

Education

Post-Doctoral Research Fellow	October 2018- August 2019
Ph.D. in Nursing, University of Alberta, Canada	July 2018
Master of Science in Nursing, Aga Khan University, Pakistan	September 2005
Post RN Bachelor of Science in Nursing, Aga Khan University, Pakistan	August 1997
Diploma in Nursing, Aga Khan University, Karachi, Pakistan	November 1992
Bachelor of Arts, University of Karachi, Karachi, Pakistan	December 1995

Academic/Research Positions

Dates	Institution	Position
Aug 2019-Present	Purdue University, IN, USA	Assistant Professor
2018-2019	University of Calgary, Alberta, Canada	Post-Doctoral Fellow
2012-2018	University of Alberta, Canada	Graduate Research Assistant
May 2015-Dec 2015	City of St. Albert & University of Alberta	Research Coordinator
Feb 2014-Dec 2014	Covenant Health, Edmonton, Alberta, Canada	Graduate Research Assistant
Apr 2012-Dec 2012	Aga Khan University, Karachi, Pakistan	Assistant Professor
2009-2012	Aga Khan University, Karachi, Pakistan	Senior Instructor

Industrial, Business and Governmental positions

Dates	Institution	Position
Jan 2018-Jun 2018	Ministry of Status of Women, Government of Alberta	Graduate Research Intern
Jun 2018- Nov, 2018	Alberta Council for Women Shelter, Alberta, Canada	Graduate Research Intern
2006-2007	Aga Khan University, Karachi, Pakistan	Clinical Nurse Specialist
2001-2006	Aga Khan University, Karachi, Pakistan	Head Nurse
1999-2001	Aga Khan University, Karachi, Pakistan	Nurse Educator
1992-1997	Aga Khan University, Karachi, Pakistan	Staff Nurse

Grants

1. Technology for Cancer Supportive Care Training grant, Colorado School of Public Health, April 24-28, 2025-\$1000
2. Developing Family Resilience and Wellness Intervention for promoting health and well-being of the local Haitian migrant community in Daviess County, IN-Center for

- Translational Scientific Institute (CTSI), IN, Community Health Partnership Award-Oct 2024-Sept 2026-\$25000
3. Art Harmony: Deepening Connections through Creative Expression, Indiana Arts Commission- PI- July 2024-Sept 2025-\$4,000
 4. Workplace stressors, conflict resolution, worker productivity: A field experiment on employee/caregiver wellness training program in rural small businesses, National Institute of Food and Agriculture, USDA-Co-I; PI: Katare, Bhagyashree-April 2021-March 2025-\$500,000
 5. Recognizing self-care needs and promoting wellbeing of rural female informal caregivers for older adults, Clifford B. Kinley Trust Foundation- PI-May, 2023-April 2024-\$25,000
 6. Rural Family Caregiving: Building selfcare and resiliency of rural women family caregivers for older adults. PI-Indiana Nurses Foundation, Feb 2022-March 2023-\$2,500
 7. Rural Family Caregiving: Building selfcare and resiliency of rural women family caregivers for older adults. PI- North Central Regional Center for Rural Development, National Institute of Food and Agriculture-Sept 2023-Dec, 2024 -\$40,000
 8. WINGS: Wellness intervention for nurses growth and selfcare in palliative care settings: A pilot randomized controlled trial study, PI, American Psychiatric Nurses' Association, Aug 2021-Jan, 2023- \$10,000
 9. Palliative Care Needs from Provider Perspectives at the IU Arnett Health-Role: Co-PI/DNP Supervisor, Indiana Nurses Foundation, Feb 2022-March 2023, \$2,500
 10. Palliative Care for Rural Growth and Wellbeing: Identifying Perceived Barriers and Facilitators in Access to Palliative Care in Rural Indiana, PI, Agricultural Science and Extension for Economic Development (AgSEED) Grant, Purdue University, March 2020-Feb 2022 -\$50,000
 11. Perceptions of spirituality and spiritual competent practice among Advanced Practice Nurses (APNs) in practice settings globally-Role: Collaborator, PI-Dr Melanie Rogers, University of Huddersfield, UK. (Non-Funded)-(This is a global project among researchers/partners from 16 countries)
 12. CaREOL (Catalyzing Relationships at the End of Life)-Role: Collaborator with PI: Dr Dana Hansen, Kent State University, Macy's Foundation, Dec 2020-Jan 2022-\$120,000
 13. Experiences of spirituality among family caregivers caring for their dying family members in a hospice setting (PhD Dissertation, Supervisors: Dr Wendy Duggleby & Dr Olson, University of Alberta-Chair-Shane Sinclair), Aging and Quality of Life Research, University of Alberta, Canada, 2015-2018, \$5,000
 14. Barriers and facilitators of Advance Care Planning in Alberta- Collaborative Research and Innovation Opportunities (CRIO), Alberta Innovates Grant – Role: Graduate Research Assistant PI: Dr Jessica Simon, University of Calgary), Alberta Innovates Grant, 2015-2016, \$100,000
 15. In the Aftermath of the 2016 Alberta Wildfire: Experiences of Social Work Practitioners and Human Service Professionals in Long-Term Disaster Recovery- Post Doctoral Fellow PI: Dr Drolet, University of Calgary, SSHRC Insight Grant, 2018-2021- \$83,654.
 16. Alberta Resilient Communities (ARC): Examining child and youth resilience in southern Alberta following the 2013 floods- Post Doctoral Fellow with PI: Dr Drolet, University of Calgary, Alberta Innovates Health Solutions, Red Cross, CIHR, 2016-2020 - \$500,000.

17. Homelessness Prevention in St. Albert and Sturgeon County, Alberta- Graduate Research Assistant with PI-Dr Solina Richter, University of Alberta, Alberta Rural Development Network (ARDN), 2015-2016, \$85,000
18. Women Empowerment in Muslim Context: Gender, Poverty and Democratization from Inside out (WEMC)- Role: Research Coordinator PI: Dr Rozina Karmaliani & Dr Kausar Khan, Aga Khan University, Department for International Development (DFID) Funded Project, 2009-2011
19. Role transition among novice nurses in a university teaching hospital, Karachi, Pakistan, PI, Rho Delta Chapter, Sigma theta Tau International Nursing Society, 2004-2005, \$500

Grants Submitted (Not Funded)

1. Capacity building and supporting the post-disaster recovery and resilience of community-dwelling older adults. Welcome Burrough Grant, Submitted July 2024, PI: **Nasreen Lalani**. \$50,000
2. . The Impact of Poetry as a Spiritual Intervention Post Death. (Submitted to Templeton Foundation, August 2022- CoI **Lalani, N.**, PI: Dana, H. \$156,788.22.
3. BRACES: Building resilience and adaptive capacities through social work's interdisciplinary engagement with vulnerable communities and professional service systems, submitted to National Science Foundation (NSF) and Trans-Atlantic Platform, Recovery, Renewal and Resilience in a Post-Pandemic World, Partnership grant among four countries including UK, US, Canada, and South Africa -Submitted March 2021- Role Co-I, Lead PI: Lena Dominelli, UK, PI: Robin Ersing, University of Florida (USA). €711,504.

Other Evidenced Based Clinical Projects

- Community Mental Health Initiatives in Palliative Elderly Homes and Psychiatric Rehabilitation Centers in Karachi, Pakistan
- Community Support Programs for Displaced Communities affected by Flood Disaster in Pakistan
- Mentorship Program for Novice Nurses at the Aga Khan University Hospital, Karachi, Pakistan
- Developing tools for effective utilization of Surgical SCUs
- Needle stick injuries among hospital staff
- Wound care management by nurses
- Assessing the inhaler technique among the registered nurses among the University teaching hospital, Karachi, Pakistan
- Perceptions of the preceptors and preceptees regarding the Preceptorship program during the Critical Care Technician program
- Perceptions of the new Nursing Graduates (1998) regarding the Mentorship Program
- Stress among undergraduate students: A comparative study

Graduate Research Internship

January 2018-November 2018

- *Ministry of Status of Women, Government of Alberta*
- **Alberta Council for Women Shelter-Non-profit Organization, Edmonton, AB**
 - Worked on projects related to gender based sexual and domestic violence. Prepared policy reports, grant reviews, and advocacy programs in areas of gender-based violence, including sexual violence against indigenous missing and murdered women.

- Participated in advocacy programs for women safety initiatives such as ‘UN Safe City Initiatives’ project between Status of Women Ministry and City of Edmonton.

PHD Thesis Supervisor:

- Chair, End-of-life financial decision-making among rural Black African American women with advanced or late staged breast and gynecological cancers , Osei Evans, Purdue University, IN

Chair/Committee Member (DNP Program)

- Chair-Spiritual Care Education in Advanced Practice Nurses, Nadine Cline, 2025
- Chair-Developing educational magnets for family caregivers of hospice patients, Victoria Jezik, 2024
- Co-Chair-Validating a culturally based Mental Health Screening Tool for Burmese Refugees, Su Neyman, 2023
- Co-Chair-Palliative Care Needs from Outpatient Provider Perspective, Irina Paterson, 2022
- Co-Chair- Palliative Care Needs from Inpatient Perspective, Hristina Todorinova, 2022
- Committee Member-Testing a Pediatric Palliative Care Education Workplace Intervention, James Courtney, 2021.

Chair/Committee Member-Master Program

- Committee Member: Pre-marriage disclosure and concealment of epilepsy disorder among married women of Karachi, Pakistan-2012, Masters in Nursing Program, Aga Khan University, Pakistan, Erum Lalwani
 - Committee Member- Assessment of Medical Surgical nurses’ shift handover practices at a tertiary care hospital in Karachi, Pakistan-2011, Masters in Nursing Program, Aga Khan University, Pakistan, Nazbano
 - Chair, Fatima Jawad-Factors leading to obesity among female adolescents in Karachi, Pakistan-2010, Advance Diploma in Nursing in Human Development, Early Childhood Development, Aga Khan University, Karachi, Pakistan
 - Chair, Hameeda Zeeshan- Attitudes and Practices of the teachers in promoting social and emotional development of the preschoolers-2011
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Teaching Experience

Assistant Professor (Tenure-Track)	August 2019-Present
Johnson School of Nursing, College of Health and Human Sciences, Purdue University, IN, USA	

- **Courses taught at Undergraduate level:** Introduction to Nursing, Population Health, Issues in Professional Nursing.
- **Courses taught at Graduate level:** Pathophysiologic concepts in Nursing, Socio-Cultural Influences on Health.
- Developing Aging and Palliative Course to be offered among graduate students in nursing, sociology, psychology, and aging department.

Assistant Professor	August 2012 - December 2012
Aga Khan University School of Nursing and Midwifery, Karachi, Pakistan	

- **Courses taught at undergraduate level:** Advanced Concepts in Adult Health Nursing, Advanced Health Assessment, Mental Health Nursing and Concepts in Behavioral Psychology, Health Administration, Ethical and Professional Development.
- Designed and implemented two blended learning courses for the Undergraduate Baccalaureate Nursing Program at two campuses (Pakistan & East Africa): Courses taught include: Advanced Clinical Practicum, & Advanced Concepts in Adult Health Nursing.
- **Clinical Teaching:** Adult Health Nursing/Medical Surgical Nursing, Advanced Health Assessment, Mental Health Nursing, Health Administration (Preceptor Learning Model), Lab Simulation and Clinical Teaching in Undergraduate Baccalaureate Nursing Program.
- **Simulation Lab Teaching:** Courses include Health Assessment & Adult Health Nursing
- **Courses taught at Graduate level:** Advanced Clinical Practicum in Medical Surgical, Mental Health Nursing, Health Management and Administration.
- Consultant for designing Inter-professional undergraduate curriculum in Nairobi, Africa.
- Lead person for supervising and assigning nursing students activities for helping affected/displaced communities during Flood Disaster, 2010 in Pakistan.

Chair, Curriculum Committee **March 2010-December 2012**
Aga Khan University School of Nursing and Midwifery, Karachi, Pakistan

- Responsible to approve and evaluate undergraduate nursing courses for curriculum revision.
- Mentor a team of 20-25 faculty members for undergraduate courses development and revisions.
- Collaborated/Coordinated with Pakistan Nursing Council for accreditation of Undergraduate Nursing Program Curriculum.

Senior Instructor, **December 2009-July 2012**
Aga Khan University School of Nursing and Midwifery, Karachi, Pakistan

- Coordinated and conducted courses at undergraduate level such as Mental Health Nursing, Adult Health Nursing, Ethical and Professional Development in Nursing.
- Developed and Revised Mental Health Nursing Course in the undergraduate program.

Clinical/Management Experience

Clinical Nurse Specialist, Medical-Surgical and Pediatrics **April 2006-Dec 2007**
Aga Khan University Hospital, Karachi, Pakistan

- Responsible for patient care management and staff training in three 60-bedded medical-surgical & two pediatric units.
- Implemented five quality improvement projects on Infection control, needle stick injuries, medication administration, documentation, and early discharge planning.
- Initiated and revised several nursing policies for maintaining patient safety and quality care standards.

5. Wagle, S., Yang, S., Osei, E. A., Katare, B., & **Lalani, N.** (2024, November). Caregiving intensity, duration, and subjective financial well-being among rural informal caregivers of older adults with chronic illnesses or disabilities. *Healthcare*, 12 (22), p. 2260-2267.
6. Xu, D., **Lalani, N.**, & Wang, Y. (2024). Gender and race differences in mental health and well-being among older Americans during the COVID-19 pandemic. *International Journal of Disaster Risk Science*, 1-12.
7. **Lalani, N.**, Dongjuan, X., Cai, Y. et al. (2023). Structural equation model of coping and life satisfaction of community-dwelling older people during the COVID-19 pandemic. *Journal of Patient Reported Outcomes* 7, 46 (2023).
<https://doi.org/10.1186/s41687-023-00583-x>
8. **Lalani, N.**, Hamash, K., & Wang, Y. (2023). Palliative care needs and preferences of older adults with advanced or serious chronic illnesses and their families in rural communities of Indiana, USA. *The Journal of Rural Health*.
<https://doi.org/10.1111/jrh.12787>
9. Kimball, J., Hawkins-Taylor, C., Anderson, A., Anderson, D.G., Fornehed, M.L.C., Justis, P., **Lalani, N.**, Mollman, S., Pravecek, B., Rice, J., Shearer, J., Stein, D., & Bakitas, M. A. (2024). Top Ten Tips Palliative Clinicians Should Know About Rural Palliative Care in the United States. *Journal of Palliative Medicine*.
<http://doi.org/10.1089/jpm.2024.0032>
10. Stephenson, P., Hansen, D., **Lalani, N.**, & Biggs, J. (2023). Nursing and Medical Students' Responses About End-of-Life Communication Reveal Educational Opportunities for Spiritual Care. *Journal of Nursing Education*, 62(11), 601-605.
11. Hansen, D. M., Stephenson, P., **Lalani, N.**, & Shanholtzer, J. (2023). Reflective Journaling as Preparation for Spiritual Care of Patients. *Journal of Hospice & Palliative Nursing*, 25(1), 45-50.
12. **Lalani, N.**, & Cai, Y. (2022). Palliative care for rural growth and wellbeing: identifying perceived barriers and facilitators in access to palliative care in rural Indiana, USA. *BMC Palliative Care*, 21(1), 1-13.
13. **Lalani N**, Cai Y, Wang Y. (March, 2022). "Hard to Say Goodbye Over iPad": Experiences of Palliative Care Providers and Lessons Learned During the COVID-19 Pandemic in Rural Communities of Indiana, United States. *Journal of Hospice and Palliative Nursing : JHPN : the Official Journal of the Hospice and Palliative Nurses Association*. DOI: 10.1097/njh.0000000000000856. PMID: 35285462.
14. Cai, Y*, & **Lalani, N.** (2022). Examining barriers and facilitators to palliative care access in rural areas: A scoping review. *American Journal of Hospice and Palliative Medicine®*, 39(1), 123-130.
15. Marceau, K., Kimiecik, C., Ruiz, Y., McCormick, C., Toombs, A., Elias, C., **Lalani, N.**, & Wadsworth, S. M. (2022). Emerging Ideas. Families Together: Supporting family resilience during the COVID-19 pandemic. *Family Relations*.
<https://doi.org/10.1111/fare.12781>
16. Martin, T., Freeman, S., **Lalani, N.**, & Banner, D. (2022). Qualities of the dying experience of persons who access medical assistance in dying: A scoping review. *Death Studies*, 1-11.

17. James, C., Xu, J., Coddington, J., & **Lalani, N.** (2022). Testing a Pediatric Palliative Care Education Workplace Intervention. *Journal of Hospice & Palliative Nursing*, 24(4), E166-E171. DOI: 10.1097/NJH.0000000000000873
18. **Lalani, N.**, & Chen, A. (2021). Spirituality in nursing and health: A historical context, challenges, and way forward. *Holistic Nursing Practice*, 35(4), 206-210.
19. **Lalani, N.**, Duggleby, W., & Olson, J. (2021). *I need presence and a listening ear: Perspectives of spirituality and spiritual care among healthcare providers in a hospice setting in Pakistan.* *Journal of Religion and Health*. 60(4), 2862–2877.
<https://doi.org/10.1007/s10943-021-01292-9>.
20. **Lalani, N.**, Drolet, J., Mc Donald Harker, C., Brown, M.R.G., Brett- MacLean, P., Agyapong, V.I.O., Greenshaw, A.J., & Silverstone, P. (2021). Nurturing spiritual resilience to promote post-disaster community recovery: The 2016 Alberta wildfire in Canada. Special Issue of *Frontiers in Public Health*, 9,
<https://doi.org/10.3389/fpubh.2021.682558>
21. MacDermid Wadsworth, S., Toombs, A., **Lalani, N.**, Ruiz, Y., Marceau, K., McCormick, C., & Elias, C. (2021, Winter). Supporting Family Resilience in the Context of Disasters. National Council for Family Relations (NCFR) Report: Bridging the Research-Practice Divide.
22. Drolet, J. L., McDonald-Harker, C., **Lalani, N.**, McGreer, S., Brown, M. R., & Silverstone, P. H. (2021). Early Childhood Development in the Aftermath of the 2016 Wildfires in Alberta, Canada. Special Issue on Early Childhood Development in Emergencies, 7(1), 54.
23. **Lalani, N.** (2020). Meanings and interpretations of spirituality in nursing and health. *Religions*, 11, 428; doi:10.3390/rel11090428.
24. Ali, G., & **Lalani, N.** (2020). Approaching spiritual and existential care needs in health education: Applying SOPHIE (self-exploration through ontological, phenomenological, and humanistic, ideological, and existential expressions), as practice methodology. *Religions*, 11(9), 451.
25. **Lalani, N.**, & Ali, G. (2020). Methodological and ethical challenges while conducting qualitative research on spirituality and end of life in a Muslim context: A guide to novice researchers. *International Journal of Palliative Nursing*. 26(7), 362-370.
26. Meghani, S., & **Lalani, N.** (2020). Critical care nurses as frontline warriors during Covid-19. *Connect: The World of Critical Care Nursing*, 13(4), 196-201.
27. Fulton, A. E., Drolet, J., **Lalani, N.**, & Smith, E. (2020). Prioritizing psychosocial services for children, youth and families' post-disaster. *Disaster Prevention and Management: An International Journal*. DOI 10.1108/DPM-09-2019-0310
28. Drolet, J. L., McDonald-Harker, C., **Lalani, N.**, McNichol, M., Brown, M. R., & Silverstone, P. H. (2020). Social, economic and health effects of the 2016 Alberta wildfires: Pediatric resilience. *Journal of Disaster Research*, 15(7), 833-844.
29. **Lalani, N.**, & Drolet, J. (2020). Effectiveness of Psychological First Aid Training for social work students, practitioners and human service professionals in Alberta, Canada. *Journal of Practice Teaching & Learning*, 17(1), 1-15.
30. Meghani, S., Karmaliani, R., Ajani, K., Shehzad Bhamani, S., Khan, N. U., & **Lalani, N.** (2019). Knowledge, attitude, and practice of healthcare professionals regarding family

- presence during resuscitation: An interventional study in a tertiary care setting, Karachi, Pakistan. *CONNECT: The World of Critical Care Nursing*, 13(1), 46-55.
31. **Lalani, N.**, Duggleby, W., & Olson, J. (2019). Rise above: Experiences of spirituality among family caregivers caring for their dying family member in a hospice setting in Pakistan. *Journal of Hospice and Palliative Nursing*, doi: 10.1097/NJH.0000000000000584
 32. **Lalani, N.**, & Drolet, J. (2019). Impacts of the 2013 floods on families' mental health in Alberta: perspectives of community influencers and service providers in rural communities. *Best Practices in Mental Health (Special Edition)*, 15(2), 74-92.
 33. Drolet, J., Smith, E., Yasin, S. **Lalani, N.** (2019). Connecting older Chinese people to mainstream services in Edmonton, Alberta, Canada. *China Journal of Social Work*, 11(3), 246-268. DOI: 10.1080/17525098.2018.1551220
 34. **Lalani, N.**, Duggleby, W., & Olson, J. (2018). Spirituality and Family Caregiving: An integrative Literature Review. *International Journal of Palliative Nursing*, 24(1), 112-124.
 35. Gulzar, S., Karmaliani, R., **Lalani, N.**, & Nasiruddin, Q. (2015). Are we empowered? A qualitative approach to unfold the experiences of female nurses in Pakistan. *Science Journal of Medicine and Clinical Trials*. Doi:10.7237/sjmct/260.
 36. Ali, G., **Lalani, N. S.**, & Charania, N. A. M. A. (2015). Community mental health initiatives in Pakistan. *Nursing Standard*, 29(22), 44-48.
 37. Meghani, S.T. & **Lalani, N.S.** (2014). The journey of educational training from competency to proficiency of Pediatric Intensive Care Unit Nurses (PICU). *Pediatrics and Therapeutics*, 4(3),1-3
 38. Somani, S., Ali, F., Ali, T.S., **Lalani, N.S.** (2013). Oncology Nurses Towards Complementary and Alternative Medicine. *British Journal of Nursing, Oncology supplement*.
 39. Ali, G. & **Lalani, N.S.** (2013). Community mental health nursing: An innovation through faculty practice in Pakistan. *Journal of Pakistan Psychiatric Society*, 9(2), 97-100.
 40. **Lalani, N.S.** (2012). Beliefs and perceptions regarding the use of herbal remedies among the users and sellers in Karachi, Pakistan. *Pakistan Journal of Public Health*, 2(1), 36-39.
 41. **Lalani, N.S.** (2012). A study of knowledge assessment and competency in asthma and inhaler technique of nurses employed at university teaching hospital, Karachi, Pakistan, *The Health*, 3(1),16-18.
 42. **Lalani, N.S.** (2012). Beliefs and Perceptions regarding the use of herbal remedies among the users and sellers in Karachi, Pakistan. *Pakistan Journal of Public Health*, 2(1), 36-39
 43. **Lalani, N. S.** (2011). AIDS: Still a hidden epidemic. *Pakistan Journal of Public Health*, 1(1), 36-41.
 44. **Lalani, N.S.** & Dias, J. M. (2011). The Role transition of nurses in a university teaching hospital in Pakistan, *Journal for Nurses in Staff Development*, 27(4), E1-E5.

45. Asad, N., Karmaliani, R, **Sulaiman, N.**, Bann, C. M., McClure, E. M., Pasha, O., Wright, L. L., & Goldenberg, R. L. (2010). Prevalence of Suicidal thoughts and attempts among pregnant Pakistani women. *Acta Obstetrica et Gynecologica*, early online, 1-7.
46. **Lalani, N. S.** & Gulzar, A. Z. (2001). Nurses' role in patients' discharge planning at the Aga Khan University hospital, Pakistan. *Journal for Nurses in Staff Development*, 17(6), 314-319.

Published Abstracts

1. **Lalani, N.**, Wyatt, G., Lehto, R., Patano, A, & Bottini, N. (March 2025). Wearable technology and smart-app interventions for promoting the informal cancer caregiver's wellbeing and quality of life: A scoping review. MNRS, IN-March 26-29, 2025
- 2.
3. **Lalani, N.**, Katare, B., Wagle, S. Yang, S. (2024). Rural family caregiving: Promoting self-care and well-being of rural female caregivers of frail older family members, *Innovation in Aging*, 8(1), 560. <https://doi.org/10.1093/geroni/igae098.1831>
4. Osei, E., **Lalani, N.**, Yang, S., Wagle, S., & Katare, B. (2024). Financial health and well-being of rural caregivers of older adults with chronic illnesses, *Innovation in Aging*, 8(1). 1245, <https://doi.org/10.1093/geroni/igae098.3983>
5. Yang, S., Cuevas, N., Shelar, S., Lu, Y, Katare, B, & **Lalani, N.** (2024). Self-care and well-being interventions for family caregivers of frail older adults in a rural context. *Innovation in Aging*. 8(1), 1051–2. [doi: 10.1093/geroni/igae098.3382](https://doi.org/10.1093/geroni/igae098.3382). [PMCID: PMC11692474](https://pubmed.ncbi.nlm.nih.gov/41692474/).
6. Xu, D., **Lalani N.**, & Arling G. Coping and life satisfaction of older people during the Covid-19 pandemic. (2022). *Innovations in Aging*. 6(1), 878. [doi: 10.1093/geroni/igac059.3134](https://doi.org/10.1093/geroni/igac059.3134). [PMCID: PMC9767227](https://pubmed.ncbi.nlm.nih.gov/39767227/).
7. Ali, G., Beigi, R., Voila, A., **Lalani, N.**, Hamash, K., Sulaiman, S., Virani, G., Ongoji, K., Syed, H. and Ali, S. 2024. SWAN-Self-healing and Wellbeing interventions through Existential Advocacy and Narrative inquiry- Applying SOPHIE as a practice methodology. British Science Festival. University of East London, UK 11 - 15 Sep 2024. <https://repository.uel.ac.uk/item/8y0wq>

Publication in Newsletters/Non-Peer Reviewed Journals

Lalani, N. (July, 2023). Spirituality in Human Experience and Wellbeing: A Path to Inner Strength, Resilience, and Connectedness. https://www.purdue.edu/stepstoleaps/explore/well-being-tips/2023_0228.php

Lalani, N., Keeley, M. (2020, August). An effective approach for difficult, end-of-life communication. *Reflections on Nursing Leadership*, <https://nursingcentered.sigmanursing.org/topics/education/stories/view/an-effective-approach-for-difficult-end-of-life-communication>

Lalani, N. (2020, Sept). 'KEEP' Elderly Engaged in Pandemic. Center on Aging and Life Course newsletter, Purdue University. <https://agingexchange.freeflowdp.com/agingexchange/3377824231332848/MobilePagedRepl>

[ica.action?fbclid=IwAR1yv_gHMZgqJDkgu057zmmrr0kSKjHi53_F9lt45mL5piWDWDL2w3IzRLk&pm=2&folio=4#pg4](https://www.purdue.edu/newsroom/purduetoday/releases/2020/Q3/key-attitudes,-actions-can-help-students-maintain-well-being,-professor-says.html)

Lalani, N. (2020, Aug 28). Key attitudes, actions can help students maintain well-being, Purdue Today, <https://www.purdue.edu/newsroom/purduetoday/releases/2020/Q3/key-attitudes,-actions-can-help-students-maintain-well-being,-professor-says.html>

Lalani, N., & Lalani, Ali Hasan (Feb 28, 2022). Finding joy in connecting with and serving other. https://www.purdue.edu/stepstoleaps/explore/well-being-tips/2022_0228.php

Book Chapters & Invited work

1. Drolet, J., **Lalani, N.**, & McDonald-Harker, C. (2022). Empowering disaster-affected communities: Using creative art research approaches to assess arts-based interventions with children in post-disaster contexts. In E. Huss & E. Bos (Eds.) *Social work research using arts-based methods*. pp. 117-126. Policy Press.
2. **Lalani, N.**, Ali, G., & Roger, M. (2021). Global Advance Practice Nursing Case Study in Spirituality- Stories of Hope from Pakistan. In Rogers, M., *Global Advance Practice Nursing Case Studies*: Springer Publications.
3. Keeley, M.P., & **Lalani, N.** (2020). Dying Process: An Examination of Theory, Communication, Culture, and Ethics. In *Handbook of Thanatology*. 3rd ed. ADEC Publishing.

Conference Presentations

- Lalani, N., Katare, B., Evans, O. (2025, accepted for podium). Self-care and resilience of rural women caregivers providing Palliative and End-of-life care for older adults. 2025 International Rural Nursing Conference. May 27-30, 2025. Arlington, TX.
- Bottini, L., **Lalani, N.**, Wyatt, G., Lehto, R., Patano, A., Sender, J. (2024, submitted and under review). Wearable technology and smart app interventions for promoting the well-being and quality of life of informal cancer caregivers: A scoping review. 2025 University Undergraduate Research and Arts Forum (UURAF). April 11, 2025. East Lansing, MI.
- **Lalani, N.**, Wyatt, G., Lehto, R., Patano, A., & Bottini, N. (March 2025). Wearable technology and smart-app interventions for promoting the informal cancer caregiver's wellbeing and quality of life: A scoping review. MNRS, IN-March 26-29, 2025
- **Lalani, N.**, Osei. E.A, Siqi Y, Katare B, Sampada, W (March 2025). Role of faith and spirituality in promoting selfcare of rural caregivers of older adults, MNRS 49th Annual Research Conference, IN, March 26 – March 29, 2025.
- Wang, H., **Lalani, N.**, Jo, S., Stefancik, J., & Santiago, L. (March 2025). Understanding health disparities and needs of Rural Haitian immigrants in Daviess County, Indiana: A focus group exploration. MNRS, IN-March 26-29, 2025
- Osei. E.A, **Lalani N.**, Siqi Y, Katare B, Sampada, W (March 2025). Understanding the effects of financial costs on caregiving burden: lived experiences of rural women caregivers of older adults. Poster Presentation, MNRS 49th Annual Research Conference. IN, March 26 – March 29, 2025.
- **Lalani, N.**, Siqi Y, Osei, E.A., Katare B, Sampada, W. (2024). Rural family caregiving: Promoting self-care and well-being of rural female caregivers of frail older family members. Oral presentation, Gerontological Society of America, Seattle, WA, Nov 2-5, 2024.

- Osei, E.A, **Lalani N**, Siqi Y, Katare B, Sampada, W. (Nov 2024). Financial health and well-being of rural caregivers of older adults with chronic illnesses. Poster presentation, Gerontological Society of America, Seattle, WA, Nov 2-5, 2024.
- **Lalani N**, Osei, E.A., Siqi Y, Katare B, Sampada, W. Gallegos, J.L, Ajuwon M.A. (October, 2024). Selfcare needs and practices of rural family caregivers providing palliative care to their frail older adults. Poster Presentation. CALC symposium, Purdue University.
- Ali, G., Beigi, R., Voila, A., **Lalani, N.**, Hamash, K., Sulaiman, S., Virani, G., Ongoji, K., Syed, H. and Ali, S. 2024. SWAN-Self-healing and Wellbeing interventions through Existential Advocacy and Narrative inquiry- Applying SOPHIE as a practice methodology. *British Science Festival*. University of East London, UK 11 - 15 Sep 2024.
- **Lalani, N.**, Cuevas, N., Jacobson, E., Miller, F., Shelar, S., Kausar, L., & Katare, B. (Nov 2023). Building self-care and resiliency of rural women caregivers of older adults. Poster Presentation, Health and Human Sciences Fall Research Day. Purdue University, IN.
- **Lalani, N.**, Ali, G., Foli, K., & Hamash, K. (2023, October 4-7). WINGS: Wellness Interventions for Nurses' Growth and Self-care [Poster Presentation]. APNA 37th annual conference Lake Buena Vista, Florida, USA. <https://www.apna.org/apna-annual-conference/>
- **Lalani, N.** (May 2023). Moral distress and spiritual uncertainty among rural caregivers providing palliative and end-of-life care during the pandemic. Oral Presentation, Spirituality, Critical reflection, and professional practice in an uncertain world. International Network for Study of Spirituality Conference, Waterford, Dublin, Ireland, 16-18 May, 2023.
- Todorinova, H., Paterson, I., Cline, N., McClintic, J, **Lalani, N.**, & Xu, J. (March 2023). Poster Presentation at the Respect Center Conference, Indiana University, IN.
- Wang, Y., Xu, D., & **Lalani, N.** (April 2022). Gender differences in mental health and wellbeing during the COVID-19 Pandemic: Findings from the NHATS Study. Poster Presentation at the MNRS 46th Annual Research Conference, Schaumburg, IL, US.
- **Lalani, N.** (April, 2022). Pandemic and palliative care providers in rural communities: challenges, and lessons learned, Midwest Nursing Research Society, MNRS, Shamburg, Chicago, March 30-April 2, 2022.
- **Lalani, N.** (Jan 21, 2022). Palliative care disparities in small towns and rural communities: A call to action, Center of Aging and Life Course (CALC colloquium), Purdue University, Jan 21, 2022
- **Lalani, N.** (2021). Spirituality in time of crisis. 46th Biennial Convention Sigma Theta Tau International, Honor the Past, Remember the Present, Create the Future, Indianapolis, Nov 6-10, 2021.
- **Lalani, N.** (2021). Understanding palliative care needs and experiences among rural communities in Indiana, USA. Online Presentation in Team Science: Advancing Culturally Responsive Research to Improve Health Outcomes, MNRS 45th Annual Research Virtual Conference, March 24-27, 2021.
- **Lalani, N.** (Sept 2021). Barriers and facilitators to palliative care among rural communities of Indiana: healthcare providers' perspectives. Poster Presentation, Indiana State Nurses Association, Annual Conference and Member Meeting, Nursing Now: Our Future in Focus, Sept 17, 2021.

- **Lalani, N.**, Elias, C., Toombs, A. (2021). Building a large-scale, public-facing family resilience development program during a pandemic, webinar in Family Life Education Summit 2021, National Council for Family Relations Summit, June 25, 2021.
- Marceau*, K., Kimiecik, C., Ruiz, Y., McCormick, C., Toombs, A., Elias, C., **Lalani, N.**, MacDermid Wadsworth, S. (2021). Families Together: How families used a program to build family resilience during the covid-19 pandemic. Poster Presentation. National Council on Family Relations. (Nov 2-5, 2021).
- **Lalani, N.**, & Foli, K. (2021). Self-reflexive practices to develop self-efficacy and promote existential and spiritual wellbeing, Workshop Presentation at 9th Annual The Faculty Women of Color in the Academy (FWCA) conference, April 9-12, 2021.
- **Lalani, N.**, & Ali, G. (2020). Constructing spirituality into health education and practice-applying SOPHIE as practice methodology. Online Presentation at the Calgary Research Symposia on Incorporating spirituality in health and helping profession, Calgary, Canada, Nov 12, 2020.
- **Lalani, N.**, & Drolet, J. (2020). Nurturing spiritual resilience among children, youth and families in the post-disaster recovery: A case from FMM wildfire in Alberta, Canada. Online Presentation at the Calgary Research Symposia, Nov 12, 2020.
- **Lalani, N.S.** (2020). Ethical and methodological challenges studying spirituality and resilience at the end of life care: Researcher's self-reflections. Poster Presentation at the 44th Annual Research Conference on 'Advancing nursing research with diverse population', Midwest Nursing Research Society, Schaumburg, IL, USA, April 1-4, 2020.
- **Lalani, N.S.**, Duggleby, W., & Olson, J. (2020). I need presence and a listening ear: Cultural and spiritual care needs of family caregivers in a hospice setting. Oral Presentation at the RESPECT Center conference- "Let's Talk Palliative Care: Sharing our Collective Wisdom", Indianapolis, USA, March 6, 2020.
- **Lalani, N.S.** (2019). Place Matters: Health barriers and facilitators in small cities and rural communities. Metropolis Conference, Workshop Presenter at 3rd Annual migration policy forum. Beyond Borders: Managing migration in North America, San Diego, USA, Nov 7-9, 2019
- **Lalani, N.S. & Rattani, S.** (2019). Dignity of care: Ethical, cultural, and spiritual challenges in palliative care research from developing countries context, Workshop Presenter at the Canadian Hospice and Palliative Care Association, Ottawa, Canada, Sept 19-21, 2019
- **Lalani, N.S.**, Duggleby, W., & Olson, J. (2019). Beyond meaning and connectedness: Family Caregivers' spiritual experiences in a hospice setting, Oral Presentation at the Sigma 30th International Research Congress, Calgary, Alberta, Canada, July 25-29, 2019.
- **Lalani, N.S.**, Drolet, J. (2019). Connecting older Chinese people to mainstream services in Edmonton, Alberta, Canada. Poster Presentation at the Sigma 30th International Research Congress, Calgary, Alberta, Canada, July 25-29, 2019.
- **Lalani, N.S.**, Duggleby, W., & Olson, J. (2018). Self-Transcendence: Spiritual Experiences among family caregivers of palliative care patients in a hospice setting in Pakistan. Oral Presentation at the 29th Annual Palliative Education and Research Day, Edmonton, Alberta, Canada, Oct 22, 2018.

- **Lalani, N.S.**, Duggleby, W., & Olson, J. (2018). Rising above: Spirituality among family caregivers in a hospice setting. Oral Presentation at the 22nd International Congress on Palliative Care, Montreal, Canada, Oct 2-5, 2018.
- **Lalani, N.S.**, Duggleby, W., & Olson, J. (2017). Spirituality among family caregivers in a palliative care setting: An integrative literature review. Poster Presentation at the 31st Margaret Scott Wright Research Day and Canadian Associations of Schools of Nursing, Nov 3, 2017.
- **Lalani, N.S.**, Duggleby, W., & Olson, J. (2017). Spirituality among family caregivers in a palliative care setting: An integrative literature review. Poster Presentation at the 23rd Annual Qualitative Health Research Conference. Quebec City, Quebec, Canada, Oct 17-19, 2017.
- **Lalani, N.S.**, Duggleby, W., & Olson, J. (2016). A proposal to explore the experiences of spirituality among family caregivers of patients receiving end of life care in a hospice setting. Poster presentation at the 30th Margaret Scott Wright Research and Innovation Day & Canadian Nursing Students' Association – Western/Prairie Regional Conference, Edmonton, AB, Nov 4-6, 2016.
- **Lalani, N.S.** & Ali, G. (2016). Action Research: A phenomenographic account of the improving community mental health in Pakistan. Oral presentation at the Canadian Association of Gerontology Conference, Niagara Falls, Ontario, October 16-18, 2014.
- **Lalani, N.S.** & Ali, G. (2016). Introducing the concepts of geriatric care in the undergraduate program of nursing at a private university in Pakistan. Poster presentation at the Canadian Association of Gerontology Conference, Niagara Falls, Ontario, October 16-18, 2014.
- **Lalani N.S.**, Alyssa F., Tharsini S., Ghedi, W., Ria R., Jennifer H. (2016). Decreasing obstetric fistula in rural Aasaam, India. Oral presentation at the Emory Global Health Case Competition, Atlanta, Georgia, USA, April 8-10, 2016.
- McLean L, Hodge K, Howell C, Norris A, Dewart G, Mark N, LaBonte S, **Lalani N.S.**, & Cooper S. (2015). Transition from founders to the future: How to create and sustain a mentorship program. Alberta Student Leadership Summit. Edmonton, Alberta, Canada, January 31, 2015.
- Marks N, Cooper S., Hodge, K., Norris, A., Labonte, S., Dewart, G., McLean, L., **Lalani, N.S.**, & Howell, C. (2015). Fostering leaders through mentorship experiences. Olive Yonge Teaching & Learning Day. Edmonton, Alberta, Canada, March 20, 2015.
- **Lalani, N.S.**, & Ali, G. (2014). Introducing the concepts of geriatric care in the undergraduate nursing program at a private Health Sciences University, Pakistan. Poster presentation at the 45th Canadian Association of Gerontology (CAG) Conference, Niagara Falls, Ontario, Canada, Oct 22-24, 2014.
- **Lalani, N.S.**, & Virani, G. (2014). Action Research: A phenomenographic account of improving mental health in Pakistan. Oral presentation at the 45th CAG conference, Niagara Falls, Ontario, Canada, Oct 22-24, 2014
- **Lalani, N.S.**, Karmaliani, R., Gulzar, S. & Khan, K. (2014). Pakistani nurses' perspectives on nursing empowerment: A case study approach. Poster presentation at the 2014 Thinking Qualitatively (TQ) Workshop Series, Edmonton, Alberta, Canada, June 2014
- **Lalani, N.S.**, Gavino, I, Dias, J, Khowaja, K. (2014). The role transition of nurses in a university teaching hospital in Pakistan. Poster presentation at the 2014 Thinking Qualitatively (TQ) Workshop Series, Edmonton, Alberta, Canada, June 2014

- **Lalani, N.S.**, Murad, S., Leung, W., Darkwah, V., & Olson, J. (2014). Transcribing qualitative data: A learning journey for graduate students. Poster presentation at the 6th Annual Dr. Olive Yonge Teaching and Learning Scholarship Day, Edmonton, AB, Canada, March 21, 2014.
- **Lalani, N. S.** (2012). Undergraduate Education Curriculum Development Workshop. Aga Khan University, Advanced Nursing Studies Program, East Africa, Feb 23-24, 2012

Invited Speaker

- **Lalani, N.** (April, 2024). Global Health Research Panel. Invited Panelist for Diversity Equity Inclusion Science Consortium, HHS, Purdue University, IN.
- **Lalani, N.**, Labadorf, E.A. & Edgell, P. (Jan 2024). Interdisciplinary perspectives on focus group methodology: Health and social science applications: Invited speaker for Advanced Methods at Purdue (AMAP) in the behavioral, health, and social sciences. Purdue University.
- **Lalani, N.** (2022). Spiritual, social, and cultural care aspects of palliative care in oncology nursing. Keynote Speaker for the Nursing Session at the 21st Shaukat Khanum Cancer Symposium, Shaukat Khanum Memorial and Cancer Research Center, Lahore, Pakistan, Nov 4-6, 2022
- **Lalani, N.** (2022). Defining empathy and compassion in a digital world. keynote speaker for the nursing session at the 21st Shaukat Khanum Cancer Symposium, Shaukat Khanum Memorial and Cancer Research Center, Lahore, Pakistan, Nov 4-6, 2022
- **Lalani, N.** (2021). Compassion and dignity. Invited speaker at the 20th Shaukat Khanum Cancer Symposium, Virtual Meeting, 5-7 Nov, 2021.
- **Lalani, N.** (2021). Nurse trauma and resilience. Invited Panelist. 20th Shaukat Khanum Cancer Symposium, Virtual Meeting, 5-7 Nov, 2021.
- **Lalani, N.** (May 11, 2021). Being in person when you can't: Qualitative Research in a Virtual Environment. Webinar, MNRS Qualitative Methods Research Implementation and Interest Group, Midwest Nursing Research Society, US.
- **Lalani, N.** (2020). Invited Panelist at the Emerging Nursing Scholars, at the 44th Annual Research Conference on 'Advancing Nursing Research with Diverse Population', Midwest Nursing Research Society, Schaumburg, IL, USA, April 1-4, 2020.
- **Lalani, N.** (2020). Promoting faculty and students' selfcare and wellbeing during the Pandemic. Steps to LEAP: Fall Summit, Oct 14, 2020.
- **Lalani, N.S.** (2020). A day in the life of a palliative care nurse. World Hospice and Palliative Care Day, Aga Khan University, Karachi, Pakistan, October 10, 2020.
- **Lalani, N.S.** (2020). Global opportunities for nursing research and evidence-based practice, Invited Panelist for a webinar session, at the 44th Annual Research Conference on 'Advancing Nursing Research with Diverse Population', Midwest Nursing Research Society, Schaumburg, IL, USA, April 1-4, 2020.
- **Lalani, N.S.** (2018). Spirituality in health. World Hospice and Palliative Care Day, Aga Khan University School of Nursing and Midwifery, Karachi, Pakistan, October 18, 2018.
- **Lalani, N.S.**, Duggleby, W., & Olson, J. (2018). Experiences of spirituality among family caregivers in a hospice setting: Preliminary findings. Geriatrics Grand Round Presentation at the Glenrose Rehabilitation Center, Edmonton, Canada, Jan 9, 2018.

- **Lalani, N.S.** (2011). Curriculum review for the Undergraduate Nursing Education (UGNE) for Aga Khan University, Nairobi- 3-day workshop at Nairobi, East Africa, January 2011.
- **Lalani, N.S.** (2011). Mind body interaction. Mental Health day, Aga Khan University, Karachi, Pakistan, October 2011.
- **Lalani, N.S.** (2010). Delivering quality, serving communities: Nurses leading chronic Care: Nursing curriculum perspective at the International Nurses Day at the Aga Khan University, Karachi, Pakistan, May 2010.

Reviewer for Professional Journals

- Journal of Advanced Nursing
- Journal of Palliative Medicine
- Journal of Applied Gerontology
- BMC Palliative Care
- Image: Journal of Nursing Scholarship
- Religions
- Journal of Religion and Health
- Journal of Palliative and Social Practice

Awards & Scholarships

- Lorene Burkart Award for Excellence in Research with Families, Center for Families, Purdue University 2024
- CHER Fellow, 2023-2024- The Center for Health Equity Research Institute, California State University Long Beach 2024
- Delta Omicron Chapter Research Award, Sigma Nursing Society 2024
- Early Career Researcher Award, Midwest Nursing Research Society (MNRS) 2022
- Early Career Researcher Award, Steps to LEAP Initiative 2022
- Teaching for Tomorrow Fellow, Purdue University 2021-2022
- Fellow Palliative Care Research Cooperative, HPNA 2020
- Families Tackling Tough Times Together Program, Community Engagement Award, College of Health and Human Sciences, Purdue University 2021
- Mu Sigma Chapter Research Award 2019
- Wynn Wiest Memorial Award, University of Alberta 2015-2018
- Mu Sigma Chapter Education Award 2018
- Mu Sigma Chapter Research Award 2017
- Faculty of Graduate Studies Research Travel Award, University of Alberta, Canada 2017
- Professional Development Award, University of Alberta 2014
- Edmonton Chapter Award, Alberta Association on Gerontology, Canada 2014
- Libby Ritter Warrick Memorial Graduate Travel Award 2014
- Dr. Herman and Elly de Jongh Graduate Scholarship 2014
- Canadian Association of Gerontology Travel Award 2014
- Nursing Research Chair Aging and Quality of Life Award, University of Alberta 2013
- University of Alberta Doctoral Recruitment Scholarship 2012-2014
- Sandy McKinnon Memorial Graduate Scholarship in Nursing, 2012

University of Alberta

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| ▪ Don Mazankowski Graduate Scholarship in Nursing,
University of Alberta 2012 | 2012 |
| ▪ Rho Delta Chapter Research Award for Outstanding Master's Thesis | 2005 |
| ▪ Dean's Honor Roll in Master of Science in Nursing Program | 2005 |
| ▪ Overall Distinction in Master of Science in Nursing Program | 2005 |
| ▪ Dean's Honor Roll in Post RN Bachelor of Science in Nursing Program | 1997 |
| ▪ Distinction in Management and Leadership | 1997 |
| ▪ Dean's Honor Roll in Diploma in Nursing Program | 1992 |
| ▪ Distinction in Adult Health Nursing | 1992 |

Committee Representation

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| ▪ Member, PhD Committee, Purdue University | 2024-2026 |
| ▪ President Delta Omicron Chapter, Sigma Theta Tau International Society | 2021-2024 |
| ▪ Chair, Palliative and End of Life Care RIIG, MNRS | 2021-2023 |
| ▪ Member, DEI Committee, Purdue University | 2022-Present |
| ▪ Chair Research Committee, Purdue University School of Nursing | 2020-2021 |
| ▪ Member, Graduate Affairs Committee, Purdue University | 2020-2022 |
| ▪ Member, Advisory Group for DEI, (MNRS), USA | 2021-2022 |
| ▪ Executive Member and Mentor, Nursing Graduate Student Association,
University of Alberta, Canada | 2015-2018 |
| ▪ Vice Chair, Women Portfolio, Aga Khan Council for Edmonton, Canada | 2016-2017 |
| ▪ Member, Aboriginal Nursing Advisory Committee,
University of Alberta, Canada | 2014-2015 |
| ▪ Co-Chair Curriculum Committee, Aga Khan University, Pakistan | 2010-2012 |
| ▪ Chair Research and Publication Committee, Rho Delta Chapter, Pakistan | 2011-2012 |
| ▪ Chair Mental Health Nursing Interest Group, Aga Khan University,
Pakistan | 2011-2012 |
| ▪ Member Admission and Progression Committee,
Aga Khan University, Pakistan 2011-2012 | 2011-2012 |
| ▪ Member University Research Committee, Aga Khan University, Pakistan | 2011-2012 |

Professional Affiliations/Voluntary Activities

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| ▪ Member American Psychosocial Oncology Society | 2024-2026 |
| ▪ Member Gerontological Society of America | 2023-2025 |
| ▪ Member, Hospice and Palliative Nursing Association, USA | 2020-2025 |
| ▪ Mentor and Member, Indiana State Nurses Association | 2020-Present |
| ▪ Board Member Diversity Equity and Inclusion Advisory Group, MNRS | 2021-2022 |
| ▪ Fellow, Center of Families, Purdue University | 2019-present |
| ▪ Fellow, Center of Aging and Life Course, Purdue University | 2019-Present |
| ▪ Member American Nurses Association | 2019-Present |
| ▪ Member, Sigma Theta Tau International Nursing Research Society | 1996-Present |
| ▪ Board Member, Alberta Hospice and Palliative Care Association | 2018-2019 |
| ▪ Board Member Mu Sigma Chapter, University of Alberta, | 2017-2019 |
| ▪ Member Canadian Hospice Palliative Care Association | 2016-2020 |

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| ▪ Member Alberta Aging Association, Alberta, Canada | 2016-2018 |
| ▪ Board Member, Rho Delta Chapter, Aga Khan University | 2012-2014 |

Professional Licensure & Certifications

- Registered Nurse (RN) Licensure # 28261665A, Indiana Board of Nursing, USA-**Active** (Oct 31, 2021)
- Registered Nurse (RN) Licensure # 0000229010, Tennessee Board of Nursing, USA-Inactive (April, 2022)
- Registered Nurse (RN) licensure #110614, College and Association of Registered Nurses of Alberta -Inactive -(Sept 30, 2020)
- Registered Nurse (RN) Licensure #18116227, College of Nurses of Ontario, Canada (Inactive)
- Registered Nurse Licensure # A-20707, Pakistan Nursing Council, Pakistan-Active (15 Sept 2021)
- Canada's Strategy for Patient Oriented Research (SPOR) Certified
- Basic Life Support (BLS Provider), Heart and Stroke Foundation, Canada
- Standard First Aid, Red Cross Canada
- Mental Health First Aid, Red Cross Canada
- Command over MS Office and Data management software such as NVIVO, SPSS, Quirkos