR REMOTE WORK ARRANGEMENTS

 | [purdue.edu/hr/workremotely/remoteguidelines.php](https://purdue.edu/hr/workremotely/remoteguidelines.php)

Workplace flexibility and remote work allows Purdue University the unique opportunity to meet business needs while increasing the ability to attract and retain the most qualified talent. These guidelines are intended to provide best practices to help give guidance for navigating remote work at Purdue University.

## FOLLOW ALONG

 [/healthyboilerpurdue](https://facebook.com/healthyboilerpurdue)

 [/healthyboilerpu](https://twitter.com/healthyboilerpu)

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 [/company/healthy-boiler](https://linkedin.com/company/healthy-boiler)

# HEALTHY BOILER



## MOTHER & CHILD BENEFITS

 | [purdue.edu/hr/familyfriendly/benefits/motherChildBenefits.html](https://purdue.edu/hr/familyfriendly/benefits/motherChildBenefits.html)

### PRENATAL CARE

- + Prenatal visits and care
- + Covered by all Purdue medical plans

### LACTATION SUPPORT

- + Lactation consultant during hospital (delivery) stay
- + Help with questions/concerns regarding nursing
- + Instructions on how to care for baby, including bathing, changing and feeding

### WELL-CHILD CARE

- + Well visits covered by all Purdue medical plans

### BUILDING HEALTHY FAMILIES

- + Nurse coach 24/7
- + “Mayo Clinic Guide to a Healthy Pregnancy” book
- + Screening for depression or early delivery
- + Free phone calls with pharmacists, nutritionists and specialists

## OTHER RESOURCES

|   |   |
|---|---|
| <a href="#">SupportLinc</a>             | Employee assistance program (EAP) that includes resources, videos, tip sheets, etc. for child care, elder care, housing needs and home repair, legal consultation, pet care, financial expertise and adoption |
| <a href="#">Voya Cares</a>              | Resources focused on education, planning and solutions for individuals with special needs and disabilities as well as their families and caregivers   |
| <a href="#">Pet Insurance</a>           | Coverage for your pet’s treatments, surgeries, lab fees, X-rays, etc.   |
| <a href="#">Home and Auto Insurance</a> | Discounts on automotive and homeowners coverage, plus a wide range of other property and casualty insurance products  |

## CARE SUPPORT

### CHILD CARE SERVICES

[purdue.edu/hr/familyfriendly/purdueChildcare/](https://purdue.edu/hr/familyfriendly/purdueChildcare/)

- Three onsite child care centers—each offering different learning experiences and environments for children.

### CHILD CARE REFERRALS

[purdue.edu/hr/familyfriendly/offCampus/Index.html](https://purdue.edu/hr/familyfriendly/offCampus/Index.html)

- Free child care referral line.
- Referral specialist will provide at least three options based on your criteria.
- Enhanced referrals available (for a fee) for those with special needs care.

### ELDER CARE SUPPORT

[purdue.edu/hr/familyfriendly/familyresources/eldercare.html](https://purdue.edu/hr/familyfriendly/familyresources/eldercare.html)

- Elder care information and resources are offered to ease stress of finding options.