











YOUR BENEFITS. YOUR CHOICES. YOUR WELL-BEING. GET STARTED TODAY AT HEALTHYBOILER.COM

THE HEALTHY BOILER PROGRAM OFFERS A FULL SPECTRUM OF BENEFITS AND RESOURCES AIMED AT IMPROVING YOUR HEALTH AND WELLNESS.

And because we believe overall wellness is multi-faceted, the program focuses on your physical, behavioral, financial, social and work-life health to help you be the best you can be.

Healthy Boiler Workshops: purdue.edu/hr/CHL/healthyboiler/HBworkshops.php



PHYSTCAL

Comprehensive and cost-controlled medical, dental and vision benefits—plus convenient, affordable resources to help you be proactive with your health



BEHAVIORAL

Resources and services to ensure your mental and emotional health



FINANCIAL

Education and guidance to secure your long-term financial well-being through retirement planning, financial coaching, life insurance and more



SOCIAL

Opportunities that bring people together—through wellness programs, at our oncampus workout facilities, or in one of our cultural, leadership or faculty centers



WORK-LIFE INTEGRATION

Family-friendly benefits supported by other resources to help working families balance the needs of both home and work

CENTER FOR HEALTHY LIVING

This on-site health center is available to all benefits-eligible faculty and staff and dependents covered on a Purdue medical plan. The care, convenience and cost we offer are all designed with you in mind.

- Primary care and wellness
- Treatment for common illnesse
- Chronic disease management
- Dietician consultation: diabete: hypertension, pregnancy/ postpartum, gastric conditions
- Tobacco cessation program
- Health coaching: nutrition/ healthy eating, stress management, social self-care
- Medication review and consultation
- Telephonic wellness program available to all employees



purdue.edu/healthyliving

HB INCENTIVE PROGRAM

Healthy Boiler is back again! Taking care of your health is important and can lead to better quality of life.

For 2021, Purdue will offer incentives for eligible employees and covered spouses who complete an annual physical and/or biometrics screening. We also encourage you to explore the many resources available through the Healthy Boiler portal.



Healthy Boiler runs from Jan. 1 - Dec. 31, 2021.

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Complete annual physical

Complete biometrics screening

Employee	Employee +	Employee +	Employee +
Only	Spouse	Child*	Family*
\$200 –	\$200- Employee	\$400 –	\$200 - Employee
Employee	\$200 - Spouse	Employee	\$200 - Spouse
\$125 -	\$125 - Employee	\$250 -	\$125 - Employee
Employee	\$125 - Spouse	Employee	\$125 - Spouse

TOTAL INCENTIVE:

\$325

\$650

\$650

\$650

* Child(ren) are not eligible for incentives

WHEN WILL YOU RECEIVE WELLNESS INCENTIVES?

Incentive payments are made monthly through the employee's Health Savings Account (HSA) or Health Reimbursement Arrangement (HRA).

- If you have an HSA: Payments for both the employee and spouse will be deposited directly to the employee's HSA.
- If you don't have an HSA: Employees without an HSA will receive payments to their HRA. If no HRA exists, Purdue will establish an HRA at the time the incentive is payable. HRA accounts are similar to flexible spending accounts (FSA). HRA funds can be used for the same types of health expenses as an FSA.

HOW DO I REGISTER FOR THE HEALTHY BOILER PROGRAM?

Employees must register and set up their Healthy Boiler account before their spouses may register.

- Go to <u>healthyboiler.com</u> and click Register.
- Complete the required registration information.
 - If you are the Purdue employee, select Employee for Member Type.
 - If you are the spouse of a Purdue employee, select Spouses for Member Type.
- Under Eligibility Information, Purdue employees enter your 10-digit PUID number and first and last name as it appears on pay stub. Spouses should enter their legal first and last name.
- Continue as prompted to finish registration.











