## Problem H.1.E

Given: A rotating and telescoping robotic arm is gripping a small sphere P in its end effector. The arm is rotating counterclockwise with a constant angular speed of $\dot{\theta}$. The arm is extending such that the radial distance from O to P is related to the rotation angle $\theta$ by the following equation:

$$
r(\theta)=R_{0}+R_{1} \cos 2 \theta
$$

where $r$ and $\theta$ are given in terms of meters and radians, respectively.
Find: Determine the velocity and acceleration of the sphere P. Write your answers as vectors in terms of the polar unit vectors $\hat{e}_{r}$ and $\hat{e}_{\theta}$.


Use the following parameters in your analysis: $R_{0}=2 \mathrm{~m}, R_{1}=0.5 \mathrm{~m}, \theta=\pi / 2 \mathrm{rad}$ and $\dot{\theta}=2$ rad/s.

