

R	L	D
Fix electrical things	<input type="checkbox"/>	<input type="checkbox"/>
Fix mechanical things	<input type="checkbox"/>	<input type="checkbox"/>
Build things with wood	<input type="checkbox"/>	<input type="checkbox"/>
Take a Graphics course	<input type="checkbox"/>	<input type="checkbox"/>
Work outdoors	<input type="checkbox"/>	<input type="checkbox"/>
Operate motorized machines or equipment	<input type="checkbox"/>	<input type="checkbox"/>

Total number of "L's" _____

I	L	D
Read scientific books and magazines	<input type="checkbox"/>	<input type="checkbox"/>
Work in a research office or laboratory	<input type="checkbox"/>	<input type="checkbox"/>
Work on a scientific project	<input type="checkbox"/>	<input type="checkbox"/>
Work with chemicals	<input type="checkbox"/>	<input type="checkbox"/>
Apply mathematics to practical problems	<input type="checkbox"/>	<input type="checkbox"/>
Take a Biology course	<input type="checkbox"/>	<input type="checkbox"/>

Total number of "L's" _____

A	L	D
Design furniture, clothing, or posters	<input type="checkbox"/>	<input type="checkbox"/>
Practice a musical instrument	<input type="checkbox"/>	<input type="checkbox"/>
Create photographs or portraits	<input type="checkbox"/>	<input type="checkbox"/>
Take an Art course	<input type="checkbox"/>	<input type="checkbox"/>
Perform for others (dance, sing, act, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
Read artistic, literary, or musical articles	<input type="checkbox"/>	<input type="checkbox"/>

Total number of "L's" _____

S	L	D
Help others with their personal problems	<input type="checkbox"/>	<input type="checkbox"/>
Read psychology articles or books	<input type="checkbox"/>	<input type="checkbox"/>
Teach in a grade school or high school	<input type="checkbox"/>	<input type="checkbox"/>
Supervise activities for mentally ill patients	<input type="checkbox"/>	<input type="checkbox"/>
Teach adults	<input type="checkbox"/>	<input type="checkbox"/>
Work as a volunteer	<input type="checkbox"/>	<input type="checkbox"/>

Total number of "L's" _____

E	L	D
Operate my own service or business	<input type="checkbox"/>	<input type="checkbox"/>
Attend sales conferences	<input type="checkbox"/>	<input type="checkbox"/>
Lead a group in accomplishing some goal	<input type="checkbox"/>	<input type="checkbox"/>
Participate in a political campaign	<input type="checkbox"/>	<input type="checkbox"/>
Act as an organizational or business consultant	<input type="checkbox"/>	<input type="checkbox"/>
Read business magazines or articles	<input type="checkbox"/>	<input type="checkbox"/>

Total number of "L's" _____

C	L	D
Fill out tax forms or business forms	<input type="checkbox"/>	<input type="checkbox"/>
Add, subtract, multiply, divide numbers in business or bookkeeping	<input type="checkbox"/>	<input type="checkbox"/>
Operate office machines	<input type="checkbox"/>	<input type="checkbox"/>
Keep detailed records of expenses	<input type="checkbox"/>	<input type="checkbox"/>
Check paperwork or products for errors or flaws	<input type="checkbox"/>	<input type="checkbox"/>
Update records or files	<input type="checkbox"/>	<input type="checkbox"/>

Total number of "L's" _____

Exploratory Studies

AN EXCERPT FROM HOLLAND THEORY

Instructions:

1. Complete the next page by checking the box marked "L" for those activities you like and checking the box marked "D" for those you dislike (or are indifferent to).
2. Add up the "L's" for each group and record on the line.
3. Write the three letters (R, I, A, S, E, or C) with the highest totals below:

Highest

2nd

3rd

Notes:
