Retirees Impressed with the Discovery Learning Research Center and the VOSS Model

Thirty-five retirees were quite impressed with the PURA Campus and Community tour on September 22. We first toured the Discovery Learning Research Center (DLRC) that was designed to house research spaces to explore and study innovations in education. The facility is made for flexibility according to Dr. Jim Lehman, Director of DLRC. Walls and furniture can be arranged into different configurations and lighting and audio components can be easily moved to improve the learning environment and student interaction for any given class, lab, or meeting. The retirees were quite interested in the open grid instead of a ceiling in two rooms. This grid enables lighting, props, etc. to be easily accessed and changed. The goal of this facility is to provide space for projects that will lead to innovations in teaching and learning.

The retirees then went outside to see the awesome VOSS (Visiting Our Solar System) Model that is located just behind DLRC. The sculpture is named in honor of the late Janet Voss, a Purdue astronaut who flew on five shuttle missions. The idea for the sculpture was conceived by EPICS, a community-service based course at Purdue. The idea for the sculpture was conceived by EPICS, a community-service based course, students who worked with an Indianapolis artist and construction firm on design and location. It took seven years to become reality. The model of the sun stands 30 feet in diameter while Saturn is 4 feet and Earth is 6 inches. The scale model follows a Fibonacci Spiral Path, allowing viewers to journey through the solar system, stopping at each planet’s plaza. Tim Strueh, EPICS advisor, and his students showed us around the model and answered many questions. Be sure to take your children and grandchildren on a trip through our solar system by visiting the VOSS Model.

Reminder: November 9 & 16 Free Wellness Screenings

Free wellness screenings will take place Monday, November 9th at Lyles-Porter Hall from 9am-1pm. There will be Ankle Brachial Indexing to check for circulatory and/or peripheral vascular disease, finger sticks for cholesterol, high density lipoprotein and glucose, and fitness assessments. On November 16th wellness screenings will take place in the basement at Westminster from 8am-1pm. Please feel free to call Chris Rearick at 765-496-0308 to schedule any of the above screenings. You may also email any questions to her at crearick@purdue.edu
W. Scott Rumble Receives the Betty M. Nelson Recognition Award

W. Scott Rumble received the Betty M. Nelson Recognition Award at the annual PURA kick-off luncheon. The award recognizes persons or entities whose outstanding contributions have improved the lives of Purdue retirees.

Scott retired from Purdue in 2002 after over 40 years with the Purdue Cooperative Extension Service. He worked in 6 Indiana counties with the longest time in Tippecanoe County. Upon retirement he immediately became active in PURA, first serving on the hospitality and community service committee. In 2007 he was elected PURA president-elect and served as president in 2008-09. Since then he has served on the benefits, endowment, and kick-off luncheon committees. He currently is chairing the Purposeful Living in Retirement conference committee. During his tenure on this committee the conference has become an annual vs. initially a biannual event each spring. Each year it has attracted more PURA members and friends, and added an increasing number of vendors.

Scott received a plaque and his name will be added to the one permanently mounted in the Purdue Memorial Union. Past recipients have included Don Gentry, Harland White, Roy Johnson, Kate LaMar, Michele Salla, the A.H Ismail Center, Human Resources, and the Purdue Federal Credit Union. Congratulations, Scott!

[Editor’s note: This corrected version of the story is reprinted from the October 2015 issue. Our apologies to Scott!]

UNITED WAY DONATIONS STILL ACCEPTED

There’s still time to donate to the United Way of Greater Lafayette. Donations are accepted through November 11, 2015.

PURA’s part of the Purdue campaign is very important, making up a large part of the total donations from the Purdue family. A gift of any amount is greatly appreciated. If your donation is a first time one and/or one greater by $100 over last year’s donation, it will be matched by an Eli Lilly Endowment, in effect doubling your contribution. There are several ways to donate: Thank you for your support. PURDUE LIVES UNITED!

1) You may send a check payable to United Way of Greater Lafayette to:
   Purdue United Way
   Purdue Memorial Union, Room 103B
   101 N Grant St.
   West Lafayette, IN 47906-3574.
   Please indicate on your check it is from a PURA member.

2) You may call the Purdue United Way office at 765-494-9240 if you wish to donate by credit card.

3) You may donate online via:
   http://www.uwlafayette.org/givenow-purdue.html

4) You can download a blank pledge form and return it to:
   Dauch Alumni Center, United Way
   403 West Wood Street
   West Lafayette, IN 47907
   To download:
   http://www.purdue.edu/unitedway/pledgeforms.html

COMING SOON

The request for nominations for the Arthur G. Hansen Recognition Award will soon be announced. This award is to recognize any department, program, school/college, program, division, entity, or program that promotes continuing involvement with Purdue retirees. Purdue retirees do the nominating. Look for nomination information in the next PURA NEWS and for forms at the November and December MCL meetings.
Retirees Attend Symposium on Optimizing Functional Ability

Twenty-two PURA members attended the symposium, "Optimizing Functional Ability in Later Life," on October 2 with graduate students, undergraduate students, and faculty from various disciplines. After enjoying a good, healthy breakfast buffet and viewing the interesting research posters displayed, the attendees heard two excellent and inspiring speakers. Dr. Wojtek Chodzko-Zajko, University of Illinois, spoke on "Optimal Functional Ability Later Life – The role of Healthy Lifestyles." He described the development of interest in exercise and policy through the years. His personal and fun examples had the attention of everyone. Active aging is essential to all aspects of our life and our society. Speaking on "Supporting Older Adults’ Functional Goals through Person-Environment Fit: The CAPABLE Studies," Dr. Sarah L. Szanton of John Hopkins University stressed the importance of the goals of the individual in making changes in lifestyle. Patients with health challenges are often held back by the physical conditions in their home. Examples from the CAPABLE study with Medicaid patients illustrated the importance of nurses, therapists, and handy men working together tofacilitate reaching the goals of the patient. Everyone attending the symposium learned helpful information they can apply to their own life.

A video of the symposium presentations will be available at www.purdue.edu/aging after October 19. In 2016 the symposium will be September 15 – 16.

The symposium was sponsored by Purdue’s Center on Aging and the Life Course with the School of Nursing and PURA as co-sponsors. The symposium received a grant to help fund this event from the PURA Activities and Opportunities Endowment Fund.

WHO ARE WE? PURA MEMBER COUNTS

PURA membership as of mid-July, 2015.

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<th>Category</th>
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HELP US TO REACH YOU

Please note less than 50% of our members have shared an e-mail address with us. Without an e-mail address we must mail information, such as the PURA NEWS, to effectively communicate with you. It would help our budget if we had more e-mail addresses or knew you did not wish to receive PURA communications. PLEASE consider sending us your email address if you receive PURA NEWS via the U. S. mail. You will receive it sooner and in color via e-mail. If you are receiving the NEWS via U. S. mail, or if you have recently changed your e-mail address or your mailing address, PLEASE complete the following form and mail it to Purdue University Retirees, Human Resources, 401 S. Grant St. West Lafayette, IN 47907-2024. You may also send the information on the form directly to me at o.wood123@comcast.net or to let us know if you do not wish to receive PURA mailings. We want your input. THANK YOU!

Name_______________________________________________________
Address_______________________________________________________
City____________________________________State____Zip Code________
Email Address__________________________________________________Phone________

___ I do NOT want to receive PURA mailings.

___ I do NOT want to be included in any future PURA Directory.

PURA News, November 2015
Mark your Calendars!

Nov. 2 PURA Monthly Luncheon, MCL Cafeteria, 11 am
   Speaker: Deba Dutta, Ph.D., Executive Vice President for Academic Affairs and Provost
Nov. 7 Purdue Homecoming honoring Roy Johnson
Nov. 9 Wellness Screening at Lyles-Porter Hall, including hearing and ankle brachial screening 9 am -1 pm
Nov. 11 Veterans Day
Nov. 16 Wellness Screening at Westminster 8 am -1 pm
Nov. 26 Happy Thanksgiving Day
Dec. 7 PURA Monthly Luncheon, MCL Cafeteria, 11 am
   Speaker: Ned Derhammer; Topic: Battle of the Bulge