HUMAN SERVICES
College of Health and Human Sciences
HDFS-BS
XHBS
120 credits

Student: _____________________________ PUID: ___________________________ Catalog Term: ______

Additional Majors: ___________________________ Minors: ___________________________

Competency Requirements (48-49 credits)

___ (3) ___________ Aesthetics Selective - select from list
___ (3) COM 11400 Fundamentals of Speech Communication
___ (3) CS 11000 Introduction to Computers or CNIT 13600 Personal Computing Technology & Applications or other relevant CS course

___ (4-3) ENGL 10600 First-Year Composition or ENGL 10800 Accelerated First-Year Composition
___ (3) ___________ 10100 Foreign Language (Total of 12 credits - must be from one language)
___ (3) ___________ 10200
___ (3) ___________ 20100
___ (3) ___________ 20200
___ (3) ___________ Heritage Literature Selective – select from list
___ (3) MA 15300 Algebra & Trigonometry I
___ (3) NUTR 30300 Essential of Nutrition
___ (3) ___________ Other Cultures/Non-Western Selective - select from list
___ (3) ___________ Science Selective - select from list
___ (3) ___________ Social & Behavioral Science Selective - select from list
___ (3) ___________ Social Ethics Selective – select from list
___ (3) ___________ STAT 11300 Statistics & Society or STAT 30100 Elementary Statistical Methods or SOC 38200 Intro to Methods of Social Research or PSY 20100 Introduction to Statistics in Psychology

Major Requirements (42 credits)

___ (1) HDFS 10000 Orientation to Current Issues in Human Development & Family Studies
___ (3) HDFS 20100 Introduction to Family Processes
___ (3) HDFS 21000 Introduction to Human Development
___ (3) HDFS 30100 Diversity in Individual & Family Life
___ (3) HDFS 34600 Research Design & Program Evaluation
___ (2) HDFS 45400 Career Assessment & Professional Development

Advanced Content Courses - Select 9 credits

___ (3) HDFS 30500 Biosocial Foundations of the Family
___ (3) HDFS 31100 Child Development
___ (3) HDFS 31200 Adult Development
___ (3) HDFS 31300 Adolescent Development
___ (3) HDFS 33000 Sexuality & Family Life
___ (3) HDFS 33200 Stress Points In Contemporary Families

Practical Skills Courses - Select 6 credits

___ (3) HDFS 33100 Skills For Helping Professionals In Individual, Family & Group Settings
___ (3) HDFS 34100 Working With Parents
___ (3) HDFS 34300 Assessment & Case Management
___ (3) HDFS 34800 Administration of Social Service Not-For-Profit Organizations

Capstone Requirement - 12 credits – select one option

___ (12) HDFS 45500 Field Experience in Human Development & Family Studies or

___ (6) HDFS 45500 Field Experience in Human Development & Family Studies and
___ (3) ___________ 6 credits HDFS coursework - 300 level or above
___ (3) ___________

Electives 29-30 credits

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120 semester credits required for Bachelor of Science degree
At least 32 credits of coursework required at 300 level or higher to meet graduation requirements.

Revised 5/2012
## Aesthetics Selective List

**History/Appreciation**

- AD 12500 Intro to Interior Design
- AD 22700 History of Art Since 1400
- AD 25500 Art Appreciation
- AD 38300 Modern Art 20th Century
- AD 38400 Postmodernism
- DANC 25000 Dance Appreciation
- ENGL 23500 Intro to Drama
- ENGL 27600 Shakespeare on Film
- ENGL 28600 The Movies
- ENGL 38600 History of Film to 1938
- ENGL 38700 History of Film 1938-present
- FR 33000 French Cinema
- GER 33000 German Cinema
- MUS 25000 Music Appreciation
- RUSS 33000 Russian and East European Cinema
- SPAN 33000 Spanish and Latin American Cinema
- THTR 20100 Theatre Appreciation

**Studio Experience**

- AD 10500 Design I
- AD 11300 Basic Drawing
- BAND 11000 Marching Band (may be repeated for credit)
- BAND 11100 Symphony Orchestra (may be repeated for credit)
- BAND 11200 American Music Review (may be repeated for credit)
- BAND 11300 Jazz Ensemble (may be repeated for credit)
- BAND 11400 Basic Jazz (may be repeated for credit)
- BAND 11600 Symphonic Band (may be repeated for credit)
- BAND 11700 Concert Band (may be repeated for credit)
- BAND 11800 Collegiate Band (may be repeated for credit)
- BAND 11900 Varsity Band (may be repeated for credit)
- DANC 10100 Modern Dance I (may be repeated for credit)
- DANC 10200 Ballet I (may be repeated for credit)
- DANC 10300 Jazz Dance I (may be repeated for credit)
- ENGL 20500 Intro Creative Writing (Prerequisite: completion of composition requirement)
- MUS 36100 Music Theory
- THTR 13300 Survey of Acting
- THTR 26300 Intro to Sound Studios

## Heritage Literature Selective List

- ENGL 23000 Great Narrative Works
- ENGL 23800 Introduction to Fiction
- ENGL 25000 Great American Books
- ENGL 26200 Greek and Roman Classics in Translation
- ENGL 26400 The Bible as Literature
- ENGL 26600 World Literature: From the Beginnings to 1700 A.D.
- ENGL 26700 World Literature: From 1700 A.D. to the Present
- ENGL 35000 Survey of American Literature from its Beginnings to 1865
- ENGL 35100 Survey of American Literature from 1865 to the Post-World War II Period
- ENGL 38200 The American Novel

## Other Cultures/Non-Western Selective List

- ANTH 20500 Human Cultural Diversity
- HIST 24000 East Asia and its Historic Tradition
- HIST 24100 East Asia in the Modern World
- HIST 24500 Introduction to the Middle East History and Culture
- HIST 27100 Latin American History to 1824
- HIST 27200 Latin American History from 1824
- HIST 34100 History of Africa South of the Sahara
- HIST 34200 Africa and the West
- PHIL 33000 Religions of the East
- POL 34800 East Asian Politics

XHBS
revised 5-2012
Science Selective List
ANTH 20300 Biological Bases of Human Social Behavior
ANTH 20400 Introduction to Human Evolution
ASTR 26300 Descriptive Astronomy: The Solar System
ASTR 26400 Descriptive Astronomy: Stars and Galaxies
BCHM 10000 Introduction to Biochemistry
BIOL ___ Any undergraduate Biology course
BTNY 20100 Plants and Civilization
BTNY 20700 The Microbial World: Food, Agriculture, and History
CHM___ Any undergraduate Chemistry course
EAS___ Any undergraduate Earth and Atmospheric Sciences course
ENTM 10500 Insects: Friend and Foe
ENTM 20600 General Entomology
ENTM 20700 General Entomology Laboratory
ENTM 21800 Introduction to Forensic Science
FNR 10300 Introduction to Environmental Conservation
FNR 23000 The World’s Forests and Society
FNR 24000 Wildlife in America
HORT 10100 Fundamentals of Horticulture
MA ___ Must be a math higher than the required level for the major
PHYS___ Any undergraduate Physics course

Social & Behavioral Science Selective List
AGEC 21700 Economics
ANTH 10000 Intro to Anthropology
COM 25000 Mass Communication and Society
COM 32400 Intro to Organizational Communication
ECON 21000 Principles of Economics
ECON 25100 Microeconomics
ECON 25200 Macroeconomics
FLL 26100 Intro to the Linguistic Study of Foreign Languages (Credit not given for both FLL 26100 & SLHS/ENGL 22700)
PHIL 24000 Social and Political Philosophy
PSY 12000 Elementary Psychology
SLHS/ENGL 22700 Elements of Linguistics (Credit not given for both ENGL 22700 and FLL 26100)
SOC 10000 Intro Sociology
SOC 31200 American Society

Social Ethics Selective List
ANTH 46000 Contemporary Issues in Agriculture
PHIL 11100 Ethics
PHIL 28000 Ethics and Animals
PHIL 29000 Environmental Ethics
POL 12000 Intro to Public Policy and Public Admin
POL 22300 Intro to Environmental Policy
SOC 22000 Social Problems

XHBS
Revised 5/2012
# Plan of Study Worksheet

**Name:**

**Major:** Human Services

**Minor(s):**

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Total credits needed for graduation: 120
Upper division (300 and 400 level) credits needed for graduation: 32