Core Competency Requirements (15 credits)

- (3) ___________ Arts & Literature Selective – select from list
- (3) ___________ Culture & Diversity Selective – select from list
- (3) ___________ 10100 Other Language (Total of 6 credits - must be from one language)
- (3) ___________ 10200 Other Language
- (3) ___________ Statistics Selective – select from list

Note: All students wishing to pursue the Applied Exercise & Health major must first complete these courses, or the equivalent, for consideration of admission into the program. Completion of these courses does not guarantee admission into Applied Exercise & Health. For additional information see: http://www.purdue.edu/hhs/hk/hkadvising/

Required Courses in the Fall Semester (13 credits)

- (4) BIOL 20300 Human Anatomy & Physiology
- (3) COM 11400 Fundamentals of Speech Communication
- (2) HK 11101 Practical Applications of Health/Fitness Concepts I
- (1) HK 11800 Analysis of Sport Performance
- (3) MA 15300 Algebra & Trigonometry I (prerequisite: ALEKS Math Assessment 030)

Required Courses in the Spring Semester (13-14 credits)

- (4) BIOL 20400 Human Anatomy & Physiology (prerequisite: BIOL 20300)
- (4-3) ENGL 10600 First-Year Composition or ENGL 10800 Accelerated First-Year Composition
- (2) HK 11300 Practical Applications of Health/Fitness Concepts II (prerequisite: HK 11101)
- (1) HK 13500 Introduction to Health & Kinesiology
- (3) PSY 12000 Elementary Psychology

(A core competency requirement or elective may also be taken during the Fall and/or Spring Semester.)

ADMITTANCE TO THE APPLIED EXERCISE & HEALTH PROGRAM (HEALTH EXERCISE SPECIALIST OR SPORT PERFORMANCE CONCENTRATION) REQUIRED TO CONTINUE IN THE APPLIED EXERCISE & HEALTH MAJOR.

Students must earn a “C-” or better in all HK courses.
**Arts & Literature Selective List – 3 credits**

Any AD, BAND, DANC, MUS, or THTR course

OR

ENGL 23000 Great Narrative Works
ENGL 23100 Introduction To Literature
ENGL 23200 Thematic Studies In Literature (various topics)
ENGL 23500 Introduction To Drama
ENGL 23700 Introduction To Poetry
ENGL 24000 Survey Of The British Literature: From The Beginnings Through The Neoclassical Period
ENGL 24100 Survey Of The British Literature: From The Rise Of Romanticism To The Modern Period
ENGL 25000 Great American Books
ENGL 25700 Literature Of Black America
ENGL 25800 Nobel Prize Winners In Literature
ENGL 26200 Greek Roman Classics In Translation
ENGL 26400 The Bible As Literature
ENGL 26600 World Literature: From The Beginnings To 1700 A.D.
ENGL 26700 World Literature: From 1700 A.D. To The Present
ENGL 27600 Shakespeare On Film
ENGL 28600 The Movies
FR 33000 French Cinema
GER 33000 German Cinema
ITAL 33000 The Italian Cinema
JAPN 33000 Japanese Cinema
PTGR 33000 Brazilian, Portuguese, And African Cinema
RUS 33000 Russian And East European Cinema
SPAN 33000 Spanish And Latin American Cinema

**Culture & Diversity Selective List – 3 credits**

AAS 27100 Introduction To African American Studies
AAS 27700 African American Popular Culture
AAS 37000 Black Women Rising
AAS 37100 The African American Experience (variable topics)
AAS 37300 Issues In African American Studies (variable topics)
AAS 37600 The Black Male
ANTH 20500 Human Culture Diversity
ANTH 21200 Culture, Food And Health
ANTH 23000 Gender Across Cultures
ANTH 34000 Global Perspectives On Health
ANTH 37900 Native American Cultures
ASAM 24000 Introduction To Asian American Studies
ASAM 34000 Contemporary Issues In Asian American Studies
ASL 28000 American Deaf Community: Language, Culture, And Society

CHNS 28000 Topics In Chinese Civilization And Culture (variable topics)
COM 22400 Communicating In The Global Workplace
COM 30300 Intercultural Communication
COM 37600 Communication And Gender
COM 38100 Gender And Feminist Studies In Communication
HDFS 30100 Diversity In Individual And Family Life
HIST 21000 The Making Of Modern Africa
HIST 24000 East Asia And Its Historic Tradition
HIST 24100 East Asia In The Modern World
HIST 24300 South Asian History And Civilizations
HIST 24500 Introduction To The Middle East History And Culture
HIST 24600 Modern Middle East And North Africa
HIST 27100 Latin American History To 1824
HIST 27200 Latin America History From 1824
HIST 34100 History Of Africa South Of The Sahara
HIST 34200 Africa And The West
HIST 34400 History Of Modern Japan
HIST 36600 Hispanic Heritage Of The United States
HIST 37700 History And Culture Of Native America
JWST 33000 Introduction To Jewish Studies
LALS 25000 Introduction To Latin American And Latino Studies
PHIL 22500 Philosophy Of Women
PHIL 24200 Phil, Culture, And The African American Experience
POL 22200 Women, Politics, And Public Policy
PSY 23900 The Psychology Of Women (prerequisite = PSY 12000)
PSY 33500 Stereotyping And Prejudice (prerequisite = PSY 12000 & 24000)
PSY 36800 Children’s Development In Cross-Cultural Perspective (prerequisite = PSY 12000 & 23500)
SOC 31000 Racial And Ethnic Diversity
SOC 33900 Introduction To The Sociology Of Developing Nations
SOC 45000 Gender Roles In Modern Society (prerequisite = 6 cr in SOC)
WOST 28000 Women’s Studies: An Introduction
WOST 38000 Gender And Multiculturalism
WOST 38100 Women Of Color In The United States
WOST 38300 Women And Work

Study Abroad Course upon approval of HK department (up to 3 credits)

**Other Languages – 6 credits from one language**

American Sign Language, Arabic, Chinese, French, German, Greek, Hebrew, Italian, Japanese, Latin, Portuguese, Russian, Spanish

**Statistics Selective List – 3 credits**

SOC 38200 Intro to Methods of Social Research
STAT 11300 Statistics & Society
STAT 30100 Elementary Statistical Methods

APEP

revised 5/2012 (effective Fall 2012)