WorkLife Programs Ambassador Meeting Minutes
December 1, 2011

Attendees: Alan Mehringer, Amber Thompson, Angela Pickett, Angela Roberts, Anita Brieda, Becky Rice, Beth Timmons, Brandee Sommer, Candy Byers, Debbie Sorenson, Joma Roe, Judy Ware, LaTasha Swanson, Lisa Perry, Martha Williams, Mary Ann Prah, Melinda Schultz, Mindy Anderson, Mitch Springer, Pam Mow, Roslynn Bol, Shannen Jordan, Sue Lakin,

Staff Attendees: Amber Simons, Branna Smith, Cheryl Laszynski, Julie Huetteman, Karen Hosterman-Sabel, & Linda Monahan

Absent: Amanda Schoolcraft, Cynthia Quillen, Jill Mullens, Judy Bower, Kim Mullen, Leslie Wampler, Lisa Duncan, Raji Sundararajan, Rhonda Hostetter, Rogene Loepker, Trish Anderson

Welcome, Introductions, & Ambassador Updates
Amber Simons welcomed attendees and shared her gratitude to all who are volunteering their time. The following ambassador updates were shared:

• Angie Roberts shared that she is starting a network of Purdue faculty and staff who have children and grandchildren with high functioning autism. The group will have monthly meetings with presentations by professionals at Purdue and elsewhere on topics such as diagnosis, treatment, school issues, social issues, and community resources. Contact Angie at akroberts@purdue.edu for additional information.
• Shannen Jordan shared that she has been given the opportunity to share monthly updates with the management team about WorkLife Programs offerings/services.
• Roslynn Bol shared that she and Rogene Loepker hosted the Energize & Focus workshop for the staff of the College of Education.
• Alan Mehringer encouraged attendees to consider participating in the upcoming YMCA Sleigh Bell Run or the Health & Kinesiology 10 K event.
• Becky Rice shared that she, Pam Mow, and Candy Byers worked together to host the Mindful Eating workshop for College of Agriculture staff including a web stream to Cooperative Extension agents.
• Amber Simons shared for Trina Higgins that she hosted the Energize & Focus workshop for the University Collections Office staff.
• Beth Timmons was pleased to report that she worked with Linda at WorkLife Programs to successful launch a Weight Watchers at Work program down at PFSB.

Amber also noted that we have had some changes in the ambassador roster since our last meeting. Updated contact sheets for your toolkits have been included with the meeting minutes.

Volunteer Opportunities
A volunteer sign-up sheet was passed around to enlist help with some of WorkLife Programs upcoming events. There are still some openings if you have not yet signed up to volunteer this semester. An email of these offerings was sent out after the meeting. Please contact Amber if you are interested in helping out.

Guest Speaker: Mitch Nettesheim on the Recreational Sports Center Expansion & Renovation
Mitch shared with the ambassadors an overview of all the Expansion and Renovation taking place at the Recreational Sports Center. Of particular interest to the attendees was a virtual tour which can be viewed online at http://www.purdue.edu/recsports/about_us/rsc_renovation/virtual_tour.php. The vast improvements and additions to the RSC will have a soft opening during August 2012 and an official grand opening in October 2012. Those present indicated they would be interested in a private tour for the ambassador group once the building gets closer to completion. Amber will work to schedule that opportunity in the late spring/early summer.
2012 Offerings
The staff members present shared with the ambassador an overview of some of the returning and new course offerings for 2012. The documents that were discussed have been included with the meeting minutes. These documents should not be circulated. Amber will notify all ambassadors when the online registration system has opened for registration.

Outreach Teams
All attendees and staff members broke up into their respective teams for the remainder of the meeting.

Core Group Meeting Schedule
Meeting dates and times have been pre-scheduled. Please secure them on your calendar.
- Core Group Meeting Schedule
  - February 22, 2:30 – 4:30 p.m., STEW 311
  - May 31, 2:30 – 4:30 p.m., STEW 311