THE BEST WAY to PREVENT MUMPS is to be VACCINATED with TWO DOSES of the MEASLES, MUMPS, and RUBELLA VACCINE or MMR

The CDC recommends practicing good hygiene habits to prevent any further spread of mumps.

Mumps symptoms include fever, headache, muscle aches, tiredness, loss of appetite, and swollen and tender salivary glands under the ears on one or both sides. Symptoms typically appear 16 to 18 days after exposure but can range from 12 to 25 days.

Anyone experiencing these symptoms should contact their health care provider or Purdue University Student Health Center (PUSH). Until you are seen by a health care provider, please stay away from others if you think you have the mumps to prevent further spread of illness.

FOR MORE INFORMATION:
Purdue Student Health Center
purdue.edu/push
765-494-1700

STATE MUMPS HOTLINE:
877-826-0011

1. Wash your hands regularly with soap and water.
2. Sneeze and cough into a tissue or your elbow.
3. Avoid sharing drinks, food, or utensils.