VITAL Mission

The Veterans Integration To Academic Leadership (VITAL) Initiative’s mission is to provide world-class healthcare and improve the overall mental health of Veterans, while supporting their successful integration into college and university campuses through seamless access to VA health care services and on-campus clinical counseling. Furthermore, VITAL will provide efficient care coordination of all available services, and promote positive cohesion between Veteran and the entire learning community through campus and community clinical education and training.
VITAL - Promoting Positive Cohesion

• Collaboration with campus leadership, faculty, staff, Veterans and non-student Veterans to address the needs of Veterans

• Provide training on Veterans issues and strengths to increase awareness and sensitivity, and facilitate a safe learning environment
VITAL - Increase Access/On Campus Assistance

- On campus counseling is provided to Veterans by licensed psychologists and clinical social workers to address mental health issues and other barriers to educational goal obtainment.
- Evidence based practice is used by all providers, for example:
  - Cognitive behavior therapy (CBT) for insomnia
  - CBT for depression
  - Motivation interviewing (MI)
  - Cognitive processing therapy (CPT)
VITAL - Care Coordination Services

- VITAL refers Veterans to resources or services that will help them address any issues so they may persist and graduate.
- Referrals to:
  - VA medical centers
  - Veterans Benefits Administration
  - VET Centers
  - Campus services
  - Community services