



## The Pace of Life and Feeding: Health Implications

October 2-4, 2017  
Purdue University

Sponsored By:  
The Ingestive Behavior Research Center

## The Pace of Life and Feeding: Health Implications

The pace of life is fast and accelerating nationally and globally with uncertain effects on nutrition and health. A conference titled, "The Pace of Life and Feeding: Health Implications" will be held at Purdue University on Oct 2-4, 2017 to explore the historic, current and future consequences of changing lifestyles on diet quality and health. The conference program will be comprised of a plenary lecture on the evolutionary ecology of feeding practices followed by sessions critically reviewing knowledge on 1) Time allocation across subsistence economies; Spaciotemporal variation in human eating; 2) Clocks, hormones and environment; 3) The microstructure of eating; 4) The Built environment, 5) Snacking; and 6) Innovation in eating patterns. The goal will be to: A) objectively assess current knowledge, B) identify key areas of needed future research and C) determine promising approaches that may be taken by researchers, the food industry, health care providers and policy makers to translate current and emerging knowledge to improve the health of individuals and the population.

Register online at:  
[WWW.CONF.PURDUE.EDU/IBRC2017](http://WWW.CONF.PURDUE.EDU/IBRC2017)

## GENERAL INFORMATION

### Registration Questions

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*Conference Coordinator*

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### Program Content Questions

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### Submitting Poster Abstracts

[IngestiveAbstracts@purdue.edu](mailto:IngestiveAbstracts@purdue.edu)

## ACCOMMODATIONS

A block of rooms has been reserved at this location:

### Union Club Hotel at Purdue

Phone: (765) 494-8913 or (800) 320-6291

## PARKING

Union Club Hotel guests park free in the Grant Street Parking Garage. If you need a parking pass, they will be available at registration.

# SCHEDULE

## Monday, October 2

- 7:00 pm Welcome
- 7:15 pm **OPENING LECTURE:  
Evolutionary History of Human Feeding**  
Rachel Carmody, PhD, *Assistant Professor, Harvard*
- 8:15 pm Reception/Poster Session

## Tuesday, October 3

- 7:30 am Breakfast
- SESSION 1: TIME ALLOCATION ACROSS SUBSISTENCE ECONOMIES: SPATIOTEMPORAL VARIATION IN HUMAN EATING**  
Chair: Stacy Lindshield, PhD  
*Assistant Professor*
- 8:00 am **Food production and consumption patterns in hunter-gatherer communities**  
Amanda Veile, PhD, *Purdue University*
- 8:25 am **Food production and consumption patterns in a subsistence farming community**  
Karen Kramer, PhD, *Associate Professor, University of Utah*
- 8:55 am **Time allocation studies and dietary habits in the United States**  
Barbara Fiese, PhD, *Professor, University of Illinois at Urbana-Champaign*
- 9:20 am Discussion
- 9:50 am Break
- SESSION 2: CLOCKS, HORMONES AND THE ENVIRONMENT**  
**Co-Chair: Kim Kinzig, PhD**  
*Associate Professor, Purdue University*  
**Co-Chair: Heather Leidy, PhD**  
*Associate Professor and CTSI Clinical Research Facility Director, Purdue University*
- 10:00 am **Is it Time to Eat? Influence of circadian rhythms on ingestive behavior**  
Fred Turek, PhD, *Charles & Emma Morrison Professor, Northwestern University*

- 10:25 am **Eating on the run: Unconventional eating habits and cardio-metabolic consequences**  
Gerda Pot, PhD, *Lecturer, King's College London*
- 10:50 am **Gut-brain regulation of food intake: does it matter?**  
Stephen Woods, PhD, *Named Distinguished Research Professor, University of Cincinnati*
- 11:15 am **Learning versus homeostatic mechanisms**  
Scott Kanoski, PhD, *Assistant Professor, University of Southern California*
- 11:40 am Discussion
- 12:10 pm Lunch at Purdue Dining Hall
- SESSION 3: THE MICROSTRUCTURE OF EATING**  
**Chair: Georgia Malandraki, PhD, CCC-SLP, BCS-S**  
*Assistant Professor, Purdue University*
- 1:30 pm **Oral Environment**  
Cordelia Running, PhD, *Assistant Professor, Purdue University*
- 1:55 pm **Food Properties**  
Bryony James, PhD, *Professor and Associate Dean, University of Auckland*
- 2:20 pm **Oral Processing Time**  
Jim Hollis, PhD, *Associate Professor, Iowa State University*
- 2:45 pm Discussion
- 3:15 pm Break
- SESSION 4: THE BUILT ENVIRONMENT**  
**Chair: Heather Eicher-Miller, PhD**  
*Assistant Professor, Purdue University*
- 3:30 pm **Family Time Management**  
Blake Jones, PhD, *Assistant Professor, Purdue University*
- 3:55 pm **Fast Food Inclusion in Diet**  
Jayne Fulkerson, PhD, *Professor, University of Minnesota*
- 4:20 pm **Food Deserts**  
Michael Widener, PhD, *Assistant Professor, University of Toronto*

- 4:45 pm **Who is responsible for what we eat?**  
Jeff Brunstrom, PhD, *Professor, University of Bristol*
- 5:10 pm Discussion
- 5:30 pm Break for Dinner

## Wednesday, October 4

- 7:30 am Breakfast
- SESSION 5: SNACKING**  
**Chair: Nana Gletsu Miller, PhD**  
*Assistant Professor, Purdue University*
- 8:00 am **Eating patterns and snacking**  
Ashima Kant, PhD, *Professor, Queens College, The City University of New York*
- 8:25 am Discussion
- 8:40 am **The adverse consequences of snacking**  
Richard Mattes, PhD, RD, MPH, *Distinguished Professor, Purdue University*
- 9:05 am **The benefits of snacking**  
Joanne Slavin, PhD, RD, *Professor, University of Minnesota*
- 9:30 am Discussion
- 10:00 am Break
- SESSION 6: INNOVATION IN EATING PATTERNS**  
**Chair: Sylvia Rowe**  
*President, SR Strategy, LLC*
- 10:15 am **Farming**  
Jessica Fanzo, PhD, *Bloomberg Distinguished Associate Professor of Global Food and Agriculture Policy and Ethics, Johns Hopkins University*
- 10:40 am **Food Industry**  
Sarah Smith Simpson, PhD, *Senior Scientist, Nestle*
- 11:05 am **New Concepts**  
Darin Leonard, *CEO, Dream Dinners*
- 11:30 am Working Lunch

# REGISTRATION FORM

Name \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

This is my:  Home Address  Work Address

Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

Dietary Restrictions \_\_\_\_\_

Please indicate the number of posters you will be submitting:  
 0  1  2  3

Poster Title 1 \_\_\_\_\_

Poster Title 2 \_\_\_\_\_

Poster Title 3 \_\_\_\_\_

Purdue University is committed to making its programs accessible to individuals with disabilities. If you require an accommodation or special assistance due to a disability, please contact us at (765) 494-7225.