Telephonic Wellness Programs Offered by the Center for Healthy Living

Pharmacy:
Medication Review- 30-60 minutes intake appointment and 15 minute follow-up appointment
  ● Pharmacist can review patient’s current medications to discuss interactions, proper usage, and side effects. Patient must provide receptionist with an updated list of medications and dosage prior to review.
Medication Consultation- 30-60 minutes
  ● Pharmacist can answer patient questions regarding specific prescription medications, possible side effects, interactions, efficacy, and proper usage. Patient must provide receptionist with an updated list of medications and dosage prior to consultation.
Drug Coverage Inquiries- 30-60 minutes
  ● Pharmacist can answer questions regarding prescription drug coverage for current plan.
Medication Pricing Inquiry- 30 minutes
  ● Pharmacist can answer questions regarding pricing for medications and prescriptions.

Dietitian:
Specific/Nonspecific Nutrition Consultation- 30-60 minutes
  ● Dietitian can provide education and diet recommendations for specific conditions.
  ● Dietitian can provide general nutrition education and guidance for a balanced diet.

Health Coach:
Coaching Consultation- 30-60 minutes
  ● Health coach can facilitate conversation with patient about their goals related to diet and lifestyle factors. Health coach can answer questions about health coaching or provide general guidance and coaching related to diet and lifestyle factors.

Tobacco Cessation Consultation- 30-60 minutes
  ● Health coach can answer questions about CHL’s tobacco cessation program and resources available to patient. Health coach can facilitate conversation with patient concerning their goals to quit smoking and implementing other lifestyle factors that may support patient while quitting smoking.

NOTE: All telephonic interactions are available to patients free of charge. Patient must submit a signed HIPAA privacy agreement and a signed permission form allowing the pharmacist, dietitian, and/or health coaches to email handouts and educational material prior to appointment where personal health information will be discussed with healthcare providers.