Instructions

This task is NOT intended to be a quiz with a score but instead to be a self-assessment for learning about yourself and to introduce you to issues associated with intercultural learning. Your objective is not to choose a ‘right’ answer, but rather to reflect on your own personal feelings and attitudes about interacting with other cultures. This self-assessment gives you the chance to learn about yourself.

1. I am able to communicate effectively with people from different cultures

   [ ] Strongly Disagree (1) [ ] Disagree (2) [ ] Not Sure (3) [ ] Agree (4) [ ] Strongly Agree (5)

2. I understand the challenges faced by people from different cultures

   [ ] Strongly Disagree (1) [ ] Disagree (2) [ ] Not Sure (3) [ ] Agree (4) [ ] Strongly Agree (5)

3. I avoid imposing values that may conflict with cultural groups other than my own

   [ ] Strongly Disagree (1) [ ] Disagree (2) [ ] Not Sure (3) [ ] Agree (4) [ ] Strongly Agree (5)

4. I could not easily get accustomed to living in another country

   [ ] Strongly Disagree (5) [ ] Disagree (4) [ ] Not Sure (3) [ ] Agree (2) [ ] Strongly Agree (1)

5. I can easily relate to people that are different from me

   [ ] Strongly Disagree (1) [ ] Disagree (2) [ ] Not Sure (3) [ ] Agree (4) [ ] Strongly Agree (5)

6. Traveling allows me to understand different cultures

   [ ] Strongly Disagree (1) [ ] Disagree (2) [ ] Not Sure (3) [ ] Agree (4) [ ] Strongly Agree (5)

7. In the future, I will travel to other countries to better understand culture and diversity

   [ ] Strongly Disagree (1) [ ] Disagree (2) [ ] Not Sure (3) [ ] Agree (4) [ ] Strongly Agree (5)

8. Rate yourself on respect or valuing other cultures

   [ ] Poor (1) [ ] Below Average (2) [ ] Average (3) [ ] High (4) [ ] Very High (5)
9. Rate yourself on openness to intercultural learning and to people from other cultures
   ○ Poor (1) ○ Below Average (2) ○ Average (3) ○ High (4) ○ Very High (5)

10. Rate yourself on tolerance for ambiguity
    ○ Poor (1) ○ Below Average (2) ○ Average (3) ○ High (4) ○ Very High (5)

11. Rate yourself on flexibility in using appropriate communication styles and behaviors in intercultural situations
    ○ Poor (1) ○ Below Average (2) ○ Average (3) ○ High (4) ○ Very High (5)

12. Rate yourself on curiosity and discovery
    ○ Poor (1) ○ Below Average (2) ○ Average (3) ○ High (4) ○ Very High (5)

13. Rate yourself on withholding judgment
    ○ Poor (1) ○ Below Average (2) ○ Average (3) ○ High (4) ○ Very High (5)

14. Rate yourself on cultural self-awareness/understanding
    ○ Poor (1) ○ Below Average (2) ○ Average (3) ○ High (4) ○ Very High (5)

15. Rate yourself on understanding others’ worldviews
    ○ Poor (1) ○ Below Average (2) ○ Average (3) ○ High (4) ○ Very High (5)

16. Rate yourself on culture-specific knowledge
    ○ Poor (1) ○ Below Average (2) ○ Average (3) ○ High (4) ○ Very High (5)

17. Rate yourself on sociolinguistic awareness or awareness of using other languages in social contexts
    ○ Poor (1) ○ Below Average (2) ○ Average (3) ○ High (4) ○ Very High (5)

18. Rate yourself on skills to listen, observe and interpret
    ○ Poor (1) ○ Below Average (2) ○ Average (3) ○ High (4) ○ Very High (5)
19. Rate yourself on skills to analyze, evaluate, and relate

☐ Poor (1) ☐ Below Average (2) ☐ Average (3) ☐ High (4) ☐ Very High (5)

20. Rate yourself on empathy or do unto others as they would have done unto them

☐ Poor (1) ☐ Below Average (2) ☐ Average (3) ☐ High (4) ☐ Very High (5)

21. Rate yourself on adaptability to different communication styles/behaviors

☐ Poor (1) ☐ Below Average (2) ☐ Average (3) ☐ High (4) ☐ Very High (5)

22. Rate yourself on adaptability to new cultural environments

☐ Poor (1) ☐ Below Average (2) ☐ Average (3) ☐ High (4) ☐ Very High (5)

23. Rate yourself on intercultural communication skills or appropriate AND effective communication in intercultural settings

☐ Poor (1) ☐ Below Average (2) ☐ Average (3) ☐ High (4) ☐ Very High (5)