A Plan – know where to go, how to get there, who should be with you, how to access emergency information, emergency contact info (family, authorities), detailed information about your location (address, nearby hazards), and a backup plan

Water - one gallon of water per person per day for at least three days, for drinking and sanitation (at least 1-gallon per person per day)

Food - at least a three-day supply of non-perishable food

Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert

Flashlight

First aid kit

Extra batteries

Whistle to signal for help

Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place

Moist towelettes, garbage bags and plastic ties for personal sanitation

Multi-tool, wrench or pliers to turn off utilities

Manual can opener for food

Local maps

Cell phone with chargers and a backup battery or solar charger

Clothing – seasonal, rain gear/sturdy shoes

Medications

Liquid bleach – for water treatment (add 16 drops per gallon of water, stir and let set for 30 min)

Fire starter – matches/lighter, dry tender

Pet care items – food, water, medicine, carrier, leash, ID and immunization records

Cash – banks and ATMs may not be open or available for extended periods

Critical Documents – store in a waterproof container (ID, medical needs, account records, etc.)