#### Chad C. Carroll, PhD

email: carrol71@purdue.edu

#### **SUMMARY**

- Nineteen years of academic experience post completion of PhD.
- Fifteen years of post-fellowship experience as an independent researcher.
- Twenty-four years of experience with clinical research studies.
- Fifteen years of experience as an educator
  - Medical school level and undergraduate endocrinology, thermoregulation, diabetes and glucose regulation, energy metabolism, skeletal muscle physiology, tendon physiology and pathology, cardiovascular physiology, and exercise physiology.
- Extensive experience with course development and administration of classes from 3-300 students.
- Leadership Roles
  - 2022-present, Graduate Program Director, Department of Health and Kinesiology, Purdue University
  - 2022-present, Section Member-at-Large, Orthopaedic Research Society Tendon Section
  - 2013-2016, Institutional Review Board Chair, Midwestern University
  - 2009-2016, Course Director, Human Physiology, Midwestern University
- Extensive experience overseeing human clinical studies and studies with rodents from development through publication.
- Experienced in clinical study development, team management, budget management, grant writing, manuscript writing and publication.
- Extensive knowledge of tendon physiology and pathology.
- Experienced presenter adept at presenting complex material in easily understandable manner.
- Fifty-four peer-reviewed publications.

#### **RESEARCH PROGRAM**

The long-term goal of my research program is to delineate the mechanisms contributing to the development of tendon degeneration and delayed healing in persons with diabetes and older adults. My multi-faceted research portfolio has projects focused on endogenous circulating mediators of tendon pathology. This includes advanced glycation end-products (AGEs, which are elevated in persons with diabetes) and hormones such as estrogen. My work also focuses on nutritional interventions and how their combination with exercise can serve as a modifier for tendon health. My work spans the translational spectrum - from molecular biology experiments to test mechanisms of disease to human clinical trials to test treatment efficacy.

#### **EDUCATION AND TRAINING**

2004-2008, Post-Doctoral Fellow

Human Physiology, Human Performance Laboratory, Ball State University, Muncie, IN

Mentor: Todd A. Trappe, PhD

2001-2004, Ph.D.

Physiology & Biophysics, University of Arkansas for Medical Sciences, Little Rock

Mentor: Todd A. Trappe, PhD

Dissertation: Human Soleus and Vastus Lateralis Muscle Protein Metabolism with an Amino Acid Infusion

1999-2001, M.S.

Exercise Physiology, Ball State University, Muncie, IN

Mentor: Scott W. Trappe, PhD

Thesis: Skeletal Muscle Characteristics of Individuals with Multiple Sclerosis

1994-1999, B.S.

Exercise Science, Lake Superior State University, Sault Ste. Marie, MI

#### **ACADEMIC APPOINTMENTS AND POSITIONS**

08/2022-present, Associate Professor with Tenure, Department of Health and Kinesiology Purdue University, West Lafayette, IN

06/2022-present, Director of Graduate Studies, Department of Health and Kinesiology Purdue University, West Lafayette, IN

2017-present, Adjunct Assistant Professor Indiana University School of Medicine, West Lafayette, IN

2017-present, Faculty Associate, Center on Aging and the Life Course Purdue University, West Lafayette, IN

2017-present, Faculty, Interdepartmental Nutrition Program Purdue University, West Lafayette, IN

07/2016-08/2022, Assistant Professor, Department of Health and Kinesiology Purdue University, West Lafayette, IN

08/2012-07/2016, Associate Professor of Physiology with Tenure Midwestern University, Glendale, AZ

07/2008-08/2012, Assistant Professor of Physiology Midwestern University, Glendale, AZ

2004-2008, Post-Doctoral Fellow, Human Performance Laboratory Ball State University, Muncie, IN

# **AWARDS and HONORS**

2022	Dr. Carroll was highlighted in the December 2022 issue of Tendon Times published by the Orthopaedic Research Society. <a href="https://oasis-prod01-unlayer.s3.amazonaws.com/generated/pdf/1674611006128-n4zXkBViEoLjvjc6.pdf">https://oasis-prod01-unlayer.s3.amazonaws.com/generated/pdf/1674611006128-n4zXkBViEoLjvjc6.pdf</a>
2022	Research study "Effect of incorporating lean beef into a protein-rich diet during resistance training program on skeletal muscle and connective tissue strength and quality in older women" was a featured article in the Center for Aging and the Life Course newsletter.
2021	Award for Exceptional Teaching and Instructional Support during the COVID-19 Pandemic, Purdue University
2019	Department of Health and Kinesiology, Graduate Teaching Excellence Award, Purdue University
2010-2015	NIH Loan Repayment Recipient
2008	Experimental Biology Abstract selected for National Press Release
	Ibuprofen and acetaminophen promote muscle hypertrophy and strength gains during resistance exercise in the elderly. FASEB J. 22: 753.31, 2008.

# RECENT PROFESSIONAL DEVELOPMENT

2023	American Kinesiology Leadership Workshop: Social Justice and Equity Imperatives: A Call to Action, San Diego, CA.
2022	Attended virtual presentation "Critical Conversations for DEI: Ageism"
2022	American Kinesiology Association Leadership Workshop and Graduate Education Preworkshop Two-day workshop covering topics including DEI, graduate student health, recruitment, and retention, and current and future issues in academic leadership.
2021	Participated in Purdue University's National Science Foundation I-Corp 5-week course "Introduction to Customer Discovery".
2018	Completed "Big Data Training for Translational Omics Research Bootcamp" at Purdue University. This was a week-long program held for 12 hours per day providing a detailed overview of RNA sequencing and other high output methods.

# PEER-REVIEWED PUBLICATIONS

\*Indicates primary author(s), superscript numbers indicate co-author(s) mentored by the candidate: "undergraduate, graduate student, postdoctoral scientist. Times cited information from Google Scholar.

Citations as of 07/31/2023

Citations: 2331 h-index: 23 i10-index: 42

- Connolly, G, Hudson, JL, Bergia, RE, Davis, EM, Hartmann, AS, Zhu, W, Carroll, CC, Campbell, WW. Effects of Consuming Ounce-Equivalent Portions of Animal- Versus Plant-Based Protein Foods, as Defined by the Dietary Guidelines for Americans on Essential Amino Acids Bioavailability in Young and Older Adults: Cross-Over Randomized Controlled Trials. Nutrients. 2023 Jun 25;15(13): 2870.
- 2. Reidy, PT, Borack, MS, Dickinson, JM, **Carroll, CC**, Burd, NA, Drummond, MJ, Fry, CS, Lambert, BS, Gundermann, DM, Glynn, EL, Markofski, MM, Timmerman, KL, Moro, T, Volpi, E. Trappe, SW, Trappe, TA, Harber, MP, and Rasmussen, BB. Post-absorptive muscle protein synthesis is higher in outpatients as compared to inpatients. Journal of Muscle Research and Cell Motility. Am J Physiol Endocrinol Metab. 2023 Aug 1;325(2): E113-E118.
- 3. Campbell<sup>g</sup>, NWC, Patel<sup>g</sup>, SH, Ferrandi<sup>g</sup>, P, Couture<sup>g</sup>, S, Farino<sup>u</sup>, DO, Stout, J, Sabbaghi, A, and **Carroll\*, CC**. Impact of essential amino acid intake, resistance exercise, and aging on the concentration of Achilles peritendinous amino acids and procollagen Iα1 in humans. Amino Acids. 2023 Jun;55(6): 777-787.
- 4. Wiggs, WP, Yang, L, Shimkus, KL, Colleen, IO, Lima, F, Macias, BR, Shirazi-Fard, Y, Greene, ES, Hord, JM, Braby, LA, Carroll, CC, Lawler, JM, Bloomfield, SA, and Fluckey, JD. Combined effects of heavy ion exposure and simulated Lunar gravity on skeletal muscle. Life Sciences in Space Research. Life Sci Space Res (Amst). 2023 37:39-49. Impact Factor: 2.73
- 5. Patel<sup>9</sup>, SH and **Carroll, CC\***. Impact of elevated serum advanced glycation end products and exercise on intact and injured murine tendons. Connect Tissue Res. 2023 Mar;64(2):161-174. Impact Factor: 3.342
- 6. Patel<sup>9</sup>, SH, Mendias, CL, and **Carroll\*, CC.** Descriptive transcriptome analysis of tendon-derived fibroblasts following in-vitro exposure to advanced glycation end products. PLoS One. 2022 July 17(7), e0271770. Cited: 3, Impact Factor: 3.752
- 7. Serrano\*, N, Tran, L, Hoffman, N, Roust, LR, Filippis, E, **Carroll, CC**, Patel<sup>g</sup>, SH, Kras, KA, Buras, B, and Katsanos\*, CS. Lack of increase in muscle mitochondrial protein synthesis during the course of aerobic exercise and its recovery in the fasting state irrespective of obesity. Front Physiol. 2021 Aug, Article 702742. Cited: 5, Impact Factor: 4.134
- 8. Mazo<sup>9</sup>, CE, D'Lugos<sup>9</sup>, AC, Sweeney, K, Haus, JM, Angadi, SS, **Carroll, CC**, and Dickinson\*, JM. The effects of acute aerobic and resistance exercise on mTOR signaling and autophagy markers in human skeletal muscle. European Journal of Applied Physiology. 2021 121(10), 2913-2924 2021 July 1. Cited: 10, Impact Factor: 2.620
- 9. **Carroll\*, CC**, Patel<sup>g</sup>, SH, Chemelewski<sup>u</sup>, K, and Curtis, D. Acute onset Achilles tendon pain and swelling treated with an amniotic fluid-derived allograft: A case study. Journal of the American Podiatric Medical Association. 2021 Feb 1;111(1). Cited: 2, Impact Factor: 0.574
- 10. **Carroll\*, CC**, Patel<sup>g</sup>, SH, Simmons<sup>g</sup>, J, Gorden, B, Olson<sup>g</sup>, JF, Chemelewski<sup>u</sup>, K, Saw<sup>u</sup>, SK, Hale, TM, Howden, R, and Sabbaghi, A. Impact of genistein supplementation on tendon functional properties and gene expression in estrogen deficient rats. Journal of Medical Foods 2020 23(12), 1266-1274. Cited: 4, Impact Factor: 2.020
- 11. Patel<sup>g\*</sup>, SH, Yue, F, Saw<sup>u</sup>, SK, Fogith, R, Cannon, JR, Shannahan, J, Kuang, S, Sabbaghi, A, and **Carroll\*, CC**. Advanced Glycation End-Products Modulate Mitochondrial Function and Proliferative Capacity in Tendon Derived Fibroblasts. Scientific Reports. 2019 Aug 30;9(1):12614. PMID: 31471548 Cited: 25, Impact Factor: 4.122
- 12. Vines, K, Rongzi L, Thangiah G, Broderick, TL, **Carroll, CC**, and Jeganathan\*, R. Nerve growth factor receptor TrkA signaling in streptozotocin-induced type 1 diabetes rat brain. Biochemical and Biophysical Research Communications. 2019 Jul 5;514(4):1285-1289. Cited: 6, Impact Factor: 2.705
- 13. D'Lugos<sup>9\*</sup>, AC, Fry, CS, Ormsby, JS, Sweeney, KR, Hale, TM, Gonzales, RJ, Angadi, SS, **Carroll, CC**, Dickinson\*, JM. Chronic doxorubicin administration impacts satellite cell and capillary abundance in a muscle specific manner. Physiological Reports. 2019 Apr;7(7):e14052. Cited: 12, Impact Factor: 2.103

- Shimkus,\* KL, Shirazi-Fard, Y, Wiggs, MP, Ullah, ST, Pohlenz, C, Gatlin, III DM, Carroll, CC, Hogan, HA, and Fluckey,\*JD. Responses of skeletal muscle size and anabolism are reproducible with multiple periods of unloading/reloading. Journal of Applied Physiology. (1985). 2018 Nov 1;125(5):1456-1467. Cited: 17, Impact Factor: 3.056
- 15. Tran\*, L, Kras, KA, Hoffman, N, Ravichandran, J., Dickinson, JM, D'Lugos<sup>g</sup>, AC, **Carroll, CC**, Patel<sup>g</sup>, SH, Mandarino, LJ, Roust, L, and Katsanos\*, CS. Lower fasted-state but greater change in plasma amino acid-induced rise in muscle protein synthesis in people with obesity. Obesity (Silver Spring). 2018 Jul;26(7):1179-1187. Cited: 22, Impact Factor: 3.969
- 16. Patel<sup>9\*</sup>, SH, Sabbaghi, A, and **Carroll\***, **CC**. Streptozotocin-induced diabetes alters mRNA expression of ECM regulators in rat patellar tendon. Connective Tissue Research. 2018 May 10:1-11. Cited: 12, Impact Factor: 2.167
- 17. Dickinson\*, JM, D'Lugos<sup>g</sup>, AC, Naymik, M, De Both, M, Siniard, A, Wolfe, A, Curtis, D, Gaesser, GA, Huentelman\*, MJ and **Carroll\***, **CC**. Transcriptome response of human skeletal muscle to divergent exercise stimuli. Journal of Applied Physiology. 2018 Jun 1;124(6):1529-1540. Cited: 65, Impact Factor: 3.056
- 18. D'Lugos\*<sup>9</sup>, AC, Patel<sup>9</sup>, SH, Ormsby, JC, Curtis, DP, Fry, CS, **Carroll\*, CC**, and Dickinson\*, JM. Prior acetaminophen (paracetamol) consumption delays the early anabolic response of human skeletal muscle to resistance exercise. Journal of Applied Physiology. 2018 Apr 1;124(4):1012-1024. Cited: 19, Impact Factor: 3.056
- 19. Kras\*, KA, Hoffman, N, Roust, LR, Patel<sup>9</sup>, SH, **Carroll, CC**, and Katsanos\*, CS. Plasma amino acids stimulate uncoupled respiration of muscle subsarcolemmal mitochondria in lean but not obese humans. Journal of Clinical Endocrinology and Metabolism. 2017 Dec 1;102(12):4515-4525. Cited: 9, Impact Factor: 4.181
- 20. Dickinson\*, JM, D'Lugos<sup>9</sup>, AC, Mahmood, TM, Ormsby, J, Salvo, L, Dedmon<sup>9</sup>, WL, Patel<sup>9</sup>, SH, Katsma<sup>u</sup>, MS, Gonzales, RJ, Hale, TM, **Carroll\*, CC**, Angadi\*, SS. Exercise protects skeletal muscle during chronic doxorubicin administration. Medicine Science in Sport and Exercise. 2017 Dec;49(12):2394-2403. Cited: 22, Impact Factor: 4.478
- 21. Patel<sup>9\*</sup>, SH, D'Lugos<sup>9</sup>, AC, Eldon<sup>u</sup>, ER, Curtis, D, Dickinson, JM, and **Carroll\***, **CC**. Impact of acetaminophen consumption and resistance exercise on extracellular matrix gene expression in human skeletal muscle. American Journal of Physiology Regulatory Integrative and Comparative Physiology. 2017 2017 Jul 1;313(1):R44-R50. Cited: 11, Impact Factor: 3.261
- 22. Katsma, MS<sup>u</sup>, Patel<sup>g</sup>, SH, Eldon<sup>u</sup>, ER, Arthur, KA, Shimkus, KL, Fluckey, JD, and **Carroll\*, CC**. The influence of chronic IL-6 exposure, in vivo, on rat Achilles tendon extracellular matrix. Cytokine, 2017 May;93:10-14. Cited: 11, Impact Factor: 3.488
- 23. Astill<sup>9</sup>, BD, Katsma<sup>u</sup>, MS, Cauthon<sup>u</sup>, DJ, Greenlee<sup>u</sup>, J, Murphy<sup>u</sup>, M, Curtis, D, and **Carroll\***, **CC**. Sex-based difference in Achilles tendon release of matrix metalloproteinases and growth factors after acute resistance exercise. Journal of Applied Physiology. 2017 Feb 1;122(2):361-367. Cited: 22, Impact Factor: 3.056
- 24. Potter, RM, Huynh<sup>g</sup>, RT, Volper<sup>g</sup>, BD, Arthur, KA D'Lugos<sup>g</sup>, A, Sørensen, MA, Magnusson, SP, Dickinson, JM, Hale, TM, and **Carroll\***, **CC**. The impact of TGF-β inhibition during acute exercise on Achilles tendon extracellular matrix. American Journal of Physiology Regulatory Integrative and Comparative Physiology I. 2017 Jan 1;312(1):R157-R164. Cited: 19, Impact Factor: 3.261
- 25. Tran\*, L, Hanavan, PD, Campbell, LE, De Filippis, E, Lake, DF, Coletta, DK, Roust, LR, Mandarino, LJ, **Carroll, CC**, Katsanos\*, CS. Prolonged Exposure of Primary Human Muscle Cells to Plasma Fatty Acids Associated with Obese Phenotype Induces Persistent Suppression of Muscle Mitochondrial ATP Synthase β Subunit. PLOS One. 2016 Aug 17;11(8). Cited: 17, Impact Factor: 2.776
- 26. Everman\*, S, Meyer, C, Tran, L, Hoffman, N, **Carroll, CC**, Dedmon<sup>9</sup>, WL, and Katsanos\*, CS Insulin does not Stimulate Muscle Protein Synthesis during Increased Plasma Branched-chain Amino Acids Alone but Decreases Whole-body Proteolysis in Humans. American Journal of Physiology Endocrinology and Metabolism. 2016 Oct 1;311(4): E671-E677. Cited: 27, Impact Factor: 4.181
- 27. Trappe\*, TA, Ratchford, SM, Brower, BE, Liu, SZ, Lavin, KM, Carroll, CC, Jemiolo, B and Trappe, SW. COX inhibitor influence on skeletal muscle fiber size and metabolic adaptations to resistance exercise in older adults. Journal of Gerontology. Series A Biological Sciences and Medical Sciences. 2016; 71(10): 1289-1294. Cited: 41, Impact Factor: 4.711
- 28. **Carroll\*, CC**. Analgesic drugs alter connective tissue remodeling and mechanical properties. Exercise Sports Science Reviews. Invited Review. 44(1):29-36, 2016. Cited: 13, Impact Factor: 4.25.

- 29. Volper<sup>9</sup>, BD, Huynh<sup>9</sup>, RT, Arthur, KA, Noone, J, Gordon, BD, Zacherle, EW, Munoz, E, Sorensen, MA, Broderick, TL, Magnusson, SP, Howden, R, Hale TM, and **Carroll\***, **CC**. The influence of acute and chronic streptozotocin-induced diabetes on rat tendon extracellular matrix and mechanical properties. American Journal of Physiology Regulatory Integrative and Comparative Physiology. 309(9): R1135-43, 2015. Cited: 30, Impact Factor: 3.261
- 30. Everman\*, S, Meyer, C, Mandarino, LJ, **Carroll, CC**, and Katsanos\*, CS. Acute exposure to increased plasma branched-chain amino acids does not alter the sensitivity to insulin-stimulated plasma glucose disposal in young healthy subjects. PLOS ONE. 10(3): e0120049, 2015. Cited: 20, Impact Factor: 2.776
- 31. **Carroll\***, **CC**, Martineau<sup>u</sup>, K, Corbell, K, Huynh<sup>g</sup>, RT, Volper<sup>g</sup>, BD, and Broderick, TL. The effect of chronic treadmill exercise and acetaminophen on collagen and cross-linking in rat skeletal muscle and heart. American Journal of Physiology Regulatory Integrative and Comparative Physiology. 308: R294-R299, 2015. Cited: 21, Impact Factor: 3.261
- 32. Gump<sup>g</sup>, BS, McMullan<sup>g</sup>, DR, Cauthon<sup>u</sup>, DJ, Whitt<sup>g</sup>, JA, Del Mundo, JD, Letham<sup>u</sup>, T, Kim, PJ, Friedlander, G, Pingel, J, Langberg, H, and **Carroll\***, **CC**. Short-term acetaminophen consumption enhances the increase in Achilles peritendinous IL-6 production after treadmill exercise in humans. Journal of Applied Physiology. 115: 929-936, 2013. Cited: 29, Impact Factor: 3.056
- 33. **Carroll\*, CC**, O'Conner, DT, Steinmeyer, R, Del Mundo, JD, McMullan, DR<sup>g</sup>, Whitt, JA<sup>g</sup>, Ramos, JE<sup>u</sup>, and Gonzales, RJ The influence of acute resistance exercise on human skeletal muscle cyclooxygenase activity and protein content. American Journal of Physiology Regulatory Integrative and Comparative Physiology. 305(1): R24-30, 2013. Cited: 32, Impact Factor: 3.261
- 34. Trappe\*, TA, Standley, RA, Jemiolo, B, **Carroll, CC**, and Trappe SW. Prostaglandin and myokine involvement in the cyclooxygenase-inhibiting drug enhancement of skeletal muscle adaptations to resistance exercise in older adults. American Journal of Physiology Regulatory Integrative and Comparative Physiology. 304(3): R198-205, 2013. Cited: 67, Impact Factor: 3.261
- 35. Biwer\*, L. Broderick, T., Xu, H., **Carroll, CC**, and Hale\*, T. Protection against L-NAME induced reduction in cardiac output persists even after cessation of angiotensin-converting enzyme inhibitor treatment. Acta Physiologica (Oxf). 207(1): 156-65, 2013. Cited: 18, Impact Factor: 5.868
- 36. Ramos<sup>u</sup>, JE, Al-Nakkash, L, Peterson, A, Gump<sup>g</sup>, B, Djandjoulia, T, Moore<sup>u</sup>, S, Broderick, T, and **Carroll\*, CC**. The soy isoflavone genistein inhibits the reduction in Achilles tendon collagen content induced by ovariectomy in rats. Scand J Med Sci Sports. 22(5): e108-14, 2012. Cited: 17, Impact Factor: 3.631
- 37. **Carroll\*, CC**, Whitt<sup>9</sup>, JA, Peterson, A, Gump<sup>9</sup>, B, Tedeschi, J, and Broderick, TL. The influence of acetaminophen and exercise on rat Achilles tendon structural properties. American Journal of Physiology Regulatory Integrative and Comparative Physiology 302(8): R990-5, 2012. Cited: 25, Impact Factor: 3.261
- 38. **Carroll\*, CC**, Dickinson, JM, LeMoine, JK, Haus, JM, Weinheimer, EM, Hollon, CJ, Aagaard. P, Magnusson, SP, and Trappe\*, TA. Influence of acetaminophen and ibuprofen on in vivo patellar tendon adaptations to knee extensor resistance exercise in older adults. Journal of Applied Physiology. 111(2): 508-15, 2011. Cited: 61, Impact Factor: 3.056
- 39. Trappe\*, TA, Carroll\*, CC, Dickinson, JM, LeMoine, JK, Haus, JM, Weinheimer, EM, and Hollon, CJ. Influence of acetaminophen and ibuprofen on skeletal muscle adaptations to resistance exercise in older adults. American Journal of Physiology Regulatory Integrative and Comparative Physiology 300: R655-R662, 2011. Cited: 240, Impact Factor: 3.261
- Burd\*, NA, Dickinson, JM, LeMoine, JK, Carroll, CC, Haus, JM, Jemiolo, B, Trappe, SW, Hughes, GM, Sanders Jr., C, and Trappe\*, TA. Effect of cyclooxygenase-2 inhibitor on postexercise muscle protein synthesis in humans. American Journal of Physiology, 298: E354-E361, 2010. Cited: 79, Impact Factor: 3.261
- 41. Sullivan\*, BE, **Carroll\*, CC**, Jemiolo, B, Trappe, SW, Magnusson, SP, Døssing, S, Kjær, M, and Trappe\*, TA. Effect of acute resistance exercise and sex on human patellar tendon structural and regulatory mRNA expression. Journal of Applied Physiology. 106(2): 468-475, 2009. Cited: 84, Impact Factor: 3.056
- 42. **Carroll\*, CC**, Dickinson, JM, Haus, JM, Lee, GA, Hollon, CJ, Aagaard, P, Magnusson, SP, and Trappe\*, TA. The influence of aging on the in vivo properties of human patellar tendon. Journal of Applied Physiology. 105(6): 1907-1915, 2008. Cited: 184, Impact Factor: 3.056
- 43. Trappe\*, TA, **Carroll\***, **CC**, Jemiolo, B, Trappe, SW, Dossing, S, Kjaer, M, and Magnusson, SP Cyclooxygenase mRNA expression in human patellar tendon at rest and after exercise. American Journal of Physiology Regulatory Integrative and Comparative Physiology. 294(1): R192-9, 2008. Cited: 17, Impact Factor: 3.261

- 44. Haus\*, JM, Carrithers, JA, **Carroll, CC**, Tesch, PA, and Trappe\*, TA. Contractile and connective tissue protein content in human skeletal muscle: Effects of 35 and 90 days of simulated microgravity and exercise countermeasures. American Journal of Physiology Regulatory Integrative and Comparative Physiology. 293: R1722-7, 2007. Cited: 78, Impact Factor: 3.261
- 45. Weinheimer\*, EM, Jemiolo, B, **Carroll, CC**, Harber, MP, Haus, JM, Burd, NA, LeMoine, JK, Trappe, SW, and Trappe\*, TA. Resistance exercise and cyclooxygenase (COX) expression in human skeletal muscle: implications for COX-inhibiting drugs and protein synthesis. American Journal of Physiology Regulatory Integrative and Comparative Physiology. 292: R2241-48, 2007. Cited: 88, Impact Factor: 3.261
- 46. Carrithers\*, JA, **Carroll, CC**, Coker, RH, Sullivan, DH, and Trappe\*, TA. Concurrent aerobic and resistance exercise does not reduce the anabolic response to resistance exercise: implications for exercise countermeasures for space crews. Aviation Space Environmental Medicine. 78(5): 457-62, 2007. Cited: 47, Impact Factor: 0.889
- 47. Haus\*, J, Miller, B, **Carroll, CC**, Weinheimer, E, Trappe\*, T. The effect of strenuous aerobic exercise on skeletal muscle myofibrillar proteolysis in humans. Scandinavian Journal of Medicine and Science in Sports. 17(3): 260-6, 2007. Cited: 23, Impact Factor: 3.631
- 48. **Carroll\*, CC** and Trappe\*, TA. Personal digital video: a method to monitor drug regimen adherence during human clinical investigations. Clinical Experimental Pharmacology and Physiology. 33(12): 1125-7, 2006. Cited: 9, Impact Factor: 2.336
- 49. **Carroll\*, CC**, Gallagher, PM, Seidle, ME, and Trappe\*, SW. Skeletal muscle characteristics of individuals with multiple sclerosis. Archives of Physical Medicine and Rehabilitation. 86(2): 224-9, 2005. Cited: 108, Impact Factor: 2.697
- 50. **Carroll\*, CC**, Fluckey, JD, Williams, RH, Sullivan, DH, and Trappe\*, TA. Human Soleus and Vastus Lateralis Muscle Protein Metabolism with an Amino Acid Infusion. American Journal of Physiology Endocrinology and Metabolism. 288(3): E479-85, 2005. Cited: 79, Impact Factor: 4.181
- 51. Dennis\*, RA, Trappe, TA, Simpson, P, **Carroll, CC**, Huang, BE, Nagarajan, R, Bearden, E, Gurley, C, Duff, GW, Evans, WJ, Kornman, K, and Peterson\*, CA. Interleukin-1 single nucleotide polymorphisms are associated with the inflammatory response in muscle to acute resistance exercise in young men. Journal of Physiology. 560(Pt 3): 617-26, 2004. Cited: 81, Impact Factor: 4.950
- 52. **Carroll\*, CC**, Carrithers, JA, and Trappe\*, TA. Contractile protein concentrations in human single muscle fibers. Journal of Muscle Research and Cell Motility. 25: 55-59, 2004. Cited: 24, Impact Factor: 1.702
- 53. Trappe\*, S, Godard, M, Gallagher, P, **Carroll, CC**, Rowden, G, and Porter, D. Resistance training improves single muscle fiber contractile function in older women. American Journal of Physiology Cell. 281(2): C398-406, 2001. Cited: 238, Impact Factor: 3.760
- 54. Williamson\*, DL, Gallagher, PM, **Carroll, CC**, Raue, U, and Trappe\*, SW. Reduction in hybrid single muscle fiber proportions with resistance training in humans. Journal of Applied Physiology. 91(5): 1955-61, 2001. Cited: 191, Impact Factor: 3.056

### **BOOK CHAPTERS**

**Carroll, C.C.** and Lambert, C.P. Multiple Sclerosis. In: *Clinical Exercise Physiology* (2<sup>nd</sup> Ed.), Edited by: Ehrman, J.K., Gordon, P.M., Visich, P.S., and Keteyian, S.J. Human Kinetics, 2009, p. 543-554.

## **MANUSCRIPTS UNDER REVIEW**

Patel, SH<sup>g</sup>, Campbell, NWC<sup>g</sup>, Emenim, CE<sup>u</sup>, Farino, DO<sup>u</sup>, Damen, FW<sup>g</sup>, Rispoli, JV, Goergen, CJ, Haus, JM, Sabbaghi, A, and **Carroll, CC**\*. Patellar tendon biomechanical and morphologic properties and their relationship to serum clinical variables in persons with pre-diabetes and type 2 diabetes.

#### **PODIUM CONFERENCE PRESENTATIONS**

- 1. Serum advanced glycation end-products: A novel mechanism of poor tendon healing in diabetes. 7<sup>th</sup> Annual Center for Diabetes and Metabolic Diseases, Indiana University School of Medicine, Symposium, 2021.
- 2. Advanced Glycation End-Product Induced Mitochondrial Dysfunction in Tenocytes. International Scientific Tendinopathy Symposium, Groningen, Netherlands, 2018.
- 3. Invited Symposium. Can Nutritional Interventions Impact Tendon Health? American College of Sports Medicine, Annual Meeting, 2018.

- 4. Invited Symposium. Molecular Adaptation of Tendon to Exercise and Chronic Disease. American College of Sports Medicine. Annual Meeting. 2016.
- Carroll, C.C. and Kovacevic, D (Dual Presenters). Evaluation of an amniotic fluid-derived human allograft for rotator cuff repair augmentation in a chronic, massive rotator cuff tear model. American Orthopaedic Society for Sports Medicine, 2015.
- 6. The effect of TGF-β receptor inhibition and acute exercise on rat Achilles tendon structural properties. Advances in tendon research: from bench to bedside, London, England, 2015.
- 7. Invited Symposium. Reducing Tendon Problems with Aging. Southwest ACSM Annual Meeting, 2014. Costa Mesa, CA.
- The effect of Acetaminophen and Exercise on the Achilles Tendon in Wistar Rats. Arizona Physiological Society, Annual Meeting, 2010.
- 9. The effect of acetaminophen and exercise on IL-6 levels in human Achilles peritendinous tissue. Arizona Physiological Society, Annual Meeting, 2010.
- Cyclooxygenase Enzyme Activation in Human Skeletal Muscle After Acute Resistance Exercise. Arizona Physiological Society Annual Meeting, 2009.

# **INVITED LECTURES**

- Invited Guest Lecture, Indiana University Purdue University Indianapolis, Department of Biomedical Engineering, 2019.
- 2. Studies regarding the impact of analgesics, estrogen-deficiency, and diabetes on tendon outcomes. Grand Rounds, Hospital of Special Surgery, New York, NY. 2018
- Tendon adaptations with loss estrogen and genistein supplementation. University of North Caroline at Charlotte, 2015.

# **ONGOING FUNDING SUPPORT**

Agency/Mechanism: 1109Bravo LLC (subcontract), Department of the Air Force, United States of America/STTR Phase

Ш

Title of Grant: Optimizing the human machine and warfighter performance

**Duration of Funding:** 06/01/2023-07/31/2024

Total Amount of Award: sub-contract with Purdue University, \$225,000

Role: Sub-contract, Co-I

Agency/Mechanism: US Department of Agriculture/Hatch Project

**Title of Grant:** *Optimizing Musculoskeletal Health* **Duration of Funding:** 10/01/2021-09/30/2026

Total Amount of Award: N/A, salary support funded through Purdue University

Role: Principal Investigator

# PENDING FUNDING SUPPORT

Agency/Mechanism: 1 R01 AR081967-01

Title of Grant: Serum Advanced Glycation End-Products as Mediators of Tendon Degeneration with Diabetes

**Duration of Funding:** 09/01/2022-08/31/2027

Total Amount of Award: \$3,346,305

Role: PI

Status: Percentile 3%, Priority Score 23, Council Review complete, pending administrative review.

Agency/Mechanism: 1 R01 AR083423-01

Title of Grant: Mechanisms Underlying Poor Tendon Healing in Diabetes

**Duration of Funding:** 09/01/2023-08/31/2028

Total Amount of Award: \$3,248,212

Role: PI

Status: Percentile 34%, Priority Score 44, Planning resubmission November 2023 or March 2024

Agency/Mechanism: 1 R01 AG086494-01

Title of Grant: In Vivo Tendon Properties Across the Lifespan of Women

**Duration of Funding:** 04/01/2024-03/31/2029

Total Amount of Award: \$2,339,052

Role: PI

Status: Under Review

### PAST/COMPLETED FUNDING SUPPORT

Agency/Mechanism: National Cattlemen's Beef Association

Title of Grant: Effect of incorporating lean beef into a protein-rich diet during resistance training program on skeletal

muscle and connective tissue strength and quality in older women

**Duration of Funding:** 03/01/2020 – 08/31/2023

Total Amount of Award: \$324,442

Role: Principal Investigator

Agency/Mechanism: Center for Diabetes and Metabolic Diseases Indiana University School of Medicine-Pilot and

Feasibility Grant

Title of Grant: Mechanisms Underlying Poor Tendon Healing with Diabetes

**Duration of Funding:** 07/01/2021-05/31/2023

**Total Amount of Award:** \$50,000 **Role:** Principal Investigator

Agency/Mechanism: Showalter Research Trust

Title of Grant: Mechanisms underlying tendon dysfunction associated with diabetes

**Duration of Funding:** 07/01/2019-06/01/2022

Total Amount of Award: \$75,000

Role: PI

Agency/Mechanism: Purdue University HHS Summer 2021 Research Renewal Award

Title of Grant: Mechanisms Underlying Poor Tendon Healing with Diabetes

**Duration of Funding:** 07/01/2021-06/30/2022

**Total Amount of Award:** \$9,552

Role: PI

Agency/Mechanism: Center for Aging and the Life Course Faculty Research Development Award

Title of Grant: Impact of Menopause on In Vivo Tendon Properties

**Duration of Funding:** 07/01/2021-06/30/2022

**Total Amount of Award: \$9,500** 

Role: PI

**Agency/Mechanism:** 2021-22 COVID-19 Research Disruption Fund, Purdue University **Title of Grant:** Effect of incorporating lean beef into a protein-rich diet during a resistance training program on skeletal muscle and connective tissue strength and quality in older women

**Duration of Funding:** 10/01/2021-04/30/2022

Total Amount of Award: \$25,000

Role: PI

Agency/Mechanism: American Shoulder and Elbow Surgeons

Title of Grant: Evaluation of an amniotic fluid-derived allograft for rotator cuff repair augmentation in a chronic, massive

rotator cuff tear model in rats

**Duration of funding:** 01/01/2016-12/31/2016

**Total Amount of Award: \$20,000** 

Role: Co-Investigator

Agency/Mechanism: NIH/NCCIH

Title of Grant: Novel effects of genistein on tendon remodeling in a model of estrogen-deficiency

**Duration of Funding:** 12/01/2015 – 04/01/2016, Grant would not transfer to Purdue University, Grant closed after four

months

Total Amount of Award: \$468,639

Role: PI

Agency/Mechanism: American College of Foot and Ankle Surgeons

Title of Grant: The Physiological Response to Surgical Microdebridement in Patients with Achilles Tendinopathy

Duration of Funding: 2008 Clinical and Scientific Research Grant Application

Total Amount of Award: \$19,400

Role: Co-Investigator

Agency/Mechanism: Midwestern University College of Health Sciences Incentive Award

Title of Grant: Is an altered metabolic response to tendon loading (e.g. via obesity and/or exercise) a predisposing factor

to the development of tendinosis? A pilot study **Duration of Funding**: 07/01/2009-06/31/2010

**Total Amount of Award: \$5,000** 

Role: PI

Agency/Mechanism: Midwestern University College of Health Sciences

**Title of Grant:** Support for Graduate Student Research **Duration of Funding:** 9 awards from 2009-2016

Total Amount of Award: \$5,000 per award, total \$45,000

Role: PI

Agency/Mechanism: Midwestern University, Basic Sciences

**Title of Grant:** Annual Competitive Research Support **Duration of Funding:** 7 awards from 2009-2016

Total Amount of Award: \$5,000 per award, total \$35,000

Role: PI

Agency/Mechanism: Midwestern University

Title of Grant: Funds to Purchase Agilent GC/MS

**Duration of Funding: N/A** 

**Total Amount of Award:** \$50,000

Role: PI

**Agency/Mechanism:** Midwestern University **Title of Grant:** Funds to Purchase Gas Sterilizer

**Duration of Funding: N/A** 

Total Amount of Award: \$10,000

Role: PI

**Agency/Mechanism:** Midwestern University **Title of Grant:** Funds to Purchase HPLC Detector

**Duration of Funding:** N/A

**Total Amount of Award:** \$10,000

Role: PI

Agency/Mechanism: Midwestern University

Title of Grant: Funds to Purchase Speed Vac Sample Concentrator

**Duration of Funding: N/A** 

Total Amount of Award: \$25.000

Role: PI

**Agency/Mechanism:** American Physiological Society

Title of Grant: Analgesics, Exercise & Tendon Adaptations in the Elderly

Duration of Funding: 10/01/07-9/30/08 Total Amount of Award: \$42,000 Role: PI, Postdoctoral Initiative Award

#### **FUNDED STUDENT GRANTS**

Agency/Mechanism: American College of Sports Medicine, ACSM Foundation Research Grant

Title of Grant: Moderate Treadmill Exercise to Improve Tendon Healing in Diabetes

**Duration of Funding:** 07/01/2019-06/01/2020

**Total Amount of Award:** \$4966 **Role:** Mentor for Shivam H. Patel

**Agency/Mechanism:** National Institute of Health, F31 AR073647-01 **Title of Grant:** *Diabetes, advanced glycation, and tendinopathy* 

**Duration of Funding:** 05/01/2018-04/31/2021

**Total Amount of Award:** \$132,132 **Role:** Mentor for Shivam H. Patel

Agency/Mechanism: American Podiatric Medical Students' Association Research Grant

Title of Grant: The influence of acetaminophen on tendon metabolism at rest and after exercise in humans

Duration of Funding: 2009-2010 Total Amount of Award: \$1000 Role: Mentor for DJ Cauthon

# **CONFERENCE PROCEEDINGS/ABSTRACTS**

### **Poster Presentations**

- 1. Campbell, NWC, Preston, SE, Lewis, RL, Winestone, HM, Reyes, C, Garrett, CM, Stouder, LS, Vanos, JM, Campbell, WW, and **Carroll, CC**. Effect of dietary protein quantity and source on resistance training-induced changes in skeletal muscle strength, size, and quality in older women. American Society of Nutrition Annual Meeting, Boston, MA, 2023.
- 2. Garrett, CM, Campbell, NWC, Preston, SE, Lewis, RL, Winestone, HM, Reyes, C, Stouder, LS, Vanos, JM, Campbell, WW, and **Carroll, CC**. Effects of dietary protein quantity and source on cardiometabolic disease risk factors in postmenopausal women performing resistance training. Purdue University Spring 2023 Undergraduate Research Symposium.
- 3. Winestone, HM, Campbell, NWC, Barker, AC, and **Carroll, CC**. Patellar tendon morphology in young and older adult women. Purdue University Spring 2023 Undergraduate Research Symposium.
- 4. Preston, SE, Campbell, NWC, Lewis, RL, Winestone, HM, Reyes, C, Garrett, CM, Stouder, LS, Vanos, JM, Campbell, WW, and **Carroll, CC**. Effect of resistance training and dietary protein modification on skeletal muscle mass and strength in older adult women. Purdue University Spring 2023 Undergraduate Research Symposium.
- 5. Lewis, RL, Campbell, NWC, Preston, SE, Garret, CM, Winestone, HM, Barker, AC, Reyes, C, Stouder, LS, Vanos, JM, Campbell, WW, and **Carroll, CC**. Effect of resistance training and dietary protein modification on skeletal muscle fat content in older adult women. Purdue University Spring 2023 Undergraduate Research Symposium.
- 6. Campbell<sup>9</sup>, NWC, Cottingham<sup>4</sup>, H, Kargl<sup>9</sup>, C, **Carroll, CC.** Treatment of Healthy Tendon-Derived Cells with Serum from Rats with Streptozotocin-Induced Diabetes Impairs Cell Proliferation, Migration, and Metabolic Activity. Orthopedic Research Society Annual Meeting. Dallas, TX, 2023.
- 7. Patel, SH<sup>g</sup>, Campbell<sup>g</sup>, NWC, Emenim<sup>u</sup>, CE, Farino<sup>u</sup>, DO, Rispoli, JV, Goergen, CJ, Haus, JM, Sabbaghi, A, and **Carroll, CC.** Relationship between patellar tendon biomechanical and morphologic properties to serum clinical variables in persons with pre-diabetes and type 2 diabetes. Orthopedic Research Society Annual Meeting. Dallas, TX, 2023.
- 8. **Carroll, CC**, Patel, SH, Campbell, WC, Emenim, CE, Farino, DO, Rispoli, JV, Goergen, CJ, Haus, JM, and Sabbaghi, A. Can *in vivo* tendon morphology and biomechanical properties be predicted from serum factors in people with prediabetes and type 2 diabetes? 2022 ORS Tendon Section Conference, Philadelphia, PA.
- 9. Campbell, WC, Ferrandi, P, Patel, SH, Couture, S, Farino, Stout, J, Sabbaghi, A and **Carroll, C.C.** Impact of essential amino acid intake, resistance exercise, and aging on Achilles peritendinous amino acid concentrations and collagen synthesis. 2022 ORS Tendon Section Conference, Philadelphia, PA.
- 10. Woods, DB, Nunez, W, Garvin, A, **Carroll, CC**, and Hale, TH. Sex-Selective Effects of Transient ACE Inhibition on Angiotensin II- Stimulated Fibrogenic Responses. Experimental Biology, 2022.

- 11. Patel<sup>9</sup>, SH and **Carroll, CC**. Evaluation of Tendon Healing in a Mouse Model of Elevated Serum Advanced Glycation End Products Following Tendon Injury. Orthopedic Research Society Annual Meeting, 2022.
- 12. Patel<sup>9</sup>, SH, Hettinger, ZR, Foguth, R, Yue, F, Kuang, S, Cannon, JR, Shannahan, J, and **Carroll, CC**. Advanced Glycation End-Products Impair Mitochondrial Function and Cell Proliferation in Rat Achilles Tenocytes. 2019 NHLBI Mitochondrial Biology Symposium on Mitochondrial Networks and Energetics. NIH, Bethesda, MD. September 2019.
- 13. Serrano, N, D'Lugos<sup>9</sup>, AC, Ormsby, JC, Thomas, MT, Marvasti, FF, **Carroll, CC**, Gaesser, GA, and Dickinson, JM. Relationships among skeletal muscle satellite cells, capillarization, and VO<sub>2peak</sub> in older adults. Newport Beach, CA. Southwest ACSM Annual Meeting, 2019.
- 14. **Carroll, CC**, Patel<sup>9</sup>, SH, Gordon, BDH, and Howden, R. Genistein treatment alters Achilles tendon gene expression and improves tail fascicle mechanical properties in estrogen-deficient rats. ORS Tendon Section 2018 Conference Discovery to Delivery in Tendon Research: Team Approaches. Portland, OR.
- 15. Patel<sup>g</sup>, SH, Hettinger<sup>g</sup>, ZR, Foguth, R, Yue, F, Kuang, S, Cannon, JR, Shannahan, J, and **Carroll, CC.** Advanced Glycation End-Products Impair Mitochondrial Function and Cell Proliferation in Rat Achilles Tenocytes ORS Tendon Section 2018 Conference Discovery to Delivery in Tendon Research: Team Approaches. Portland, OR. Selected as finalist for trainee award.
- 16. Patel<sup>9</sup>, SH, Ferrandi<sup>9</sup>, PJ, Hettinger<sup>9</sup>, ZR, Foguth, R. Yue, F, Kuang, S, Cannon, JR, Shannahan, S, and **Carroll, CC**. Advanced Glycation End-Products Impair Mitochondrial Function and Cell Proliferation in Rat Achilles Tenocytes. Purdue Health and Human Sciences Research Day, October 2018. West Lafayette, IN.
- 17. Patel<sup>g</sup>, SH, Ferrandi<sup>g</sup>, PJ, Hettinger<sup>g</sup>, ZR, Foguth, R. Yue, F, Kuang, S, Cannon, JR, Shannahan, S, **Carroll, CC.** Advanced Glycation End-Products Impair Mitochondrial Function and Cell Proliferation in Rat Achilles Tenocytes. Indiana Center for Musculoskeletal Health, Annual Scientific Retreat, Indianapolis, IN, September 2018.
- 18. Ferrandi<sup>g</sup>, P, Patel<sup>g</sup>, SH, Simmons<sup>g</sup>, J, and **Carroll, CC.** The Impact of Amino Acid Consumption on Resistance Exercise-Mediated Tendon Adaptations in Young Adult Females, Integrative Physiology of Exercise, San Diego, CA, 2018.
- Dickinson, JM, D'Lugos<sup>g</sup>, AC, Thomas, NT, Naymik, M, Marvasti, FF, Carroll, CC, and Huentelman, MJ. Skeletal Muscle Transcriptome Response to Acute Interval and Continuous Exercise in Older Adults. Integrative Physiology of Exercise, San Diego, CA, 2018.
- 20. **Carroll, CC**, Patel<sup>9</sup>, SH, Gordon, BDH, and Howden, R. Preservation of Tendon Fascicle Failure Stress in Ovariectomized Rats Following Phystoestrogen Treatment: A Possible Role for Tenomodulin. International Scientific Tendinopathy Symposium, Groningen, Netherlands, 2018.
- 21. Patel<sup>9</sup>, SH, Ferrandi<sup>9</sup>, PJ, Hettinger, ZR, Foguth, R. Yue, F, Kuang, S, Cannon, JR, Shannahan, S, **Carroll, CC**. Advanced Glycation End-Products Impair Mitochondrial Function and Cell Proliferation in Rat Achilles Tenocytes. Center for Diabetes and Metabolic Diseases, Annual Symposium, Indianapolis, IN, August 2018.
- 22. Patel<sup>9</sup>, SH, Olson<sup>9</sup>, JF, Gordon, BDH, Howden, R, **Carroll, CC**. Genistein Treatment Alters Achilles Tendon Collagen Gene Expression and Improves Tail Fascicle Mechanical Properties in Estrogen Deficient Rats. Orthopedic Research Society Annual Meeting, 2018. New Orleans, LA.
- 23. Patel<sup>9</sup>, SH, Sabbagi, A, **Carroll, CC**. Streptozotocin-Induced Diabetes Disrupts mRNA Expression of Tendon Regulators but Minimally Alters COX-2 Related mRNA Expression in Rat Patellar Tendon. Orthopedic Research Society Annual Meeting, 2018. New Orleans, LA.
- 24. Kovacevic, D, Suriani, RJ, Saad, MA, Patel<sup>g</sup>, SH, Tommasini, SM, Mendias, CL, **Carroll, CC**, and Blaine, TA. Human Amniotic Membrane Improves Healing in a Chronic, Massive Rotator Cuff Repair Model. Orthopedic Research Society Annual Meeting, 2018. New Orleans, LA.
- 25. Patel<sup>9</sup>, SH, Sabbaghi, A, and **Carroll, CC**. Streptozotocin-Induced Diabetes Disrupts mRNA Expression of Tendon Regulators but Minimally Alters COX-2 Related mRNA Expression in Rat Patellar Tendon. Health and Human Sciences Fall Research Day, Purdue University, November 2017.
- 26. Palermo<sup>u</sup>, N, Patel<sup>g</sup>, SH, **Carroll, CC**. Influence of Acetaminophen and Exercise on Extracellular Matrix Related Gene Expression in Rat Skeletal Muscle. Health and Human Sciences Fall Research Day, Purdue University, November 2017.
- 27. Patel<sup>9</sup>, SH, Sabbaghi, A, and **Carroll, CC**. Streptozotocin-Induced Diabetes Disrupts mRNA Expression of Tendon Regulators but Minimally Alters COX-2 Related mRNA Expression in Rat Patellar Tendon. Indiana Center for Musculoskeletal Health, Annual Scientific Retreat, Indianapolis, IN, September 2017.

- 28. Patel<sup>9</sup>, SH, Olson<sup>9</sup>, JF, Gordon, BDH, Hale, TM, Howden, R, and **Carroll, CC**. Genistein treatment alters Achilles tendon collagen gene expression and improves tail fascicle mechanical properties in estrogen deficient rats. Indiana Center for Musculoskeletal Health, Annual Scientific Retreat, Indianapolis, IN, September 2017.
- 29. Patel<sup>9</sup>, SH, Sabbaghi, A, and **Carroll, CC**. Streptozotocin-Induced Diabetes Alters mRNA Expression of ECM Regulators in Rat Patellar Tendon. Orthopaedic Research Society, Midwest Musculoskeletal Workshop, St. Louis, MO, July 2017. \*Selected as finalist for Best Poster Award.
- 30. Dickinson, JM., D'Lugos<sup>9</sup>, AC, Naymik, M., De Both, M., Siniard, A., Wolfe, A., Curtis, D., Gasser, GA., Huentelman, MJ, and **Carroll, CC**. Transcriptional Signatures of Human Skeletal Muscle in Response to Aerobic and Resistance Exercise. American College of Sports Medicine Annual Meeting, Denver, CO, 2017.
- 31. D'Lugos, AC, Patel<sup>9</sup>, SH, Ormsby, JC, Mahmood, TN, Curtis, DP, Fry, CS, Gasser, GA, **Carroll, CC**, and Dickinson, JM. The Impact of Acetaminophen Consumption on mTOR Signaling in Human Skeletal Muscle Following Resistance Exercise. American College of Sports Medicine Annual Meeting, Denver, CO, 2017.
- 32. Patel<sup>g</sup>, SH, Olson<sup>g</sup>, JF, Gordon, BDH, Hale, TM, Howden, R, and **Carroll, CC**. Genistein treatment alters Achilles tendon collagen gene expression and improves tail fascicle mechanical properties in estrogen deficient rats. Purdue University Health and Disease: Science, Technology, Culture, and Policy, March 2017. \*Poster awarded first place in the 'Prevention and Wellness' category.
- 33. Patel<sup>9</sup>, SH, Katsma<sup>u</sup>, MS, Eldon<sup>u</sup>, E, Arthur, KA, Shimkus, KL, Fluckey, JD, and **Carroll, CC**. The influence of chronic IL-6 exposure, in vivo, on rat Achilles tendon extracellular matrix. Orthopedic Research Society Annual Meeting, 2017. San Diego, CA.
- 34. D'Lugos<sup>9</sup>, AC, Fry, C, Patel<sup>9</sup>, SH, **Carroll, CC**, and Dickinson, JM. Acetaminophen consumption alters the signaling and intracellular localization of mTOR in human skeletal muscle following resistance exercise. Cell Symposia, Gothenburg, Sweden, May 2017.
- 35. D'Lugos<sup>9</sup>, AC, Cosgrave<sup>u</sup>, C, Dedmon<sup>9</sup>, WL, Astill<sup>9</sup>, BD, Patel<sup>9</sup>, SH, Katsma<sup>u</sup>, MS, Gonzales, RJ, Hale, TM, **Carroll, CC**, Angadi, SS, and Dickinson, JM. High Intensity Exercise Preserves Myocellular Size Throughout Doxorubicin. Integrative Biology of Exercise, Phoenix, AZ, 2016.
- 36. Vijayavel, N, Raman, P., So, M., Dickinson, JM, **Carroll, CC**, Angadi, S, and Gonzales, R. Doxorubicin Attenuates Proinflammatory Mediator Expression in Brain and Pial Arteries from Ovariectomized Female Rats Following High Intensity Exercise. Integrative Biology of Exercise, Phoenix, AZ, 2016.
- 37. Dickinson, JM, D'Lugos<sup>9</sup>, AC, Mahmood, TN, Salvo, L, Cosgrave<sup>9</sup>, C, Dedmon<sup>9</sup>, WL, Astill<sup>9</sup>, BD, Patel<sup>9</sup>, SH, Katsma<sup>u</sup>, M, Gonzales, RJ, Hale, TM, Angadi, SS, and **Carroll, CC**. High Intensity Exercise Preserves Skeletal Muscle mTOR Signaling During Doxorubicin Treatment in Ovariectomized Female Rats. Integrative Biology of Exercise, Phoenix, AZ, 2016.
- 38. Patel<sup>g</sup>, SH, D'Lugos<sup>g</sup>, AC, Eldon<sup>u</sup>, ER, Curtis, D, Dickinson, JM, and **Carroll, CC**. Impact of acetaminophen consumption and resistance exercise on extracellular matrix gene expression in human skeletal muscle. Integrative Biology of Exercise, Phoenix, AZ, 2016.
- 39. Jarrett, CL, D'Lugos<sup>g</sup>, AC, Mahmood, T., Gonzales, RJ, Hale, TM, **Carroll, CC**, Dickinson, JM, and Angadi, SS. Associations Between Antioxidant Enzymes in Cardiomyocytes and Skeletal Muscle During Doxorubicin Treatment. Integrative Biology of Exercise, Phoenix, AZ, 2016.
- 40. Khokar B, Perez O, D'Lugos<sup>g</sup> AC, **Carroll, CC**, Gonzales RJ, Sweazea KL, Dickinson JM, Angadi SS, Hale TM. Impact of High Intensity Interval Training on Doxorubicin-Induced Pathological Cardiac Remodeling in Female Sprague Dawley Rats. Arizona Physiological Society Annual Meeting, 2016.
- 41. Awwad, I, D'Lugos<sup>g</sup>, AC, **Carroll, CC**, Gonzales, RJ, Sweazea, KL, Dickinson, JM, Angadi, SS, Hale, TM. Exercise Preconditioning as a Means to Protect Against Doxorubicin-Induced Renal Injury. Arizona Physiological Society Annual Meeting, 2016.
- 42. Perez O, Khokar B, Abidali H, D'Lugos<sup>g</sup> A, Dickinson J, Angadi S, **Carroll, CC**, Hale TM. Impact of High Intensity Interval Training on Doxorubicin-Induced Cardiotoxicity in Female Sprague Dawley Rats. Arizona Physiological Society Annual Meeting, 2016.
- 43. O'Neill LM, Mayek RE, Jarrett CL, Crawford M, D'Lugos<sup>9</sup> A, **Carroll, CC**, Angadi SS, Gonzales R, Hale TM, Dickinson JM, and Sweazea KL. High-Intensity Exercise Preconditioning Prevents Downregulation of Enos Expression in The Aorta Following Doxorubicin Treatment. Arizona Physiological Society Annual Meeting, 2016.
- 44. Tran, L, Langlais, P, De Filippis, EA, Benjamin, T, Roust, LR, **Carroll, CC**, Mandarino, LJ, and Katsanos, C. Multifactorial Regulation of Skeletal Muscle β-F1-ATPase in Human Obesity. American Diabetes Association, 2016.

- 45. D'Lugos<sup>9</sup>, AC, Patel<sup>9</sup>, SH, Eldon<sup>u</sup>, E, **Carroll, CC**, and Dickinson, JM. The impact of acetaminophen consumption prior to resistance exercise on the initial myogenic gene response in human skeletal muscle. Experimental Biology, 2016.
- 46. O'Neill LM, Jarrett CL, Crawford M, **Carroll, CC**, Hale TM, Dickinson JM, Angadi SS, Sweazea KL. High-intensity Preliminary Training to Mitigate Cardiovascular Damage Caused by the Chemotherapeutic Agent Doxorubicin. Experimental Biology, 2016.
- 47. Jarrett CL, D'Lugos<sup>9</sup> AC, Mahmood T, Gonzales RJ, Hale TM, **Carroll, CC**, Dickinson JM, Angadi SS. Effect of high intensity exercise preconditioning and training on antioxidant enzymes in cardiomyocytes during doxorubicin treatment. Experimental Biology, 2016.
- 48. O'Neill L, Jarrett CL, Crawford M, **Carroll, CC**, Hale T, Dickinson JM, Angadi SS, Sweazea KL. Evaluation of The Vasoprotective Effects of High-Intensity Exercise Prior To Antrhacycline Chemotherapy. Arizona Physiological Society Annual Meeting, 2015.
- 49. Mahmood, T, D'Lugos<sup>9</sup>, AC, Cosgrave<sup>u</sup>, C, Dedmon<sup>9</sup>, WL, Astill<sup>9</sup>, BD, Patel<sup>9</sup>, SH, Katsma<sup>u</sup>, M, Gonzalez, R, Hale, T, **Carroll, CC**, Angadi, SS, and Dickinson, JM. Exercise Preconditioning As A Strategy To Protect Skeletal Muscle From Complications Of Doxorubicin Treatment. Arizona Physiological Society Annual Meeting, 2015.
- 50. Hoffman, N, Tran L, **Carroll, CC**, Patel<sup>g</sup>, SH, Eldon<sup>u</sup>, E, Katsanos, CS. Plasma Free Fatty Acid and Amino Acid Responses to Glucose-Induced Insulinemia in Insulin-Resistant Subjects. Arizona Physiological Society Annual Meeting, 2015.
- 51. Katsanos CS, Tran L, Hoffman N, Dedmon<sup>9</sup>, WL, and **Carroll CC**. Effects of Increased Plasma Branched-Chain Amino Acids and Insulin on Muscle Protein Metabolism. Arizona Physiological Society Annual Meeting, 2015.
- 52. De Leon, N, Tran, L, **Carroll, CC**, Hoffman, N, Katsanos, CS. Does an Increase In Plasma Amino Acid Concentrations Stimulate Skeletal Muscle Protein Synthesis In Obese Humans? Arizona Physiological Society Annual Meeting, 2015.
- 53. Vijayavel, N, Raman, P, Kerrigan, C, Echeverria, J, Dickinson, JM, Hale, TM, **Carroll, CC**, Angadi, SS, and Gonzales, R. Doxorubicin Reduces Proinflammatory Mediator Expression in Brain and Pial Arteries from Ovariectomized Female Rats. Arizona Physiological Society Annual Meeting, 2015.
- 54. Jeganathan, JR, Thangiah, G, **Carroll, CC**, and Broderick, TL. TrkA receptor in streptozotocin-induced diabetic rat brain. American Diabetes Association, Annual Meeting, 2015.
- 55. Gonzales, RJ, Raman, P, Vijayavel, N, Kerrigan, C, Echeverria, J, Dickinson, JM, Hale, TM, **Carroll, CC**, and Angadi, S. Doxorubicin Reduces Proinflammatory Mediator Expression in Brain and Pial Arteries from Ovariectomized Female Rats. American Physiological Society: Cardiovascular, Renal and Metabolic Diseases: Physiology and Gender, 2015.
- 56. **Carroll, CC**, Astill<sup>9</sup>, BD, Arthur, KA, Katsma<sup>u</sup>, MS, and Curtis, D. Sex-based differences in Achilles tendon release of matrix metalloproteinases and growth factors after acute resistance exercise. Advances in tendon research: from bench to bedside, London, England, September 2015.
- 57. Katsma<sup>u</sup>, MS, Corbell, KA, and **Carroll, CC**. The effect of chronic IL-6 exposure on rat tendon structural properties, in vivo. ACSM Integrative Physiology of Exercise, 2014.
- 58. **Carroll, CC**, Katsma<sup>u</sup>, MS, Corbell, KA, and Cauthon<sup>u</sup>, DJ. Influence of resistance exercise on human Achilles tendon release of matrix metalloproteinases and growth factors. ACSM Integrative Physiology of Exercise, 2014.
- 59. Katsma<sup>u</sup>, MS, Corbell, KA, and **Carroll, CC**. The effect of chronic IL-6 exposure on rat tendon structural properties, in vivo. Annual Meeting Arizona Physiological Society, 2014.
- 60. Corbell, KA, Katsma<sup>u</sup>, MS, Cauthon<sup>u</sup>, DJ, and **Carroll, CC**. Influence of resistance exercise on human Achilles tendon release of matrix metalloproteinases and growth factors. Annual Meeting Arizona Physiological Society, 2014
- 61. Huynh<sup>g</sup>, RT, Volper<sup>g</sup>, BD, Corbell, KA, Hale, TM, and **Carroll, CC**. The effect of TGF-β receptor inhibition and acute exercise on rat Achilles tendon structural properties. ACSM Integrative Physiology of Exercise, 2014.
- 62. Volper<sup>g</sup>, BD, Huynh<sup>g</sup>, RT, Corbell, KA, Howden, R, Magnusson, SP, Broderick, TL, Hale, TM, and **Carroll, CC**. The influence of hyperglycemia on the mechanical and structural properties of rat tendon *in vivo*. Annual Meeting Arizona Physiological Society, 2014.
- 63. Huynh<sup>9</sup>, RT, Volper<sup>9</sup>, BD, Corbell, KA, Hale, TM, and **Carroll, CC**. The effect of TGF-β receptor inhibition and acute exercise on rat Achilles tendon structural properties. Annual Meeting Arizona Physiological Society, 2014.

- 64. Ratchford, S, Brower, B, Liu, S, **Carroll, CC**, Trappe, S, Trappe, T. Fiber-type specific COX-inhibiting drug enhancement of skeletal muscle hypertrophy with resistance training in older individuals. ACSM Integrative Physiology of Exercise, 2014.
- 65. Graham, Z, **Carroll, CC,** Broderick, TL, Gallagher, P. Increases in protein expression of the alpha7beta1 integrin pathway following 8 weeks of acetaminophen administration in the rat soleus. Experimental Biology, 2014.
- 66. Potter, R, Desai, P, Nielsen, C, Corbell, K, Mellon, C, Danishyar, A, Gatti, F, Grinberg, A, Kumar, R, **Carroll, CC**, Carlson, CG. Short and long-term effects of ActRIIB receptor ligand trapping agents on muscle mass and downstream signaling in dystrophic (mdx) limb and respiratory musculature. Experimental Biology, 2014.
- 67. Corbell, K, Martineau<sup>u</sup>, K, Broderick, TL, Al-Nakkash, L, and **Carroll, CC**. The influence of ovariectomy and genistein on estrogen receptor content and activation in rat achilles tendon. Annual Meeting Arizona Physiological Society, 2013.
- 68. Greenlee<sup>u</sup>, J, Murphy<sup>u</sup>, M, Corbell, K, Langberg, H, **Carroll, CC**. Acetaminophen and exercise increase matrix metalloproteinase levels in Achilles peritendinous tissue in humans. Annual Meeting Arizona Physiological Society, 2013.
- 69. Huynh<sup>g</sup>, R, Volper<sup>g</sup>, B, Corbell, K, Martineau<sup>u</sup>, K, Broderick, TL, and **Carroll, CC**. Differences in collagen formation and anabolic signaling in tendon and skeletal muscle after chronic exercise training in the rat. Annual Meeting Arizona Physiological Society, 2013.
- 70. Martineau<sup>u</sup>, K, Corbell, K, Broderick, TL, Al-Nakkash, L, and **Carroll, CC**. Achilles tendon estrogen receptor signaling after ovariectomy and genistein treatment in rats. American Osteopathic Academy of Orthopedics, Annual Meeting, 2013. Second Place Poster Presentation.
- 71. Martineau<sup>u</sup>, K, Corbell, K, Volper<sup>g</sup>, B, Huynh<sup>g</sup>, R, Broderick, TL, and **Carroll, CC**. Tissue specific effects of 8-weeks of daily treadmill exercise on collagen and cross-linking in male Wistar rats. American Osteopathic Academy of Orthopedics, Annual Meeting, 2013. First Place Poster Presentation.
- 72. Martineau<sup>u</sup>, K, Corbell, K, Broderick, TL, Al-Nakkash, L, and **Carroll, CC**. Achilles tendon estrogen receptor content after ovariectomy and genistein treatment. Annual Meeting Arizona Physiological Society, 2012.
- 73. **Carroll, CC**, Peterson, A, and Broderick, TL. Tissue specific effects of acetaminophen and treadmill exercise on collagen content in male Wistar rats. Integrative Biology of Exercise, 2012.
- 74. **Carroll, CC**, Steinmeyer, R, O'Connor, D, and Gonzales, RJ. The activity of cyclooxygenase-1 and -2 in human skeletal muscle is elevated after acute resistance exercise independent of cyclooxygenase-1 and -2 protein content. Integrative Biology of Exercise, 2012.
- 75. Graham, Z, **Carroll, CC**, Broderick, TL, Gallagher, PM. Acetaminophen has no effect on integrin signaling following 5-weeks of treadmill exercise in rat soleus muscle. Integrative Biology of Exercise, 2012.
- 76. Standley, RA, Jemiolo, B, **Carroll, CC**, Trappe, SW, and Trappe, TA. Cyclooxygenase-inhibiting drug effects on skeletal muscle exercise adaptations in older adults: Potential mechanisms of action. American College of Sports Medicine Annual Meeting, 2012.
- 77. Whitt<sup>9</sup>, JA, Tedeschi, J, Gump<sup>9</sup>, B, McMullan<sup>9</sup>, DR, Del Mundo, J, Moore<sup>u</sup>, S, Broderick, TL, and **Carroll, CC**.The influence of acetaminophen and exercise on rat Achilles tendon structural properties. Experimental Biology, 2011.
- 78. Moore<sup>u</sup>, S, Gump<sup>g</sup>, B, Tedeschi, J, Peterson, A, Kim, PJ, Broderick, T and **Carroll, CC.** The effect of hyperglycemia on Achilles tendon structural properties in the rat. Experimental Biology, 2011.
- 79. Ramos<sup>u</sup>, JE, Gump<sup>g</sup>, B., Djandjoulia, T, Tedeschi, J, Batia, L, Whitt<sup>g</sup>, J, Moore<sup>u</sup>, MS, Broderick, TL, Al-Nakkash, L, and **Carroll, CC**. Genistein promotes collagen-sparing in the Achilles tendon of oophorectomized rats. Experimental Biology, 2011.
- 80. Gump<sup>9</sup>, B, McMullan<sup>9</sup>, D, Cauthon<sup>4</sup>, D, Moore<sup>4</sup>, MS, Whitt<sup>9</sup>, JA, Tedeschi, J, Del Mundo, J, Letham<sup>4</sup>, T, Friedlander, G, Kim, PJ, Pingel, J, Langberg, H, and **Carroll, CC**. The effect of acetaminopheon on postexercise IL-6 levels in human Achilles peritendinous tissue. Experimental Biology, 2011.
- 81. Whitt<sup>9</sup>, JA, Tedeschi, J, Gump<sup>9</sup>, B, McMullan<sup>9</sup>, D, Del Mundo, J, Moore<sup>u</sup>, MS, Broderick, TL, and **Carroll, CC**. The influence of acetaminophen and exercise on rat Achilles tendon structural properties. Experimental Biology, 2011.
- 82. Trappe, TA, Konopka, AR, **Carroll, CC**, Dickinson, JM, Trappe, SW, and Harber, MP. Aerobic vs. Resistance Exercise for Combating Sarcopenia in Older Individuals: A Case Study. American College of Sports Medicine Annual Meeting, 2011.

- 83. Sullivan, BE, Lee, JD, Carroll, CC, Dickinson, JM, LeMoine, JK, Haus, JM, Weinheimer, EM, Hollon, CJ, and Trappe, TA. Muscle cyclooxygenase enzyme content with resistance training and cyclooxygenase inhibitor consumption in the elderly. American College of Sports Medicine Annual Meeting, 2010.
- 84. Lee, JD, Sullivan, BE, **Carroll, CC**, Dickinson, JM, LeMoine, JK, Haus, JM, Weinheimer, EM, Hollon, CJ, and Trappe, TA. Muscle composition with resistance training and cyclooxygenase inhibitor consumption in the elderly. American College of Sports Medicine Annual Meeting, 2010.
- 85. Whitt<sup>9</sup>, JA, Tedeschi, J, McMullan<sup>9</sup>, DR, Del Mundo, JD, Broderick, TL, and **Carroll, CC**. Acetaminophen consumption alters Achilles tendon collagen content in Wistar rats. Experimental Biology Annual Meeting, 2010.
- 86. Del Mundo, JD, Pierce, NB, McMullan<sup>g</sup>, DR, Ramos<sup>u</sup>, JE, Whitt<sup>g</sup>, JA, Letham<sup>u</sup>, T, Worden, K, and Carroll, CC. Cyclooxygenase enzyme activation in humans skeletal muscle after acute resistance exercise. Experimental Biology Annual Meeting, 2010
- 87. Dickinson, JM, **Carroll, CC**, Haus, JM, Lee, GA, Hollon, CJ, Aagaard, P, Magnusson, SP, and Trappe, TA. The influence of aging on the *in vivo* properties of human patellar tendon. Experimental Biology Annual Meeting, 2008.
- 88. Burd, NA, Dickinson, JM, LeMoine, JK, **Carroll, CC**, Haus, JM, Hughes, G, Sanders Jr., C, and Trappe, TA. Consumption of a COX-2 inhibitor stimulates muscle protein synthesis after resistance exercise in humans. Experimental Biology Annual Meeting, 2008.
- 89. **Carroll, CC**, Dickinson, JM, LeMoine, JK, Haus, JM, Weinheimer, EM, Hollon, CJ, and Trappe, TA. Ibuprofen and acetaminophen promote muscle hypertrophy and strength gains during resistance exercise in the elderly. Experimental Biology Annual Meeting, 2008.
- 90. **Carroll, CC**, Jemiolo, B, Trappe, SW, Døssing, S, Kjær, M, Magnusson, SP, and Trappe, TA. Cyclooxygenase mRNA expression in human patellar tendon at rest and after exercise. Experimental Biology Annual Meeting, 2008.
- 91. Sullivan, BE, **Carroll, CC**, Jemiolo, B, Trappe, SW and Trappe, TA. Influence of resistance exercise on human patellar tendon structural and regulatory gene expression. Experimental Biology Annual Meeting, 2008.
- 92. **Carroll, CC**, LeMoine, JK, Dickinson, JM, Haus, JM, Weinheimer, EM, Lee, JD, Sullivan, BE, Hollon, CJ, Trappe, TA. Influence of resistance training alone or combined with cyclooxygenase inhibitor consumption on skeletal muscle proteolysis in older humans. Integrative Biology of Exercise, 2008.
- 93. Dickinson, JM, Burd, NA, LeMoine, JK, **Carroll, CC**, Haus, JM, Jemiolo, B, Trappe, SW, Hughes, GH, Sanders, CE and Trappe, TA. Influence of a cyclooxygenase-2 inhibitor on cyclooxygenase mRNA expression after resistance exercise in humans: Implications for muscle protein synthesis. Integrative Biology of Exercise, 2008.
- 94. **Carroll, CC**, Dickinson, JM, Haus, JM, Lee, JD, Hollon, CJ, Aagaard, P, Magnusson, SP, and Trappe, TA. Acetaminophen but not ibuprofen consumption during 12-weeks of knee extensor resistance training alters *in vivo* patellar tendon properties in older humans. Integrative Biology of Exercise, 2008.
- 95. **Carroll, CC**, Dickinson, JM, Haus, JM, Lee, JD, Hollon, CJ, Aagaard, P, Magnusson, SP, and Trappe, TA. The influence of gender on patellar tendon mechanical properties and MRI determined intratendinous signal intensity. Experimental Biology Annual Meeting, 2007.
- 96. Carroll, CC and Trappe, TA. Personal digital video a method to monitor drug regimen adherence during human clinical investigations. Experimental Biology Annual Meeting, 2007.
- 97. Haus, JM, Miller, BF, **Carroll, CC**, Weinheimer, EM, Trappe, TA. The Effect of Strenuous Aerobic Exercise on Skeletal Muscle Myofibrillar Proteolysis in Humans Author Block American College of Sports Medicine Annual Meeting, 2006.
- 98. Carroll, CC, Fluckey, JD, Williams, RH, Sullivan, DH, Trappe, TA. Human Muscle Specific Protein Synthesis with Amino Acids. Experimental Biology Annual Meeting, 2005.
- 99. Trappe, TA, **Carroll, CC**, Alkner, B, Tesch, P. Skeletal muscle protein composition with 84 d of bedrest and resistance exercise. Experimental Biology Annual Meeting, 2004.
- 100. Carroll, CC, Alkner, B, Tesch, P, and Trappe, TA. Skeletal muscle myosin and actin concentrations are tightly regulated in response to atrophy and hypertrophy: observations from 91 mean and women. Experimental Biology Annual Meeting, 2004.
- 101. Carroll, CC, Carrithers, JA, and Trappe, TA. Contractile protein concentrations in human single muscle fibers. Experimental Biology Annual Meeting, 2003.
- 102. **Carroll, CC**, Gallagher, PM, Seidle, ME, and Trappe, SW. Single fiber myosin heavy chain distribution with multiple sclerosis. American College of Sports Medicine Annual Meeting, 2002.

103. **Carroll, CC**, Williams, R, Raue, U, Carrithers, JA, Hickner, RC, and Trappe, TA. Effects of age and resistance exercise on skeletal muscle interstitial PGF<sub>2α</sub>. Experimental Biology Annual Meeting, 2002.

# **TEACHING AND INSTRUCTIONAL EXPERIENCE**

#### Courses Taught - Purdue University

F/17, Sp/18, F/18 HK468: Advanced Exercise Physiology

Sp/18 HK590: Microdialysis Methods

Sp/17, F/19, Sp/20, Sp/21 HK590: Musculoskeletal Adaptations

Sp/19 HK496: Independent Undergraduate Research

Su/19, Su/20, F/20, Sp/21, HK368: Exercise Physiology I

Su/21, F/21, Sp/22, Su/22, F/22,

Su/23

Sp/20 HK668: Seminar in Exercise Physiology

F/22 HK601: PhD Seminar

#### **Teaching - Indiana University School of Medicine**

#### December 2018

Recorded one lecture on tendon physiology and pathology that is now available annualy to IU medical students.

I also provided six lectures for endocrine physiology. Lectures were recorded and distributed statewide.

## January 2020

Provided <u>eight</u> endocrinology lectures including Hypothalamic Pituitary Axis, Adrenal Physiology and Pathophysiology, Clinical Perspectives on Adrenal Diseases, Thyroid Physiology, Calcium and Phosphorus Physiology and Clinical Disorders, and Diabetes Physiology/Pathology. Lectures are recorded and distrubuted statewide.

### **Teaching – Midwestern Unviersity**

2008-2016, <u>Team Teaching</u>: I provided lectures on skeletal muscle physiology, endocrinology, cell physiology, and cardiovascular physiology for mutiple courses and programs including Ostepathic Medicine, Podiatric Medicine, Physical Therapy, Physician Assistant, Nurse Anesthesia, Master of Biomedical Sciences, Dental Medicine, and Optometry.

2008-2016, <u>Problem-Based Learning Sessions</u>: Participated in weekly problem-based learning sessions with first year podiatry and osteopathic medical students, 20 weeks per year.

#### Other Evidence of Course Management and Supervision

#### **Midwestern University**

2010-2016, Course Director: Human Physiology 1571 and 1582, two quarters per year (~320 students)

- Responsibilities: Organizing exams, course scheduling, and student mentoring to ensure student success for a class of 320 students. I worked with other faculty in the Physiology Department for the purpose of team teaching. Students included physical therapy, physician assistant, Master of Biomedical Sciences, and nurse anesthesia. This role required coordinating with department chairs and team leaders in multiple departments.
- Accomplishments: Improved student satisfaction by ~25%

2012-2016, Module Leader for Dental Medicine: Endocrinology Section.

In this role, I was required to coordinate lecture and exam preparation for the endocrinology block of dental and optometry physiology including integration of anatomy, physiology, and pathology lectures from multiple faculty members across multiple departments.

# EVIDENCE OF INVOLVEMENT WITH GRADUATE STUDENTS IN RESEARCH PROGRAM Purdue University

Student	Degree Date	Degree	Major	Role
Nathan Campbell	2024- expected	MS	Exercise Physiology	Major Professor
Camila Reyes	2023	MS	Exercise Physiology	Major Professor
Gavin Connolly	2023	PhD	Nutrition Sciences	Committee Member
Anna Barker	2022	MS	Exercise Physiology	Major Professor
Shivam H. Patel	2020	PhD	Exercise Physiology	Major Professor
Samantha Couture	2020	MS	Exercise Physiology	Major Professor
Raymond Kim	2019	PhD	Exercise Physiology	Committee Member
Jessica Simmons	2019	MS	Exercise Physiology	Major Professor
Chris Kargl	2018	MS	Exercise Physiology	Committee Member
Zach Hettinger	2018	MS	Exercise Physiology	Committee Member
Brian Sullivan	2017	MS	Exercise Physiology	Committee Member
Sheelagh Evans	2017	MS	Exercise Physiology	Committee Member

# **Arizona State University**

Student	Degree Date	Degree	Major	Role
Cory Mazo	2019	MS	Exercise Physiology	Committee Member
Andrew D'Lugos	2018	PhD	Exercise Physiology	Mentor

# **Midwestern University**

Student	Degree Date	Degree	Major	Role
Jay F. Olson	2017	Master of Biomedical Sciences (MBS)	Biomedical Sciences	Major Professor
Shivam H. Patel	2016	MBS	Biomedical Sciences	Major Professor
W. Logan Dedmon	2015	MBS	Biomedical Sciences	Major Professor
Broc Astill	2015	MBS	Biomedical Sciences	Major Professor

Korie Burst	2014	MBS	Biomedical Sciences	Committee Member
Brent Volper	2014	MBS	Biomedical Sciences	Major Professor
Richard Huynh	2014	MBS	Biomedical Sciences	Major Professor
David Wilson	2012	MBS	Biomedical Sciences	Committee Member
Brian Gump	2011	MBS	Biomedical Sciences	Major Professor
Jamie Whitt	2010	MBS	Biomedical Sciences	Major Professor
David McMullan	2010	MBS*	Biomedical Sciences	Major Professor

# EVIDENCE OF INVOLVEMENT WITH UNDERGRADUATE STUDENTS IN RESEARCH PROGRAM <u>Purdue University-Research Mentor</u>

Student	Date	Major
Lucas Strouder	Fall 2022/Spring 2023	HK
Johnny Vanos	Fall 2022/Spring 2023	HK
Chloe Garret	Fall 2022/Spring 2023	HHS Honors
Hannah Winestone	Summer/Fall 2022; Spring 2023	НК
Rebecca Lewis	Summer/Fall 2022; Spring 2023	НК
Sarah Preston	Fall 2022/Spring 2023	HHS Honors
Grace Memmo	Spring 2021	Public Health
Katlyn Bonnell	Spring 2021	HK
Madison Jones	Spring 2021	Public Health
Makenna Paradis	Spring 2021	Public Health
Samantha Holesha	2020-2022	HK
Harrison Cottingham	2020-2021	HK
Nikola Acin	2021-2022	HK
Sukhmani Kaur	2019-2020	HHS Honors
Dominick Farino	2019-2021	HK
Chinoso E. Emenim	2018-2022	HK
Kali Chemelewski	2018-2019	Biology
Shannon Saw	2018-2019	Biology
Nick Palmero	2017	Biology

#### Midwestern University

Student Degree Date		Area of Study	Degree
Erica Eldon	2015	Osteopathic Medicine Summer Research Fellow	DO
Mark Katsma	2013	Osteopathic Medicine Summer Research Fellow	DO
Mark Murphy	2012	Osteopathic Medicine Summer Research Fellow	DO
Jason Greenlee	2012	Osteopathic Medicine Summer Research Fellow	DO
Karl Martineau	2011	Osteopathic Medicine Summer Research Fellow	DO
M. Scott Moore	2010	Osteopathic Medicine Summer Research Fellow	DO
Jahir E. Ramos	2009	Osteopathic Medicine Summer Research Fellow	DO
Tanya Letham	2009	Physician Assistant	PA
David Cauthon	2009- 2011	Podiatric Medicine Research Fellow	DPM

# **SERVICE**

#### **Service to the Department**

Chair, Open Rank Kinesiology Faculty Search Committee, 2022-2023

Member, Open Rank Kinesiology Faculty Search Committee, 2021-2022

HK Undergraduate Cirriculum Committee, 2022-present

HK Honors Awards Committee, 2021-present

Invited by pre-physical therapy students to particiapte in Physical Therapy Club Meeting, October 2019 to discuss research and career options.

Health and Kinesiology Seminar Coordinator, 2017-2018. I worked with faculty in the department to bring in excellent speakers from a broad category of research areas.

Chair, Exercise Physiology Faculty Search Committee, Purdue University, Department of Health and Kinesiology, 2017-2018.

#### Service to the College

HHS Graduate Education Committee, 2022-present

Spring, 2021. I recorded a 25 minute instructional video on tendon health and aging for members of the Ismial Center Applicant Interviewer for Arizona College of Osteopathic Medicine (AZCOM), 2008-2016

Participated yearly in 5-6 half-day interviews of AZCOM applicants. Each day included 5-6, 30-minute face-to-face interviews with applicants. These interviews are a critical part of the acceptance process at Midwestern University

Arizona College of Medicine, Admissions Committee, 2012-2013: This committee met monthly to review applicants to the program and make admissions decisions.

#### Service to the University

Steering Committee, Center on Aging and the Life Course, Purdue University, 2021-2023

Mentored two students, Fall 2019 and one student Spring 2020 as part of the International Friendship Program

Poster Judge, Purdue University Undergraduate Research Day, 2017, 2023

Horizon Mentor, 2016-2019. Each year Dr. Carroll was assigned a freshman student. Who are the first of their family to attend a university. He met with the student regularly to discuss anything of interest to the student.

Institutional Review Board Member: 2009-2016, Committee Chair, 2013-2016

Oversaw proper conduct and review of ~100 human subjects research protocols per year.

Implemented multiple SOPs to reduce review time and improve quality of applications.

Provided multiple seminars each year to train faculty and students.

AZCOM Admissions Committee, Midwestern University, 2012-2013

Physical Therapy Education Committee, 2011-2012

Admission Committee for Podiatric Medicine, 2011-2012: This committee met monthly to review applicants to the program and make admissions decisions.

College of Health Sciences Student Promotion and Graduation Committee, 2009-2010

Admissions Committee for Biomedical Science, 2009-2010: This committee met monthly to review applicants to the program and make admissions decisions.

#### **Student Recruitment Activities**

Attended BGR Lunch events in 2019.

Attended HHS/HK BGR Breakfast, August, 2019

Applicant Reviewer, PULSe Outstanding Graduate Student in Research Award

Faculty Mentor Boiler Gold Rush, 2017

Applicant Reviewer for Interdepartmental Nutrition Program, 2017-present

Dr. Carroll has spoken at multiple "Purdue for Me" events since starting at Purdue University.

# **Service to Professional Organizations**

2023, Orthopaedic Research Society Annual Meeting, Symposium Organizer and Chair, Current Trends in the Treatment of Tendinopathy.

2022 and 2023, Orthopaedic Research Society Annual Meeting, Tendon Section Podium and Poster Judge

2022-present, Section Member-At-Large Orthopaedic Research Society Tendon Section Leadership Committee

2022, Abstract Reviewer, Orthopaedic Research Society Tendon Section Conference, Guiding the Future.

Abstract Reviewer, 2018, 2019, 2020, 2021, 2022, 2023, 2024 Annual Meeting, reviewed and scored up to 50 abstracts per year. This work is an annual assignment as part of my contributions to the society. Our reviews ensure the quality of presentation at the annual society meeting.

#### Community

Developed and delivered a presentation on energy metabolism to 4<sup>th</sup>-5<sup>th</sup> high-ability students at Klondike Elementary School, November 11<sup>th</sup>, 2019

Assistant Wrestling Coach, Klondike Middle School, 2022-present.

Assistant Track and Field Coach, Klondike Middle School, 2022-present

#### Consulting

Served on the Scientific Advisory Board for Applied Biologics LLC, Scottsdale, AZ 2015-2016

# **Provisional Patent Filing**

Title: Non-Invasive Detection of Tendon Pathology

Application Number: 6338560 Attorney Docket Number: 69516-01

Inventors: Chad C. Carroll, PhD and Shivam H. Patel, PhD

#### **Ad Hoc Manuscript Reviewer**

Aging Cell Cytokine

Medicine Science in Sports and Exercise

Exercise and Sport Sciences Reviews

Journal of Applied Physiology

Scandinavian Journal of Medicine and Science in Sports

Journal of Anatomy

**Experimental Physiology** 

**Diabetes** 

Metabolism

Connective Tissue Research

Journal of Exercise Physiology,

Scientific Reports

International Journal of Sport Nutrition & Exercise Metabolism

Clinical Reviews in Bone and Mineral Metabolism

**Nutrients** 

Clinical Diabetes

Journal of Diabetes Science and Technology

# **Grant Reviewing Activities**

Grant Reviewer, Stanford Diabetes Research Center, Pilot and Feasibility Project, 2022

Grant Reviewer for the Natural Sciences and Engineering Research Council of Canada (NSERC) 2020 Discovery Grant Competition

Grant Reviewer for the M.J. Murdock Charitable Trust. The Murdock Trust seeks to enrich the quality of life in the Pacific Northwest by providing grants and enrichment programs to non-profit organization.

Grant Reviewer for Indiana CTSI "Research Use of Core Facilites" grant applications. November, 2019 and 2022.