

# Inclusive Emergency Preparedness

[www.purdue.edu/engineering/ABE/INPREPared/inclusive-prep/](http://www.purdue.edu/engineering/ABE/INPREPared/inclusive-prep/)



## Get Prepared!

- ◆ Disasters and emergencies can come in many forms, from weather events to human caused incidents and personal family challenges. These situations affect all of us.
- ◆ At least 1 in 4 American adults have a disability, and these 61+ million people may face extra challenges in preparing for and recovering from disaster events.
- ◆ The impact of disasters for our families can be significantly reduced by planning ahead and taking simple steps to be prepared.
- ◆ The needs and challenges of our family and friends with disabilities or chronic health conditions should always be considered when preparing for emergencies and disasters.
- ◆ The best time to start preparing is now!

## Prepping for Everyone

### 1. Gather Supplies and Build a Go-Bag



### 2. Make a Plan!

See Page 2 to learn about Purdue Extension's Family Emergency Plan and start building a plan to keep your family safe.

### 3. Practice your plan

- ◆ Review and update your Family Emergency Plan at least annually
- ◆ Practice your plan by simulated evacuations, fire drills, or living out of your Go-Bag for the weekend.
- ◆ Remember, bad things happen to good people. Be Ready!

- ◆ Use one of the many available checklists for ideas!
- ◆ Inventory what you already have on hand.
- ◆ Add supplies as appropriate.
- ◆ Prepare to be "on your own" for at least 72 hours!
- ◆ Thrift stores & garage sales help build your preps inexpensively.
- ◆ Purchase food you like to eat, and rotate stock regularly.
- ◆ Designate a place to store your preps so you know where to find them when needed!
- ◆ Consider the needs of family members with disabilities!



## Prepping for People with Disabilities

Individuals with disabilities or chronic health conditions need all the same things anyone else does to make it through a disaster. However, additional considerations should include:

- ◆ Maintain a stock of medicines, medical supplies, and vital medical devices.
- ◆ Keep mobility aids and assistive technology in good condition. Have extra batteries and even spare parts on hand.
- ◆ Communication is vital—individuals with disabilities should have appropriate and accessible communication devices.
- ◆ Plan ahead by making arrangements for assistance with friends or neighbors, and local emergency personnel, before a disaster event happens.

For more information:

 **PURDUE** UNIVERSITY | Extension  
[extension.purdue.edu](http://extension.purdue.edu)

**INDIANA**  
**PREPARED**  
[inprepared.org](http://inprepared.org)

  
EDEN  
EXTENSION DISASTER  
EDUCATION NETWORK  
[extensiondisaster.net](http://extensiondisaster.net)

  
**AgrAbility**  
Advancing Accessible Agriculture  
[agrability.org](http://agrability.org)

  
**Ready**  
[ready.gov](http://ready.gov)

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# Tips for completing your Family Emergency Plan

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Completing Purdue Extension's Family Emergency Plan is a great start in preparing for emergencies and disasters that might impact your family.

## General Tips:

- Get the whole family involved!
- Consider disability or health challenges of family members.
- Add pages if needed.
- Share the plan with local fire and EMS.
- Contact your county Purdue Extension Office for more information or assistance.

## Page 1

Designate an emergency meeting spot.

### Family Emergency Plan



Date the plan and update at least annually.

List a primary and alternate contact person.

Out of town contact if local lines are out.

Detailed directions for 911 dispatcher.

Add any other info responders should know.

List everyone who is regularly at the home

Contact info for everyone

When are they home?

Disability or health concern?

Where are your emergency supplies and resources?

## Page 3

Other things responders need to know.

List possible challenges, and potential useful resources.

List of important phone numbers

Include non-emergency numbers.

List friends or neighbors who know your home.

Who else needs listed?

## Page 2

Name of health or disability condition.

Who has a disability or health concern?

Concerns during an emergency situation.

List and describe your pets.

What else do you have that might be useful?

## Page 4

Sketch a diagram for each floor of your home.

It doesn't have to be a perfect drawing!

Show the floor plan, entrances, and exits.

Indicate where utility shutoffs are located.

Mark challenges for people with disabilities.