PEAP Chicago trip on July 9

The Purdue Employees Activity Program, a subcommittee of the Clerical and Service Staff Advisory Committee, is sponsoring a bus trip in July to Chicago.

PEAP’s trip will be July 9. Participants can choose to go to the Taste of Chicago or Shedd Aquarium. The bus is scheduled to leave the parking lot of Freehafer Hall at 8 a.m. EDT and is scheduled to return at approximately 8 p.m. EDT.

A $28 pre-registration is required. Pre-registration covers only the cost of the bus trip and does not include the cost of entry to the Taste of Chicago or Shedd Aquarium.

Registration deadline is June 24. Fliers and registration forms are available at www.purdue.edu/cssac/Employee_trips/index.html.

For more information, contact Brenda Gunion atgunion@purdue.edu or 765-494-4672.
CSSAC elects vice chair, emeritus members

The Clerical and Service Staff Advisory Committee on May 10 elected R. Allen Bol vice chair for 2016-17.

As vice chair, Bol, an assistant in Purdue Libraries, will be chair of the Bridge Committee and a member of the Membership sub-committee as well as chair CSSAC meetings when the chair is not available.

Bol, who takes office in September, will succeed the chair the following September. The current vice chair, Tiffany Eakin, will be chair in 2016-17.

Also during CSSAC’s May 10 meeting, members Pat Carducci, Philip Cederquist and Teresa Remaly were elected emeritus members. Emeritus members are nonvoting and provide knowledge to newer members, assist with continuing or ongoing projects, and assist CSSAC in representation on University committees.

CSSAC members are eligible for an emeritus position upon completion of their regular CSSAC membership. Emeritus members serve a one-year term starting in September.

Join the Center for Healthy Living at the Purdue Farmers Market

Ellen Welch, registered dietitian at the Center for Healthy Living, and other center health and wellness coaches will be present at the Purdue Farmers Market the second Thursday of every month, beginning June 9 (look for the blue Premise Health tablecloth). They will provide nutritional tips and recipe ideas for the various seasonal produce available.

According to Welch, the Center for Healthy Living supports the farmers market concept as a great place to find fresh, nutritious, delicious and locally grown fruits and vegetables.

In an effort to promote healthy eating and work with local small businesses, the Purdue Farmers Market offers a wide selection of locally grown produce, flowers and locally prepared lunches.

The Purdue Farmers Market is open 11 a.m. to 2 p.m. Thursdays on Memorial Mall through Aug. 11. After Aug. 11, the market will be open from 11 a.m. to 3 p.m.

The center health and wellness coaches will be there as follows:

- June 9: 11 a.m.-2 p.m.
- July 14: 11 a.m.-2 p.m.
- Aug. 11: 11 a.m.-2 p.m.
- Sept. 8: 11 a.m.-3 p.m.
- Oct. 13: 11 a.m.-3 p.m. (Note: Location will move to the Hello Walk on Memorial Mall.)
Parking permits expire Aug. 15; online renewal available soon

Parking permits are set to expire on Aug. 15, and faculty and staff have received their renewal notification.

To purchase a new permit, follow the link in the renewal notification email or visit the Parking Facilities website. Employees have the option to receive the permit via campus mail or to pick up the permit in person via the Express Line at the Parking Facilities office beginning Aug. 1. If you choose to have the permit mailed, purchase online before Aug. 5 to allow time for campus mailing.

Permits also may be renewed in person at the Parking Facilities office, located at the Purdue West Shopping Plaza, beginning Aug. 1. Individuals who renew a parking permit in person will receive their new permit immediately. All permit renewals must be completed either online or in person this year; there will be no mailed renewal forms. All questions should be directed to Parking Facilities at 765-494-9497 or parking@purdue.edu

Congrats recent graduates!

Although many people have received degrees last month, we would like to send a personal shout out to two CSSAC members who recently acquired diplomas.

We are in awe of Mitzi Barnett and Lisa Sultemeier who attended classes while holding down demanding jobs. Their commitment to Purdue and life-long learning is an inspiration to us all. Congratulations!

Mitzi Barnett
Associate Degree – Business Administration and Human Resource Management
Ivy Tech Community College

Lisa Sultemeier
Bachelor of the Arts – Communication
Brian Lamb School of Communication
Purdue University
Tell Your Story: Do you have a minority social identity that others might not know about? Maybe you’ve hidden part of who you are in the past; but have chosen to be more open lately? The Purdue Identities Project (PIP) wants to hear your story.

As part of a media and educational campaign, PIP is looking for volunteer students, staff, faculty volunteers to talk about what it’s like to have a minority social identity that might not be obvious to others. PIP is collecting short video interviews that will be edited and used to help educate others on the wide range of social identities on campus, in the effort to help to create an atmosphere of identity inclusion and acceptance. All may apply (and the sharing of your name or image is optional). Please contact identities@purdue.edu for more information; or visit www.tinyurl.com/PurdueIdentities to sign up directly. #BeSeen

Note: Concealable identities include, but are not limited to:
- disability status;
- bi- or multi-racial status;
- national origin;
- culture;
- sexual orientation and gender identity;
- veteran status;
- family dynamics;
- victimization

Center for Healthy Living offers ‘Living with Diabetes’ program

‘Living with Diabetes’ program provides education, support, medication discounts

The Center for Healthy Living is back with another session of its comprehensive program tailored to those living with type 1 or type 2 diabetes as well as those who have been identified with pre-diabetes. The upcoming “Living with Diabetes” program begins Aug. 22 and runs through Nov. 14. Register by Monday, July 11 by calling 49-45505.

Eligibility to participate
To participate in the program, individuals must have a diagnosis of diabetes or pre-diabetes from a Center for Healthy Living (CHL) provider or through documentation from an approved provider. It’s tailored for the newly diagnosed, as well as those with years of experience living with this disease. Attendees may also invite a supportive family member or friend to attend the program with them.

The program is available at no charge to benefits-eligible faculty and staff at all Purdue campuses – including those who have opted out of Purdue medical coverage – and for spouses/same-sex domestic partners and adult dependents covered on a Purdue medical plan. Staff at regional campuses will be provided telephonic and portal support to complete the program.

In addition, parents of minor children (covered on a Purdue medical plan) may participate on behalf of the child.

Program basics
The program consists of a pre-assessment, a post-assessment, a 12-week class that meets once a week and ongoing health coaching and pharmacist visits tailored to your needs.

The primary objective of the program is to share essential education and support so participants can manage their condition, stay healthy and prevent complications. Participants will gain the educational tools needed for success and devel-
op a plan to become an active partner with their healthcare providers.

Center for Healthy Living experts will lead the program. Participants have access to expert services of the center’s health care professionals, including:

- A registered nurse (RN) who is a certified diabetes educator and health and wellness coach;
- A pharmacist (PharmD) who is specially trained in medication therapy management (MTM); and
- A registered dietitian (RD) who will assist with individualized meal planning.

Additionally, participants will meet providers in the fields of optometry, endocrinology and podiatry.

Here’s another great benefit: The program provides discounts on your diabetes medications when you maintain participation throughout 2016.

Classes are available at the following days/times:

- Mondays, noon – 12:50 p.m., Hall for Discovery and Learning Research (DLR), Room 143A
- Thursdays, 8 – 9 a.m., TBD
- Thursdays, noon – 12:50 p.m., TBD

Each class time is limited to 20 participants. Purdue employees who work during the program’s meeting and appointment times may participate in paid status with supervisor approval and don’t need to take sick leave or vacation.

More details

- Information about the program and the medication discounts is available on the Center for Healthy Living’s website. The same plan provisions in regards to medication discounts would apply to the child(ren) whose parents attend on their behalf.
- Real life results: Learn how the “Living with Diabetes” program positively impacted Matthew McClain’s life after he was diagnosed with type 2 diabetes.

Questions about the program should be directed to the Kamal Singh, PharmD, at the Center for Healthy Living at 49-66833.

CSSAC Excellence Award nominations invited

The Clerical and Service Staff Advisory Committee is now accepting nominations for the CSSAC Excellence Award, which recognizes clerical and service staff members who perform at outstanding levels.

Nominations will be accepted until 5 p.m. July 11. The award, first presented in 2013, is sponsored by the Office of the Treasurer and Chief Financial Officer and the Office of the Provost.

The annual award was created as a campus-wide way of recognizing and honoring clerical and service staff members (operations/technical staff not eligible). It recognizes a full-time clerical staff member and a full-time service staff member from the West Lafayette campus who each:

- Consistently goes above and beyond their job requirements.
- Demonstrates exemplary conduct and leadership skills.
- Provides exemplary customer service.
- Shows initiative.

Nominees must have completed at least three years of continuous service to the University. The winners will each receive a plaque and $1,500 that is subject to tax withholdings.

CSSAC representatives cannot be nominated, but anyone at Purdue can submit nominations.

Nominations must include:

- A concise summary statement that is two pages or less in length. The summary must outline the nominee’s ability to go consistently above and beyond his or her job requirements, demonstrate exemplary conduct and leadership skills, provide exemplary customer service and show initiative.
- Only two letters of support from any faculty members, staff members or students. Letters of support must be two pages or less in length.

Nominations can be forwarded as hard copies or electronically to Carrie Hanson at Human Resources in FREH or carrie@purdue.edu. For more information, contact Hanson at 494-7397 or carrie@purdue.edu.